



ROTARY INTERNATIONAL DISTRICT 3292 NEPAL-BHUTAN

# ROTARY CLUB OF YALA

बाह्यबी क्लब यल

*Souvenir*  
*21st Anniversary*







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## FOUNDER OF ROTARY

**Paul P. Harris**  
1869-1947



*Paul Harris, the father of Rotary Movement was born on April 19, 1868. When he passed away on January 27, 1947, he left behind for mankind a rich legacy of fellowship and brotherhood for international understanding and service to humanity. Today, the seed he sowed in 1905, has blossomed into a large tree having more than 1.2 million members from more than 34,000 clubs in 200 countries.*

## Souvenir Publication Committee

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**Rtn. Sushil Bajracharya**  
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**Ian H.S. Riseley**

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25 May 2017

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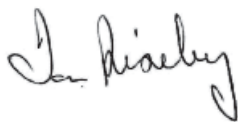
Dear fellow Rotarian:

Congratulations on your installation to the office of 2017-18 as President.

There can be no Rotary without the more than 35,000 clubs that are dedicated to enhancing communities and improving lives right around the globe. What makes each club successful is the strong and inspiring team that leads it. You are now a part of that team, which will help strengthen your club by welcoming new and engaged members, and planning service projects that will have the most impact. Your club has already done so much for so many; as a club officer, you can help your club do even more.

There's a lot to look forward to during this coming year and I know that by working together, we will achieve great things as we continue to serve local and global communities through Rotary: Making A Difference. Congratulations again on your new position.

Sincerely,



Ian H.S. Riseley  
President, Rotary International 2017-18

ROTARY INTERNATIONAL  
RI DISTRICT 3292

## Message from District Governor 2017-18



Dear Fellow Rotarians,

The excellent work done by the President and the team of 2016-17 has to be applauded. The year gone by has seen many good things happen and we must learn from it. Rotary does not allow us to stall as it continues to spin with the same vigour and energy as before.

The year ahead is going to be full of challenges and standards set last year. The President and the team of 2017 -18 will have to perform even more to take Rotary forward in our District. My best wishes and full support for the President and the team of 2017-18. Together we have so much more to do and leave a trail for others to follow.

Rotary is the cumulative work done by all the clubs and this reflects in the achievements of the District.

The theme given by our RI President Ian Risely is "Making A Difference." for our year. The work that we all do individually is already making a difference but when combined it creates an even greater impact. The lives of people that Rotarians touch will always feel the difference and this is what we strive to do. Serve to make a difference.

The work that your club plans to do in the coming year will distinguish you from others. Let us all motivate each other and friends outside the Rotary fraternity to join hands and help humanity in all forms through all means. The reach and extension we have then will be global.

"Rotary takes ordinary men and gives them extraordinary opportunities to do more with their lives than they ever dreamed possible."

We and we alone as ordinary members of Rotary are going to do extraordinary things to take Rotary forward.

Let me conclude by seeking your support and cooperation to work together in Rotary for a glorious year ahead.  
Thank You

Regards

Sanjay Giri  
DG 2017-18  
Dist.3292 Nepal And Bhutan.

# Message from Assistant Governor 2017-18

ROTARY INTERNATIONAL  
RI DISTRICT 3292



Dear President Rtn. Dr. Laxman Joshi,

First of all I extend my heartiest congratulations and warm wishes to you and Rotary Club of Yala 2017-2018 team for the wonderful opportunity you have received this year to lead your club. My best wishes for your successful tenure and a vibrant Rota Year 2017-18. I believe RC Yala will reach new heights with your able leadership.

The Rotary International theme for 2017-18 is “**Rotary: Making a Difference**”, the emphasis being that whatever we do under Rotary should bring positive changes in people’s lives. We need to work together as a team to help build our community and I strongly believe that together, with our various projects, we can and we will achieve this.

I look forward to working with you during the year 2017-18 in close coordination with our district office, with the theme given, central to our endeavors.

Yours in Rotary,  
Purusottam Man Shrestha  
Assistant Governor, 2017-18  
Zone – 11, RI District 3292



## Message from President 2017-18

I am honored to serve as the President of RC Yala for the Rotary year 2017-2018. I am humbled that I have been given the responsibility of a club with a glorious past and promise.

The club's past is the testimony of our success. We serve people in our communities. Each year we provide educational scholarships especially for young girls from poor households, support for young schools children, cancer screening and treatment services, vocational awards, financial and moral support to disaster affected families. Our community service focuses in the areas of basic needs, education, water and sanitation. The Anns Group of RC Yala remains a vibrant and a binding force of our Club. The youths of our Rotaract Club are energetic and devoted to community services and leadership development. The individual and institutional donors have provided much financial and indispensable encouragement for the club work so far.

As we take pride in our past achievements, we should also look ahead to plan our future. Time is changing; there are new challenges with new opportunities. We have an increasing responsibility. We need to



prepare ourselves better to serve our communities more effectively. As the theory of evolution states, we need to adapt to change to avoid becoming obsolete. Fortunately, RC Yala has an effective cocktail of basic necessities viz. intention, resources and capacity to adapt and to deliver 'service beyond self'. Strengthened with many younger members, our club has a good blend of experience, enthusiasm and energy that can take RC Yala to new heights.

Finally, I promise to do my best to ensure that the good work continues and in better ways. Needless to say, I need support from everyone to make 2017-18 a great Rotary year for us all. As Hellen Keller said, "Alone we can do so little; together we can do so much".

Dr. Laxman Joshi,  
President 2017-18  
Rotary Club of Yala  
RI District 3292

## Message from President 2016-17

Wheel of Rotary has turned once again marking yet *another continuation* for “**service above self**”. Service continues as long as Rotarians continue to serve and only the leading hands change. Following the theme for Rotary Year 2016-17, being a President of Rotary Club of Yala this year was a great opportunity for me to be involved in the path of “**Rotary Serving Humanity**”.

Besides continuation of regular as well as ongoing activities, a number of new projects have started, e.g., Diagnosis for Treatment of Breast Cancer for needy patients in collaboration with Nepal Cancer Hospital and Research Centre. Construction of Kshamabati School in Dolakha have started as per MoU.

Sister relation has been established with RC Baneshwar. Eight new members were inducted. Achieved 100 percent registration in “My Rotary”.

Global grant Project is in the process for reconstruction of Balkumari School. MoU was signed with Nepalese Association in Houston (NAH) for the same.

I would like to thank my dear RC Yala fellow Rotarians for entrusting me to have this wonderful experience and providing their guidance, support and much needed constructive comments and suggestions.

My sincere thanks goes to Rotary Club of Yala Anns Group for being truly a partner in service through untiring efforts to bring smiles in the faces of senior citizens, children, differently abled and the less privileged. Special thanks to Anns President for 2016-17 Ann Minu Pradhan and the team for highlighting the Rotary Year 2016-17 with their continuous support.



In communities worldwide, Rotary and Rotaract members work side by side to take action through service. I am very much thankful to another partner in service the Rotaracts, especially Rotaract President Pramod Singh and the team of 2016-17 for moving together to changing communities, one example is the effort shown by them in spreading Rotary 4-way test principles by displaying banners and organizing health camp as part of community service during “Matya Jatra”.

We should not ignore financial matter for smooth running of the Club, therefore I have added a small effort this year for financial update and club renewal in District Office for this fiscal year.

I am very much delighted to extend my best wishes to incoming President Rtn Dr Laxman Joshi and the entire team of 2017-18 for a successful tenure. I am confident that with the new team, RC Yala will achieve a greater height in serving humanity for “**making a difference**” to the community, through its humanitarian deeds, true to the theme given by RI President Ian Riseley.

With warm Regards,  
Yours in Rotary,

Rtn Deepak K Shrestha  
President | 2016-17



## भिन्तुना

### जिगु नुगः खँ



जि थम्हः थःयातः न्ह्याबलँय थःज्वःपि पासापि नापँ दानाँ स्वयंबले फुक्क कथं क्वय् खनाँ च्वनिगु, छँ मसिउम्ह न्ह्याँगु ज्यायायतःनं थः थम्हः न्ह्येज्याय् ग्या ताइम्ह, अथेजूसानं नं रोटररी क्लब यलया आयन् पुचलं जितः घ्वात्तु घ्वानाँ हया, यःसाँ मयःसाँ नायः पदय च्वनेमा जुगू बलेला म्हाँ नं धाय् मफुत । न्हाप्पाँला इगःमिगः लिसे आतापाता हे जुल, थःगु छँ ला जी तहोगु ज्या वैबलय ज्या खँना इक्कुसे च्वनिम्ह । लिपा बुलुँ रोटररीया यलया मिसापुचंया हःपालं व घ्वासा दयाहे रोटररी मिसा पुचःया थीथी आजुयात कःघाय् फूगू खनाँ जि थःहे न्ह्यापुका ताल, लिसेँ ज्याभूवःतनं वयाःतुँ च्वनं, हःपानं वयाःतुँ च्वन, आजु कथं ज्यानं बुलुँ पूर्व लिसे थःगु दच्छीया इ नं मचाक फूगू खना थः हानं अजुहे चाल । कोछिना तःगु ज्या न्ह्याइपुक्क कोचाःगुलिं ज्वीका, ई वंगु नं चाइमखु जुया च्वनं खनी धका ताय्का । ज्या जूगु सुथाँला वा सुथाँमलाः वला कुँखिउगुला मखँनी वा मचानी आतक, अय्सानं जिला थःगु नायः पदया अवधिया इ न्ह्याइपुक्क कोचागु ताय्का । नायः पदय च्वनाँ थौतक गुनं संस्थाया ज्याययाय् मन्हेनि थ्व जिगु निति छगु तंधंगु ह्वोता हे जूगु ताय्का, उकिं जि थःथम्ह भाग्यमानी हे ताय्का । धाय्छे धाय्माल धासा जिगु नायः पदया निति आयन् पुचःया तसकं मिलेजूपिं पासापि हे खः, वयकःपिनिगु तःजिगु ग्वाहाली व हःपा मदुगु जूसा ज्या पूर्वनि मखू ज्वी । जिगु फुक्कु फुक्क याय्माःगु ज्या बाँलाके आयपुचलं थःगु मूवंगु इ व दाँ ग्वाहालि वःगु जिं बाँलाके ताय्कागु दु, थ्व खँ यातः जिं आः वैपिं नायःयातः नं जि उत्तीकं हे ग्वाहाली याय्गु नं वचं विया लिसेँ तसकं ल्वःमकिहे मजिउगु खँ रोटररी क्लब यलया जः पाखें नं तःहोगु ग्वाहालि यानादीगु यात नं जिं तःजिक दुनुगलं निसे च्वछाया च्वनागु दु । अन्तय वया जि रोटररी आयन् पुचः व रोटररी क्लब यलया जःपिन्त यक्कु यक्कु शुभाय व भिन्तुना बिसै रोटररी क्लब आयन् पुच थुगुहे कथं गुबलेनं कोःमदयकः सदाँ समाज सेवा ज्याखँय् न्ह्येज्याय् फय्मा धका इश्वरयाके बिन्तियानाँ च्वना ।

शुभाय्

मिनु देवी प्रधान

## शुभकामना



सर्व प्रथम रोटररी वर्ष २०१७/१८ को लागि मलाई आन्स समुहको अध्यक्ष जस्तो गरिमामय पदमा छनौट गरी जिम्मेवारी दिनु भएकोमा म सम्पूर्ण आन्स समुहका सदस्य साथीहरुलाई हृदय देखि हार्दिक धन्यवाद दिन चाहन्छु । र गत वर्ष आन्स समुहले वडो रमाईलोका साथ कार्यक्रमहरु सम्पन्न गर्नु भएकोमा म गत वर्षका बोर्ड सदस्यज्यूहरुलाई हार्दिक वधाई दिन चाहन्छु । यो पद सम्हाल्न, पदमा वसेर आन्स समुह र यस समुहका विभिन्न कार्यक्रमहरु संचालन गर्नको लागि समुहका सवै सदस्य साथीहरुबाट हामी बोर्डका सदस्यहरुलाई सहयोगको अपेक्षा र आशा गर्दछौ । रोटररी अन्तरराष्ट्रियको मूल मन्त्र **Service above Self** अनुसार हामी आन्स समुहका सवै सदस्य साथीहरुबाट हाम्रो स्वच्छ मन वचनले क्लब अन्तर्गत क्षेत्रका जनताहरु विशेष गरी महिला, अपाङ्ग, वालवालिका र असाय वृद्ध वृद्धाका समुहहरुलाई सहयोग गर्ने प्रतिवदता गर्दछौ ।

यस्को लागि सर्व प्रथम हाम्रो आन्स समुहबाट अगामी रोटररी वर्ष सुरुमा नै अव के कार्यक्रम गर्ने भन्ने strategy planning वाट आएका वार्षिक कार्यक्रमहरुको आन्स समुहमा छलफल गरी समय तालिका तय गछौ । पहिले देखि आन्स समुहले गर्दै आएका कार्यक्रमहरुलाई निरन्तरता दिदै गत वर्षको वाकि भएका कामलाई प्राथमिकता दिदै कार्य सम्पन्न गर्दछु । सवै कार्यक्रमहरु समयमानै सम्पन्न गर्न आन्स समुहका सवै साथीहरु सित हातेमालो गरी अगाडि वढ्ने छु र साथीहरुबाट सहयोगको अपेक्षा गर्दछु । साथै रोटररी क्लब यलका रोटररीयन्ज्यूहरुबाट पनि हाम्रो आन्स समुहलाई सहयोगको अपेक्षा र कार्यक्रमहरु संचालन गर्न सहयोग गरि दिन हुन हार्दिक अनुरोध गर्दछौ ।

अन्तमा रोटररी वर्ष २०१७/१८ को सम्पूर्ण कार्य सफल होस् भन्ने रोटररी क्लब यलका रोटररीयनहरु, आन्स समुहका साथीहरु र रोट्राक्टका भाई बहिनीहरुलाई हार्दिक शुभ-कामना गर्दछु । **धन्यवाद ।**

मिना श्रेष्ठ

अध्यक्ष

रोटररी क्लब यल आयन्स गुप



Dear All,

First of all I would like to take this opportunity to extend my sincere thanks to Rotary Club of Yala for entrusting me and appointing me as the editor for the Rota Year 2017-18. I would like to appreciate all who have contributed in bringing out this souvenir.

On behalf of the editorial team, I would like to congratulate all the outgoing Presidents of RID 3292 and their team for their remarkable work and wish the best to incoming Presidents of all Rotary Clubs and their teams for taking the responsibly in their respective clubs for Rota Year 2017-18.

The souvenir serves as the overview of all the club activities and also the roster of members of Rotary Club Yala. The articles and other

matters add value to the souvenir whereas advertisements support to bring out the publication. I would like to inform that our team did our best to collect and collate correct information to the extent possible. Inspite of our efforts, if there are any errors or omissions, I do apologize for it.

Last but not the least, I would like to thank all the contributors of advertisements and articles for this souvenir.

Thank You!

Yours in Rotary  
Rtn. Kiran Shrestha  
Editor 2017-18

*We wish all the best  
to  
Rotary Club of Yala  
on the occasion of its  
21<sup>st</sup> Anniversary*

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# Roles and responsibility of a Rotary Club Mentor



*Prafulla Man Singh Pradhan  
Chief Adviser RI District 3292 2016/17  
District Secretary: 2017/18*

## 1. Background:

Mentor is an experienced and trusted guide, counselor, or teacher, who leads by example and provides personalized attention to help people discover his or her own unconscious competencies. The concept enjoys popularity as an effective development tool, and its origins trace back to the ancient Greece.

A study of successful personalities throughout the course of world history reveals most such men had mentors who cared about their growth and development. Therefore assigning a mentor for new members of a Rotary Clubs is being emphasized by Rotary International and accordingly by RID 3292 for the growth and development of new members.

The basic in Rotary career is to have Rotary Knowledge. The more knowledge a Rotarian has about Rotary, the more love and interest he or she will have in Rotary. But, unfortunately majority of Rotarians worldwide lack the basic Rotary Knowledge, which has become the main reason for retention of members in the Clubs. Hence, mentoring is the most important part of the orientation process to new member of Rotary Clubs about what Rotary is and what it does. However, mentors cannot just be appointed and left on their own rather trained and prepared. Their duties and expectations must be clear and a list of expected activities or actions with the new member must be clear. Effective mentors will virtually guarantee long-term retention and active involvement of the new member by nurturing them as a newly born baby. Poor mentorship will almost certainly assure short-term retention.

During the past few years, there has been significant growth of Rotary clubs and members in RID 3292. Therefore, there is a dire need in clubs to assign a Mentor to guarantee long-term retention of members by orienting/educating them about Rotary. The mentor of a Rotary club should be someone who has something in common with the new member, has a welcoming personality, is committed to the club's growth, and is knowledgeable about Rotary and devote helping the new member become integrated into your club.

**2. Purpose of assigning a mentor:** The purpose of assigning a mentor includes but not limited to:

- Make new members comfortable (feel at ease) in the club
- Facilitate new members to participate in district events and club activities
- Facilitate to share talent treasure and time for the humanitarian service
- Develop leadership skills and prepare to take leadership positions in the club
- Develop affiliation with the club, club members and become an active member
- Retain membership

**3. Roles and responsibilities:** The roles and responsibilities of a Mentor could be as follows:

- Develop personal relation with the members (understand and be understood)
- Be in constant touch
- Facilitate them to feel comfortable in any club meetings and events
- Encourage them to invite someone they know to a meeting

- Assist to enhance Rotary knowledge (be prepared for trouble shooting): Basics of Rotary
  - Facilitate to register in **My Rotary** and making best use of it
  - Facilitate to participate in weekly meetings (participate together)
  - Encourage to build interpersonal relationship with other club members
  - Help develop leadership skills and encourage to take leadership roles in the Club
  - Encourage to participate in club activities
  - Facilitate to engage spouse and family of the members in the club activities.
  - Prepare for classification talk and encourage to take leadership roles in the club
  - Encourage to participate in District and International events
  - Encourage visiting other clubs to build confidence and accompany them.
  - Encourage to participate and contribute in The Rotary Foundation
  - Facilitate to pay club and Rotary dues timely
  - Identify hidden potential and facilitate to unfold it
  - Identify blind spots and facilitate to address it.
  - Provide feedbacks as and when necessary
  - Get feedback on the performance of the mentor
- Note:**
- The above-mentioned roles and responsibility is presented not in any order, rather an attempt to include as many roles as possible to undertake mentoring a new member of the club.
  - Mentor and person being mentored can add on further points if deemed necessary
  - The mentoring involves four stages such as (a) establish relationship between Mentor and member (b) mentoring and coaching (c) member mentoring himself and the mentor and (d) be in the main stream of Rotary and be a true Rotarian
- Reference:**Introducing a New members to Rotary an Orientation Guide of Rotary International

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**Badri Laxme Joshi**



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**RY 2017/2018**



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*Editor*  
**PP Rtn. Kiran Shrestha**

### ROTARY CLUB OF YALA,

**Meeting Venue:** Bagaicha Restaurant,  
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**Meets on Friday at 17:30 Hrs.**

**President cell No.: 977-9851119173**

**email:** lxjoshi@gmail.com

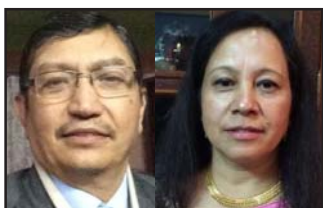
**website:** www.rotaryclubofyala.org.np

# ROTARY CLUB OF YALA MEMBERS WITH ANNS



**RTN. BHUBANESHWOR P. JOSHI**

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W: Baishakh 19



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Dir, Tr, SA; B: Apr 6; W: Mangshir 22



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B: Jun 30; W: Apr 16



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B: Jun 28; W: Falgun 1



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W: Baisakh 21



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**RTN. DR. DINESH LAL SHRESTHA (PHF)**

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**RTN. DR. JEEVAN L. AMATYA (PHF)**

Classification: Veterinary Practice (1995-96)

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B: april 19 W: Falgun 08



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Dec 23; **W:** Jan 13



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Falgun 12



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**RTN. SURENDRA G. SHRESTHA (PHF)**

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W: Baishakh 12



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B: March 28 W: April 20



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Spouse: Ujjwol Ser: E, Sec B: Sep 28 W: March 9



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**RTN. Prof. DAVID GELLNER**

Honorary Member  
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School of Anthropology and Museum Ethnography,  
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2005



**RTN. SWORUPA SHRESTHA (PHF)**

Classification: Beauty Salon. (2016-17), (O) Nepal Cancer Hospital & Research Center, Harisiddhi, Lalitpur; (R) Khumaltar Height, Lalitpur; Tel: 5535513, 5533493 (R); 5251495/96/98/99 (O); Cell: 9851041004; Spouse: Rtn. Dr. Sudip; Email: sworupaz@hotmail.com; B: Nov 26; W: Feb 2





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पाष्ट डिष्ट्रिक्ट गभर्नर

प्रत्येक वर्ष डिष्ट्रिक्ट गभर्नरले आफ्नो कार्यकालका निमित्त विभिन्न डिष्ट्रिक्ट स्तरका कमिटीहरू बनाउने गर्दछ। जसमा 'डिष्ट्रिक्ट अवार्ड कमिटी' पनि पर्दछ। हाल सम्म यस खाले 'डिष्ट्रिक्ट अवार्ड कमिटी' ले क्लबहरूले वर्षभरी गरेका कार्यहरूको मुल्यांकन गरि क्लबहरूलाई पुरस्कृत गर्न वर्षको अन्ततिर अवार्ड सेरेमनीको आयोजना गर्ने काममात्र गरेको देखिन्छ। यस कमिटीका अध्यक्ष तथा सदस्यहरूमा यस कमिटीको काम भनेको यत्तिमात्र हो भन्ने परेको छ। 'डिष्ट्रिक्ट अवार्ड कमिटी'को प्रमुख दायित्व भनेको वर्षभरी राम्रा काम गरेका रोटरी क्लबहरू तथा रोटरीयनहरूलाई पुरस्कृत तथा सम्मान गर्नु अवश्यै पनि हो। तर कमिटीले डिष्ट्रिक्टकै पुरस्कार र सम्मानमा मात्र सिमित भएर पुग्दैन।

रोटरीले राम्रा काम गर्ने रोटरी क्लब, रोटरीयन, रोटाराक्ट, इन्टराक्ट रोटरीयनका श्रीमान वा श्रीमती आदिलाई सम्मान गर्न विभिन्न किसिमका पुरस्कार तथा सम्मानको व्यवस्था गरेको छ। क्लबहरूलाई यस्ता पुरस्कारको व्यवस्थाको विषयमा जानकारी दिनु, राम्रा क्लबहरू तथा रोटरीयनहरूको पहिचान गरी गभर्नरलाई यस विषयमा सरसल्लाह दिनु पनि यस कमिटीको प्रमुख कर्तव्य भित्र पर्दछ। तथापि यस्तो काम अहिले सम्म कमिटीबाट भएको देखिदैन। यसमा मेरो गभर्नरको कार्यकाल पनि अछुतो छैन। यसका कारक तत्व केलाउने हो भने प्रमुखतः यस विषयमा जानकारीको अभाव नै हो भन्दा अत्युक्ती नहोला।

यहाँतिर रोटरीमा पुरस्कार तथा सम्मानको के कस्ता व्यवस्था छन् भन्ने विषयमा केही प्रकाश पार्नु प्रासंगिक थर्ला।

## (क) रोटरीयनलाई प्रदान गरिने पुरस्कार तथा सम्मान

### १. Avenues of Service Citation

यस साइटेशन लाई पहिले फोर एभेन्युज अफ सर्भिस साइटेशन भनिन्थ्यो। सन् २०१० को रोटरीको काउन्सिल अन लेजिस्लेशनले न्यू जेनरेशन सर्भिस (२०१३ पछि युथ सर्भिस भनिएको) थपिएपछि यसलाई एभेन्युज अफ सर्भिस साइटेशन भन्न थालियो। यो साइटेशनका लागि प्रत्येक वर्ष प्रत्येक क्लबले आफ्नो क्लबमा पाँचवटा एभेन्युहरूमा राम्रो काम गरेको एकजना सदस्यलाई सिफारिस गर्न सक्छ। यसकालागी सिफारिस गर्नुपर्ने अन्तिम मिति भनेको हुँदैन। क्लबका अध्यक्षले वर्ष भरिमा कुनै पनि बेला यो सिफारिस रोटरी इन्टरनेशनलमा पठाउन सक्दछ। क्लबका अध्यक्षको सिफारिसमा त्यस्ता रोटरीयनलाई सम्मान स्वरूप रोटरी इन्टरनेशनलले रोटरी इन्टरनेशनलका अध्यक्षको हस्ताक्षर भएको प्रमाण पत्र क्लबको ठेगानामा पठाउँछ। यो साइटेशनका लागि हालको क्लब अध्यक्ष, डिष्ट्रिक्ट गभर्नर, गभर्नर इलेक्ट, गभर्नर नोमिनी, इमिडिएट पाष्ट डिष्ट्रिक्ट गभर्नर, आर आई डाइरेक्टर, डाइरेक्टर इलेक्ट, इमिडिएट पाष्ट आर आई डाइरेक्टर योग्य हुँदैनन्। यो साइटेशन अहिले सम्म हाम्रो डिष्ट्रिक्टमा १० वटा क्लबका २७ जना रोटरीयनहरूले मात्र पाएका छन्।

### २. Club Builder Award

यो अवार्ड प्रत्येक वर्ष डिष्ट्रिक्ट गभर्नरको सिफारिसमा आआफ्नो क्लबलाई सबलीकरण गर्न विशेष योगदान



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पुन्याएका डिष्ट्रिक्ट भित्रका १० जना सम्म रोटेरीयनलाई रोटेरी इन्टरनेशनलबाट यो पुरस्कार प्रदान गरिन्छ । यो पुरस्कारको लागि पनि सिफारिस गर्ने म्याद बर्षभरि नै खुल्ला हुन्छ । यो पुरस्कारका निमित्त निम्न योग्यता पुगेको हुनु पर्नेछ ।

- रोटेरी क्लबको सदस्य भएको ५ बर्ष पुरा भएको
- क्लबमा कम्तिमा ५ जना नयाँ सदस्य बनाएको
- क्लबको रोटेरी सम्बन्धी तालिममा भाग लिएको
- कम्तिमा क्लबको एउटा भोकेशनल सर्भिस सम्बन्धी आयोजनामा सरिक भएको
- बिगत ३ बर्षमा कम्तिमा २ वटा डिष्ट्रिक्ट स्तरको कार्यक्रममा भाग लिएको ।

यो पुरस्कारका निमित्त हालको क्लब अध्यक्ष, डिष्ट्रिक्ट गभर्नर, गभर्नर इलेक्ट, गभर्नर नोमिनी, इमिडिएट पाष्ट डिष्ट्रिक्ट गभर्नर, आर आई डाइरेक्टर, डाइरेक्टर इलेक्ट, इमिडिएट पाष्ट आर आई डाइरेक्टर योग्य हुनेछन् ।

### ३. Rotary Foundation Citation for Meritorious Service

रोटेरी फाउण्डेशनको कार्यक्रम तथा रोटेरी फाउण्डेशन अन्तर्गतको कमिटीहरू तथा सर्भिस प्रोजेक्टहरू मा एक बर्ष भन्दा बढी उल्लेखनीय कार्य गरेको जस्तै, क्लबको रोटेरी फाउण्डेशन कमिटीमा बसेर सेवा गरेको, रोटेरी फाउण्डेशनबाट प्राप्त अनुदान (ग्राण्ट) बाट सम्पन्न आयोजनाहरूमा संलग्नता, रोटेरी पीस फेलोशिपमा आएका बिद्यार्थीलाई सहयोग पुन्याएका रोटेरीयनहरूलाई डिष्ट्रिक्ट गभर्नरको सिफारिसमा रोटेरी इन्टरनेशनलले यो साइटेशन प्रदान गर्दछ । यो साइटेशन प्रत्येक बर्ष प्रति डिष्ट्रिक्ट एक जना रोटेरीयनले मात्र पाउन सक्छ । यो साइटेशनको लागि डिष्ट्रिक्ट गभर्नर ले जुन महिनाको ३० तारिख भित्र सिफारिस पठाउन सक्छ ।

यो पुरस्कारका निमित्त डिष्ट्रिक्ट गभर्नर, गभर्नर इलेक्ट, गभर्नर नोमिनी, इमिडिएट पाष्ट डिष्ट्रिक्ट गभर्नर, आर आई डाइरेक्टर, डाइरेक्टर इलेक्ट, इमिडिएट पाष्ट आर आई डाइरेक्टर तथा हालका रोटेरी फाउण्डेशनका ट्रष्टीहरू योग्य हुनेछन् । डिष्ट्रिक्ट ३२९२ बाट हाल सम्म यो पुरस्कार बाट सम्मानित हुने पाष्ट डिष्ट्रिक्ट गभर्नर स्व. टेमस मानेक्सा एक्लो व्यक्ती हुन् ।

### ४. Rotary Foundation Distinguished Service Award

यो पुरस्कार रोटेरी फाउण्डेशनको सबैभन्दा ठूलो पुरस्कार हो । रोटेरी फाउण्डेशनको उद्देश्य पुर्तिका निमित्त उल्लेख्य योगदान पुन्याएका रोटेरीयनहरूलाई यो पुरस्कार प्रदान गरिन्छ । यो पुरस्कार पाउन योग्य हुनका निमित्त माथी ३ मा उल्लिखित Rotary Foundation Citation for Meritorious Service प्राप्त गरेको रोटेरीयन हुनु पर्दछ र यस्ता रोटेरीयनले सो पुरस्कार पाएको कम्तिमा चार बर्ष पुरा भैसकेको हुनु पर्दछ । यो पुरस्कारका निमित्त कुनैपनि रोटेरीयनले सिफारिस गर्न सक्दछ तर आफैलाई भने सिफारिस गर्न पाइन्न । यो पुरस्कारका निमित्त सिफारिस गरिएका व्यक्ती डिष्ट्रिक्ट गभर्नर, आर आई डाइरेक्टर, फाउण्डेशनका ट्रष्टी, डाइरेक्टर इलेक्ट, आउने बर्षका फाउण्डेशनका ट्रष्टी, इमिडिएट पाष्ट डिष्ट्रिक्ट गभर्नर, इमिडिएट पाष्ट आर आई डाइरेक्टर हुनुहुन्छ । यो पुरस्कार एकजनालाई एकपटक मात्र प्रदान गरिन्छ । हाम्रो डिष्ट्रिक्टबाट हालसम्म यो पुरस्कार कसैले पनि पाएको छैन ।

### ५. Rotary Foundation District Service Award

समाजमा रोटेरी फाउण्डेशनको कार्यक्रमको माध्यमबाट परिवर्तन ल्याउन योगदान पुन्याउने रोटेरीयनहरूलाई प्रदान गर्न डिष्ट्रिक्ट गभर्नरको अनुरोधमा रोटेरी इन्टरनेशनलबाट २० वटा सम्म प्रमाण पत्र पठाउन सक्छ । यस्तो प्रमाणपत्र योग्य रोटेरीयनहरूलाई सक्भर डिष्ट्रिक्ट कन्फरेन्सको अवसरपारी प्रदान गर्न प्रोत्साहित गरिएको छ ।

### ६. RI Service Above Self Award

यो पुरस्कार रोटेरी इन्टरनेशनलले रोटेरीयनलाई प्रदान गर्ने सबैभन्दा माथिल्लो तहको पुरस्कार हो । यो पुरस्कारकोलागी डिष्ट्रिक्ट गभर्नर, इमिडिएट पाष्ट डिष्ट्रिक्ट गभर्नर, आर आई डाइरेक्टर तथा पाष्ट आर आई डाइरेक्टरहरूले अक्टोबर १ तारिख भित्र बढीमा ३ जना सम्म योग्य रोटेरीयनको सिफारिस गर्न सक्दछ । यो पुरस्कार रोटेरीयनहरूले आफ्नो पदीय दायित्व निर्वाह गरेको, आर्थिक रूपमा सहयोग गरेको वा निश्चित एउटा कुनै आयोजनामा योगदान पुन्याएको आधारमा मात्र नभै रोटेरीको माध्यमबाट समुदायमा कुनैपनि प्रकारले लगातार गरेको मानवीय सेवाको आधारमा प्रदान गरिन्छ ।



यो पुरस्कारका निमित्त सिफारिस गर्ने व्यक्तिले आफैलाई, आफ्ना श्रीमान वा श्रीमतीलाई, छोरा छोरी वा नाति नातिनी, आमा बाबु वा बाजे, बज्यै लाई सिफारिस गर्न पाउँदैन। त्यसैगरी यो पुरस्कार मरणोपरान्त पनि प्रदान गरिन्न र एउटा रोटेरीयनले जीवनकालमा एक पटक भन्दा बढी पाउन सक्दैन। यो पुरस्कार पाउनका निमित्त सिफारिस गरिएका व्यक्ती डिष्ट्रिक्ट गभर्नर, गभर्नर इलेक्ट, इमिडिएट पाष्ट डिष्ट्रिक्ट गभर्नर, आर आई प्रेसिडेण्ट, आर आई प्रेसिडेण्ट इलेक्ट र पाष्ट प्रेसिडेण्टहरू, आर आई डाइरेक्टर, डाइरेक्टर इलेक्ट र पाष्ट आर आई डाइरेक्टरहरू, फाउण्डेशनका ट्रष्टी, आउने वर्षका फाउण्डेशनका ट्रष्टी तथा पाष्ट ट्रष्टी हुनु हुँदैन।

रोटरी इन्टरनेशनलले यो पुरस्कार वर्षमा बढीमा १५० जनालाई प्रदान गर्दछ। डिष्ट्रिक्ट ३२९२ मा हाल सम्म यो पुरस्कारबाट स्व. गोपाल राजभण्डारी (१९९९-००), दिलेन्द्र राज श्रेष्ठ (२००८-०९), अम्बिका श्रेष्ठ (२०११-१२) तथा डा. टीकामान बैद्य (२०१४-२०१५) समेत ४ जना सम्मानित भै सकेका छन्।

७. Service Award for a Polio-Free World  
यो पुरस्कार रोटरीको पोलियो उन्मुलन अभियानमा योगदान पुऱ्याउने रोटेरीयनहरूलाई प्रदान गरिन्छ। उल्लेखनीय रूपमा पोलियो अभियानका निमित्त आर्थिक सहयोग गरेको भएतापनि आर्थिक सहयोग मात्रै यो पुरस्कारका निमित्त आधार मानिँदैन। प्रत्येक वर्ष विश्व स्वास्थ्य संगठनको ६ वटा क्षेत्रहरूमा गरि बढीमा ६० जनालाई क्षेत्रीय पुरस्कार र अन्य १० वटा अन्तर राष्ट्रिय पुरस्कार प्रदान गरिन्छ। यो पुरस्कारका निमित्त कुनैपनि रोटेरीयनले नोभेम्बर १ तारिख भित्र सिफारिस गर्न सक्दछ। क्षेत्रीय पुरस्कार प्रदान गर्ने अधिकार रोटरी फाउण्डेशनका ट्रष्टीलाई दिइएको छ भन अन्तरराष्ट्रिय पुरस्कार भने रोटरी फाउण्डेशनको कार्यकारी समितिले मात्र प्रदान गर्न सक्दछ। यी दुवै पुरस्कारका निमित्त अन्तरराष्ट्रिय पोलियो प्लस कमिटीको सिफारिस अनिवार्य छ।

#### ८. Vocational Service Leadership Award

आफ्नो व्यवसायको माध्यमबाट समुदायको हितमा कार्य गरेका, व्यावसायिक इमान्दारी प्रदर्शन गरेका तथा निम्न ६ किसिमका कार्य मध्ये कम्तीमा एउटा कार्य गरेका रोटेरीयनलाई डिष्ट्रिक्ट गभर्नरको

सिफारिसमा रोटरी इन्टरनेशनलले यो पुरस्कार प्रदान गर्दछ।

- युवाहरूलाई आफ्नो व्यवसायमा लाग्न मार्ग निर्देशन गरेको
- भोकेशनल सर्भिसको बिषयमा छलफल, कार्यशाला आदिको माध्यमबाट अरुलाई कृयाशिल हुन अभिप्रेरित गरेको।
- क्लबका अन्य सदस्यहरूलाई आफ्नो व्यवसायको बिषयमा क्लासिफिकेशन टक को माध्यमबाट शिक्षित गराउन सहयोग गरेको।
- भोकेशनल सर्भिसको बिषयमा गैर रोटेरीयनहरूलाई जानकारी दिने खालका व्यावसायिक संजालको कार्यक्रममा सहभागी भएको।
- रोटरीको भोकेशनल सर्भिस महिना (जनवरी) मा कुनै प्रकारको भोकेशनल सर्भिस सम्बन्धी कृयाकलापमा सहभागी भएको।
- समुदायलाई फाइदा पुऱ्याउने खालका कुनै पनि भोकेशनल सर्भिस सम्बद्ध आयोजनामा सरिक भएको।

यो पुरस्कारका निमित्त हालका, पूर्व तथा आगामी वर्षका गभर्नरहरू तथा आरआई डाइरेक्टरहरू योग्य हुँदैनन्। प्रत्येक वर्ष प्रत्येक डिष्ट्रिक्टबाट एक जना योग्य रोटेरीयनको नामको सिफारिस नोभेम्बरको १ तारिख भित्र रोटरी इन्टरनेशनलमा पठाइसक्नु पर्दछ।

डिष्ट्रिक्ट ३२९२ बाट यो पुरस्कारबाट (२०१५-१६ मा) सम्मानित हुने रोटरी क्लब बुटवलका रो. मणिरत्न पाण्डे एकलो रोटेरीयन हुनुहुन्छ।

#### (ख) रोटरी क्लबलाई प्रदान गरिने पुरस्कार तथा सम्मान

Bottom of Form

१. Membership Development Award  
रोटरीको सदस्यता अभिवृद्धि तथा रोटरीमा सदस्यलाई टिकाई राख्न उल्लेखनीय योगदान पुऱ्याउने क्लब, डिष्ट्रिक्ट वा जोनलाई यो पुरस्कार प्रदान गरिन्छ। यो पुरस्कारका निमित्त सिफारिसको जरुरत पर्दैन, रोटरीमा भएको रेकर्डको आधारमा यो पुरस्कार प्रदान गरिन्छ। संसार भरिका रोटरी क्लबहरूमध्ये सबैभन्दा बढी प्रतिशत सदस्यता वृद्धि, सबैभन्दा बढी संख्यामा नयाँ सदस्यहरू बनाएको, सबैभन्दा बढी महिला सदस्यको संख्या बढाएको, सबैभन्दा बढी संख्यामा ४० वर्ष मुनीका नयाँ सदस्यहरू बनाएको, र बिगत ३ वर्षमा सबैभन्दा बढी सदस्यलाई टिकाएको (रिटनेसन)

क्लबहरूको आधारमा डिष्ट्रिक्ट गभर्नर तथा डिष्ट्रिक्टको मेम्बरशीप कमिटी चेयर लाई यो पुरस्कार प्रदान गरिन्छ । त्यसैगरी रोटरी इन्टर नेशनलका डाइरेक्टरलाई आफ्नो जोन भित्रका डिष्ट्रिक्टहरूमा सबैभन्दा बढी प्रतिशत सदस्यता बृद्धि, सबैभन्दा बढी संख्यामा नयाँ सदस्यहरू बनाएको, डिष्ट्रिक्टहरूमा सबैभन्दा बढी सदस्यहरूलाई आमन्त्रित गरि सदस्य बनाई गोल्ड लेभल स्पन्सरको सर्वाधिक संख्या भएको, सबैभन्दा बढी संख्यामा ४० वर्ष मुनीका नयाँ सदस्यहरू बनाएको तथा बिगत ३ वर्षमा सबैभन्दा बढी शतप्रतिशत सदस्यलाई टिकाएको (रिटर्नेसन) क्लबको संख्याको आधारमा यो पुरस्कार प्रदान गरिन्छ । साथै सबैभन्दा बढी प्रतिशत सदस्यता बृद्धि, सबैभन्दा बढी संख्यामा नयाँ सदस्यहरू बनाएका तथा गोल्ड लेभल स्पन्सरको सर्वाधिक संख्या भएको जोनको आधारमा रोटरी कोअर्डिनेटरहरूलाई पनि पुरस्कारको ब्यबस्था छ ।

## २. Presidential Citation

प्रत्येक वर्ष रोटरी इन्टरनेशनलको इन्टरनेशनल एसेम्बलीमा आउने वर्षका रोटरी इन्टरनेशनलका प्रेसिडेण्टले आफ्नो थीम दिए लगत्तै आगामी वर्षमा यो यो काम ग्यो भने क्लबलाई साइटेशन प्रदान गर्नु भनेर पनि घोषणा गर्दछ । यसरी इन्टरनेशनलका प्रेसिडेण्टले वर्ष भरीमा कम्तिमा यति काम गर भनेको पुरा गर्ने क्लबले हालको ब्यबस्था अनुसार जुन को ३० तारिख भित्र यो साइटेशनका लागी गरेका कामहरूको रिपोर्टिंग रोटरी क्लब सेन्ट्रलमा अपलोड गर्नु पर्दछ, फारमहरू भर्नु पर्दैन । प्रत्येक वर्ष हाम्रो डिष्ट्रिक्टका केही क्लबहरूले यो साइटेशन पाउने गरेका छन् । अहिलेको अनलाइन रिपोर्टिंग गर्ने ब्यबस्थाका कारण क्लबहरूले अलि चनाखो हुनु पर्ने र सूचना प्रबिधिमा अलि ज्ञान राख्नु पर्ने भएको छ ।

## ३. Significant Achievement Award

प्रत्येक वर्ष डिष्ट्रिक्ट गभर्नरले यो पुरस्कारका निमित्त एउटा क्लबलाई सिफारिस गर्न सक्दछ । यो पुरस्कार पाउनको निमित्त योग्यता भनेको सिफारिस गरिएको क्लबले त्यस रोटरी वर्ष भित्रमा समुदायको विशेष समस्यालाई सम्बोधन गर्ने खालको आयोजना बिना कुनै अन्तरराष्ट्रिय सहयोग सम्पन्न गरेको हुनु पर्दछ । यो पुरस्कारका निमित्त गभर्नरले मार्च १५ तारिख भित्र सिफारिस पठाउनु पर्दछ ।

२०१५-१६मा रोटरी इ-क्लब तथा २०१६-१७मा रोटरी क्लब अफ बिराटनगर डाउनटाउन यो पुरस्कारबाट सम्मानित भएको थियो ।

## (ग) Partners in Service लाई प्रदान गरिने पुरस्कार तथा सम्मान

रोटरी इन्टरनेशनलको ७ वटा प्रमुख कार्यक्रम भित्र पर्ने रोटाराक्ट, इन्टराक्ट तथा रोटरी कम्युनिटी कोरलाई रोटरीमा पार्टनर्स इन सर्भिस भन्ने गरिएतापनि रोटरीको सेवाको उद्देश्य पुर्तिको क्रममा समाज तथा समुदायमा काम गर्दा सहकार्य गर्ने रोटाराक्ट, इन्टराक्ट तथा रोटरी कम्युनिटी कोर का अलावा अन्य सहयोगीहरूलाई पनि सम्मान तथा पुरस्कृत गर्ने गर्दछ ।

१. Presidential Citation for Interact Clubs  
माथी (ख) २. मा उल्लेख भएको प्रेसिडेन्सियल साइटेशनको ब्यबस्था इन्टराक्ट क्लबकोलागी पनि गरिएको छ । प्रत्येक वर्ष रोटरी इन्टरनेशनलका प्रेसिडेण्टले भनेको कार्य जुन ३० तारिख भित्र पूरा गर्ने इन्टराक्ट क्लबको सिफारिस क्लबलाई स्पन्सर गर्ने रोटरी क्लब वा डिष्ट्रिक्टले रोटरी इन्टर नेशनलमा अगस्टको १५ तारिख भित्र पठाइ सक्नु पर्छ ।

## २. Presidential Citation for Rotaract Clubs

रोटरी क्लब तथा इन्टराक्ट क्लबलाई जस्तै रोटाराक्ट क्लबलाई पनि प्रेसिडेन्सियल साइटेशन प्रदान गरिन्छ । यो साइटेशन प्राप्त गर्नलाई प्रत्येक वर्ष रोटरी इन्टर नेशनलका प्रेसिडेण्टले भनेको कार्य पुरा गर्ने रोटाराक्ट क्लबले जुन ३० तारिख भित्र रोटरी इन्टरनेशनलमा फारम भरि पठाउनु पर्दछ ।

## ३. Rotaract Outstanding Project Award

समाजमा रोटरीको छबि उच्च राख्न योगदान पुर्‍याउने खालका आयोजना सम्पन्न गरेका रोटाराक्ट क्लबलाई यो पुरस्कार प्रदान गरिन्छ । यो पुरस्कारका निमित्त प्रत्येक वर्ष फेब्रुअरीको १ तारिख भित्र रोटरी इन्टरनेशनलमा सिफारिस गै सक्नु पर्दछ ।

## ४. Rotarian Spouse/Partner Service Award

यो पुरस्कार रोटरीको उद्देश्य पुर्तिका निमित्त समाज र समुदायको सेवामा सक्रिय एवं उल्लेखनीय योगदान पुर्‍याएका रोटरीयनका श्रीमती । श्रीमान लाई प्रदान





गरिन्छ । यो पुरस्कारका निमित्त योग्य व्यक्तिको नाम डिष्ट्रिक्ट गभर्नरले मार्च १ तारिख भित्र रोटरी इन्टरनेशनलमा पठाईसक्नु पर्दछ । प्रत्येक वर्ष बढ्दामा १०० जनालाई प्रदान गरिने यो पुरस्कारका निमित्त योग्य हुनका लागी सो व्यक्ती हाल सदस्यता कायम रहेका रोटरीयनका श्रीमान वा श्रीमती हुनु पर्दछ भने हालका गभर्नर तथा इमिडिएट पाष्ट गभर्नर, हालका डाइरेक्टर, ट्रष्टीहरू, रोटरी इन्टरनेशनलका अध्यक्ष तथा आर आइका अन्य पदाधिकारीहरूका श्रीमती । श्रीमान यो पुरस्कारका निमित्त योग्य हुदैनन् ।

डिष्ट्रिक्ट ३२९२ बाट पहिलो पल्ट रोटरी बर्ष २०१६-१७ मा श्रीमती भवानी श्रेष्ठ यो पुरस्कारबाट सम्मानित हुनु भएको छ ।

#### ५. Rotary Alumni Association of the Year Award

रोटरी इन्टरनेशनलका ७ वटा प्रोग्रामहरू - रोटराक्ट, इन्टराक्ट, आर सी सी, राइला, फ्रेंडशीप एक्स्चेञ्ज, युथ एक्स्चेञ्ज र ग्लोबल नेटवर्किंग ग्रुप त्यसै गरि रोटरी फाउण्डेशनका बिगतका तथा हालका प्रोग्रामहरू - एम्बेसेडरीयल स्कलरशीप, ग्रुप स्टडी एक्स्चेञ्ज, भोकेशनल ट्रेनिङ्ग टीम, पीस स्कलरशीप आदी कार्यक्रममा सहभागी भैसकेका रोटरीयन, गैर रोटरीयन आदि व्यक्तीहरू समावेश गरेर प्रत्येक डिष्ट्रिक्टमा एक रोटरी अलुम्नी एशोसिएशन गठन गर्न सकिन्छ । यसरी गठन गरिएको संगठनमध्ये आफुले उल्लिखित कार्यक्रममा सहभागी भएर पाएको ज्ञान तथा अन्य कुनै पनि माध्यमबाट रोटरीको छबि उच्च राख्न पुर्‍याएको योगदानको आधारमा उत्कृष्ट ठहरिएको एउटा संगठनलाई यो पुरस्कार प्रदान गरिन्छ । सन् २०११ मा स्थापना भएको यो पुरस्कारका निमित्त रोटरी इन्टरनेशनलका रिजनल रोटरी फाउण्डेशन कोअर्डिनेटरले ३० जुन भित्र आफ्नो कार्य क्षेत्र भित्र परेका डिष्ट्रिक्टका रोटरी अलुम्नी एशोसिएशनमध्ये एउटा एशोसिएसनको नाम सिफारिस गर्न पाउँछ । बर्ष २०१६-१७ को यो पुरस्कार रोटरी डिष्ट्रिक्ट १२१० ले प्राप्त गरेको छ ।

डिष्ट्रिक्ट ३२९२ बाट पनि रोटरीका कार्यक्रममा धेरै जना सहभागी भैसकेको भएतापनि यदा कदा रोटरी अलुम्नी एशोसिएशनको स्थापना गर्ने बिषयमा कुरा हुने गरेतापनि यसलाई मुर्त रूप भने दिन सकिएको छैन ।

#### ६. Rotary Award for Excellence in Service to Humanity

यो गैर रोटरीयनलाई प्रदान गरिने पुरस्कार हो । प्रत्येक वर्ष प्रत्येक डिष्ट्रिक्टले उदाहरणीय तथा अनुकरणीय रूपमा मानवीय सेवामा समर्पित रहेका एक जना गैर रोटरीयन, जसलाई रोटरीले सम्मान नगरेमा ओभरलमा पर्न सक्ने सम्भावना हुन सक्दछ, लाई हालका लगायत त्यो भन्दा अधिका समेत जम्मा ५ जना गभर्नरहरूको समितिको सिफारिसमा रोटरी इन्टरनेशनल ले यो पुरस्कार प्रदान गर्दछ । यो पुरस्कारका निमित्त समय सिमा हुदैन, बर्ष भरिमा जहिले पनि सिफारिस गर्न सकिन्छ ।

#### ७. Rotary Alumni Global Service Award

माथी (ग)५ मा उल्लिखित पुरस्कार रोटरीको कार्यक्रममा सहभागी भैसकेकाहरूको संगठनलाई प्रदान गरिने पुरस्कार हो भने यो पुरस्कार भने त्यस्ता कार्यक्रममा भाग लिई सकेका तथा समाजमा बिशिष्ट योगदान पुर्‍याएका व्यक्तीहरूलाई सम्मान गर्न स्थापना गरिएको पुरस्कार हो । यो पुरस्कारका निमित्त उम्मेदवार छानिँदा सम्भावित उम्मेदवारले रोटरीको कार्यक्रममा सहभागी भै सकेपछि त्यसको नतिजाको रूपमा हासिल गरेको बिशेष ब्याबशायिक दक्षता तथा आफ्नो ब्यबशायको माध्यम बाट समाजमा पुर्‍याएको योगदान लाई मध्य नजर राखिन्छ । रोटरीका रिजनल कोअर्डिनेटरले योग्य व्यक्ती(हरू) को नामको सिफारिस जुनको ३० तारिख भित्र गरिसक्नु पर्दछ ।

बर्ष २०१६-१७ को यो पुरस्कार जापानका सादाको योगाताले पाएका छन् । उनी संयुक्त राष्ट्र संघको सर पार्थीकालागी उच्च आयोगका आठौँ उच्चायुक्त तथा जाइका का पूर्व अध्यक्ष समेत हुन् ।

#### ८. World Interact Week Recognition

संसारको पहिलो इन्टराक्ट क्लबको मितिङ्ग भएको दिन नोभेम्बर ५ तारिख जुन हप्तामा पर्छ त्यो हप्तालाई प्रत्येक वर्ष इन्टराक्ट सप्ताहको रूपमा मनाइन्छ । रोटरी सप्ताहलाई फलदायी रूपमा कुनै आयोजनाको शुरुवात वा इन्टराक्ट क्लबको बैठकमा सम्भावित सदस्यहरूलाई आमन्त्रण गरि इन्टराक्ट अभियानका जानकारी गराउने कार्यक्रमको आयोजना जस्ता कार्य गरेर मनाउने इन्टराक्ट क्लबहरूलाई यो पुरस्कार प्रदान गरिन्छ । डिष्ट्रिक्ट इन्टराक्ट कमिटी चेयर वा इन्टराक्ट क्लबका स्पन्सर रोटरी क्लबले

बर्षभरि कुनै पनि बेला यो पुरस्कारका निमित्त रोटरी इन्टरनेशनलमा सिफारिस गर्न सक्दछ ।

९. World Rotaract Week Recognition  
इन्टराक्टको जस्तै रोटाराक्ट स्थापना भएको दिन १३ मार्च जुन हप्तामा पर्दछ त्यस हप्तालाई रोटाराक्ट सप्ताहको रूपमा मनाउने चलन छ । यो सप्ताह मनाउने क्रममा डिष्ट्रिक्ट भित्रका वा अन्तरराष्ट्रिय रोटाराक्ट क्लबहरू संग मिलेर कुनै प्रोजेक्टको शुरुवात वा रोटाराक्टको छबि उच्च राख्न संचार माध्यमहरूको प्रयोग जस्ता विविध कार्य गर्ने रोटाराक्ट क्लबलाई यस्तो पुरस्कार प्रदान गरिन्छ ।

डिष्ट्रिक्ट रोटाराक्ट कमिटी चेयर वा रोटाराक्ट क्लबका स्पन्सर रोटरी क्लबले बर्षभरि कुनै पनि बेला

यो पुरस्कारका निमित्त रोटरी इन्टरनेशनलमा सिफारिस गर्न सक्दछ ।

रोटरी इन्टरनेशनलले रोटरीका कोअर्डिनेटरहरू तथा गभर्नरको सिफारिसमा प्रदान गर्ने पुरस्कारहरू बाहेक क्लब स्तरमा क्लबका अध्यक्ष तथा बोर्डको निर्णय तथा तजबिजमा रोटरी इन्टरनेशनलमा सिफारिस गरि आ आफ्नो क्लबका सदस्यहरूलाई प्रोत्साहन स्वरूप प्रदान गर्न सकिने पुरस्कार तथा सम्मानहरूका विषयमा माथीका पंक्तीहरूको माध्यमबाट रोटरीयनहरूमा केही जानकारी दिने कोशिस मात्र हो यो । यसबाट आगामी दिनहरूमा क्लबहरूले केही फाइदा लिन सकोस्, यहीनै रोटरी बर्ष २०१७-१८ को शुभकामना डिष्ट्रिक्ट ३२९२का सबै रोटरीयनहरूमा ।

*We wish all the best*  
*to*  
**ROTARY CLUB OF YALA**  
*on the occasion of its*  
*21<sup>st</sup> Anniversary*

**ARUN DHUWANI SEWA**

Bharatpur-5, Chitwan, Nepal.  
Tel No. 056-69239

# Girl Child for Scholarship programme of Rotary Club Yala Rotary International District 3292 Nepal Bhutan

## 1. Background:

Rotary Club of Yala of Rotary International District 3292 Nepal and Bhutan has been providing scholarship for nearly two decade to girl child from marginalized families. The purpose of the scholarship is to help girls to continue their education, until they can stand on their own. So far ---- girls have received the scholarships and interesting to note that many of them perused higher education and are well established and spending dignified life in the society. It was possible only due to generous contributions by the members of RC Yala, Anns and well-wishers. RC Yala has decided to continue this programme and expects continuous support from members of RC Yala, Anns and well wishers for this noble cause.

**2. Objectives:** The objectives of the programme are as follows:

- Provide opportunity for girl child to continue their basic education
- Provide sound basis for them to leave independent and dignified life
- Minimize burden on the marginalized families
- Provide career counseling

**3. Outputs:** The outputs from the programme are as follows:

- At least 100 girl child from various public and community schools receive scholarship every year
- At least 100 contributors among Rotarians, and families and friends of Rotarians are mobilized
- At least one Girl child is supported by one contributors
- Performance of the girl child monitored

**4. Scholarship:** The annual scholarship will be in Nepalese Rupees which will cover (a) any fee payable to the school (b) cost of two sets of school uniform (c) course books (d) stationery and (e) any other miscellaneous costs to peruse the study. The scholarships will be reviewed annually and extended accordingly based on mutual agreement with the school. The average contribution will be Rs 10 per girl child and the tentative breakdown is as follows:

- Two sets of Uniform: Rs 5000
- Course Books: Rs 2000
- Stationery: Rs 1000
- Miscellaneous expenses: Rs 2000

## 5. Criteria of selection of the recipient of the

**scholarships:** The criteria of selection of the recipient (girl child) of the scholarships will be as follows:

- Girl child studying in class I to V in government schools

- School drop outs because of economic and social reasons
- Differently able children
- Orphan (staying with relatives)
- Children of senior citizens without regular income
- Children of poor women headed household
- Children from Dalit family
- Children from squatter community (having no shelter of their own)
- Children of subsistent farmers or daily wage earners
- Enthusiastic to peruse study further

## 6. Selection process:

- A simple application form will be developed which will include (a) name of the girl student and photo (b) class she is studying or studied (c) permanent address (d) address where she is staying currently (e) economic status of parents (f) ethnic group and (g) reason to apply for scholarship
- School management and Rotary club will facilitate to collect applications from potential students
- A gender balanced review team will be formed comprising two members each from Rotary Club and the school management.
- The review team will review applications and prepare short list of the students for interview
- Short listed students together with the guardians of parents will be called for interview
- Review team will agree on the scoring criteria
- Candidates together with their (guardian or parents) will be interviewed
- Final list of selected candidates prepared and selected students are informed

**7. MOU with Schools:** Memorandum of Understanding will be signed between Rotary Club and the school. The MOU will spell out:

- Responsibilities of the school
- Responsibilities of the Rotary Club
- Specific terms and conditions
- Signatories and witness from each party

**8. MOU with contributors:** Memorandum of Understanding will be signed between Rotary Club and the contributors or their representatives. The MOU will spell out:

- Responsibilities of the contributor
- Responsibilities of the Rotary Club
- Specific terms and conditions
- Signatories and witness from each party



# Paul Harris Society Sustaining Rotary's impact around the World



## 1. Background:

The Paul Harris Society, named for Rotary's founder, is made up of dedicated supporters who annually contribute \$1,000 or more to the Annual Fund, PolioPlus, or an approved Rotary Foundation grant. The Paul Harris Society (PHS) recognizes Rotary members and friends of The Rotary Foundation who contribute with Paul Harris Society insignias and certificate. The insignias can be worn with other pins, including the Paul Harris Fellow pin, Major Donor pin, Bequest Society pin, and Arch C. Klumph Society pin.

The purpose of the Paul Harris Society is to identify, engage, and thank members who have the ability and desire to make substantial annual gifts that help sustaining Rotary's impact around the world.

## 2. Flexibility in giving:

The gift of US\$ 1000 can be given Monthly, Quarterly and Annually such as (a) US\$85 monthly making 12 gifts a year (b) US\$250, 4 gifts a year and (c) US\$ 1000 annually 1 gift a year. By doing so the contributor will be automatically become a member of the society. Membership begins as soon as you make the commitment.

## 3. Paul Harris Fellow and Paul Harris Society Member:

A Paul Harris Fellow (PHF) has made cumulative contributions of US\$1,000 or has been honored with a contribution of US\$1,000 in his or her name. A member of the Paul Harris Society contributes at least US\$1,000 each year to the Annual Fund, PolioPlus, or approved Foundation grants. Note that PHS members accrue points for contributions they use to honor others as Paul Harris Fellows.

## 4. Joining Paul Harris Society:

One can join the Paul Harris Society in several ways:

- Enroll in Rotary's recurring giving program, Rotary Direct, at a level of US\$1,000 or more (US\$85 monthly, US\$250 quarterly, or US\$1,000 annually) and you automatically become a PHS member.
- Complete the Paul Harris Society brochure or handout.
- Contact your Paul Harris Society coordinator, if your district has one. He or she can send the Foundation a ( list of those who have agreed to join the Paul Harris Society at [annualfund@rotary.org](mailto:annualfund@rotary.org).
- Email or call Rotary's Support Center ([contact.center@rotary.org](mailto:contact.center@rotary.org), +1-866-976-8279) or the Rotary ( International office that serves your area and ask to join.

## 5. Status of PHS in RID 3292:

So far there are only 23 PHS members whereas there are 2 AKS members and 113 major donors from Level I to IV. All AKS members and major donors are potential PHS members. The existing scenario reflects that very little has been done in the promotion of PHS member in RID 3292.

## 6. Paul Harris Society in RID 3292:

Each district of Rotary International can assign Paul Harris Society Coordinator. In RI District 3292 a Paul Harris Society Coordinator Committee has been formed with a Chair, Co-chair and members. The chair is PP Siddhi Bahadur Shakya and Co chair is DGN Kiran Lal Shrestha. The purpose of forming a committee is basically to increase number of Paul Harris Society members in the district and contribute to The Rotary Foundation for fulfilling the promises we make to improve our communities and communities around the world to change their lives.

Reference: 009-EN-614



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*all the best*  
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# Major Club ACTIVITIES of Rotary Club of Yala in Rota Year 2016-17 at a glance

## 1. CLUB ADMINISTRATION

June 18 - 1<sup>st</sup> club assembly of RY 2016-17 to prepare plan for 16-17 in line with the strategic plan 14-17

June 22 - Joint Board Meeting 15/16 and 16/17 followed by fellowship dinner

July 2 – 20<sup>th</sup> Installation Ceremony of RC Yala in presence of DG Rtn Jaya Shah and PDGs

July 8 - 2<sup>nd</sup> and 3<sup>rd</sup> Club Assembly held in the presence of PDG Yogendra Man Pradhan and AG Krishna Lal Maharjan

July 22 – 4<sup>th</sup> Club Assembly on the day of DG's official visit to club as well as site visit to Bouddha Jana Bihar Jestha Nagarik Diwa Sewa Kendra, Sunakothi and Nepal Cancer Care Foundation, Satdobato and handover of Colposcopy Machine to Nepal Cancer Care Foudation.

July 22 – MoU signed for sister relationship with RC Baneshwar, in the presence of DG Jaya Shah on DG's official visit

Jan 27 – 5<sup>th</sup> Club Assembly of RY 16-17 was conducted to review mid-term progress

April 11 – Renewed registration of club in CDO office

April 15 – Accomplished 100% registration in My Rotary

June 17 – 6<sup>th</sup> Club Assembly was held to review the activities of 16-17

June 17 – Strategic Plan for 2017-20 was prepared

**Club Assemblies:** Total 6 club assemblies held on June 18, July 8, July 22, Jan 27, June 17

**Board Meetings:** Total 14 Board Meetings held on July 13, Aug 20, Sept 19, Oct 8, Nov 19, Dec 17, Jan 21, Jan 27(Sp), Feb 25, Mar 18, Apr 8(Sp), Apr 22, May 22 and June 16

**RWMs:** 51 RWMs conducted

**Bulletin:** 50 Bulletins published

## 2. MEMBERSHIP

Aug 6 - President Deepak K. Shrestha, Membership Committee Chair Surendra Gopal Shrestha and Secretary Sarita Shrestha participated in District

Membership Development Seminar. Rtn Prafulla Pradhan and Rtn Dilendra Shrestha were facilitator and resource persons.

Oct 21 - Five new members inducted:

1. Mr. Birendra Shrestha – Proposed by PP Rtn Kiran Shrestha and introduced by IPP Rtn Sushil Bajracharya
2. Mr. Om Shanker Shrestha – Proposed and introduced by President Rtn Deepak K. Shrestha
3. Ms Shobha Shrestha – Proposed and introduced by Secretary Rtn Sarita Shrestha
4. Mr. Sonam Halwai – Proposed and introduced by Club Adm. Chair Rtn Dharma Ratna Silpakar
5. Ms Sworupa Shrestha – Proposed by PP Rtn Kiran Shrestha and introduced by IPP Rtn Sushil Bajracharya

Feb 3 – Three new members inducted:

1. Mr. Gautam Shrestha – Proposed and introduced by IPP Rtn Sushil Bajracharya
2. Mr. Om Krishna Shrestha - Proposed and introduced by PDG Rtn Dilendra R Shrestha
3. Ms. Shanti Shrestha – Proposed by President Rtn Deepak K Shrestha and introduced by Rtn Shobha Shrestha

Apr 21 - "Rotarian non-Rotarian Interaction" was conducted by Membership Committee Chair Rtn Surendra Gopal Shrestha with presentations on About Rotary, Service Project, Earthquake Projects, Public Image, Rotarian & Rotaract and Mentoring

In total, 5 Membership Committee meetings were held

Mentors were assigned for new members:

- PP Urmila Shrestha: Rtn Sworupa Shrestha and Rtn Shobha Shrestha
- Rtn Dharma Ratna Shilpakar: Rtn Sonam Halwai
- PP Kiran Shrestha: Rtn Om Shankar Shrestha and Rtn Birendra Shrestha
- PP Urmila Amatya: Rtn Shanti Shrestha
- Rtn Surendra G Shrestha: Rtn Gautam Shrestha
- PP Dhruba Man Pradhan: Rtn Om Krishna Shrestha

## 3. PUBLIC IMAGE

Aug 26 - Handed over Cheque of Rs. 100,000 to Resham Bohara of Lalitpur Metropolitan Police, in the presence of Bhaban Nirman Samiti Chair Rtn





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Ajar Man Joshi for construction of prefab building of Lalitpur Metropolitan Police.

Oct 30 - As part of our culture to respect festivals and tradition, RC Yala has been observing Vocational Award Ceremony every year to celebrate traditional and indigenous skills. Following the tradition to honor people from different areas of expertise, the ceremony was held on Oct 30, 2016 (Laxmi Puja) Sunday 1:00 pm at Kartik Daboo, Mangal Bajar. Five persons were honored/ awarded on the occasion.

Dr. Narayan Hari Joshi (Professor in Physics) was honored with Dosalla and Letter of Appreciation for long time contribution in the Education Sector.

Compounder (Health Assistant) Asta Bir Maharjan was honored with Dosalla and Letter of Appreciation for his contribution in the Health Sector respectively.

Musician Kanchha Kapali was awarded with Basu Sirpa of Rs. 5,000/- and Letter of Appreciation.

Mr Asha Lal Maharjan was awarded with Pushpa Sirpa of Rs. 5,000/- and Letter of Appreciation.

Mr. Dayaram Maharjan was honored with cash award of Rs. 30,000/- for his continuous involvement and contribution to Disabled Service Association.

Dec – Rotary Emblem Nameplate of RC Yala displayed on the tree outside Bagaicha gate

Jan-Mar – Displayed 4-way test poster at public places and schools and printed in stationery provided to Raksha Nepal.

Feb 17 - Club exhibit banner size 2.5 ft x 5 ft displayed at District Conference venue on 17th Feb and paid Registration Rs. 2,500/-

Feb 25 - President Deepak K. Shrestha, PDG Dilendra R. Shrestha, PP Prafulla M. S. Pradhan, PP Kiran Shrestha and Rtn Dharma R Shilpakar attended the program to inaugurate prefab building of Lalitpur Metropolitan Police

Mar 4 – Co-hosted humanitarian award program and also participated in the event

Apr 24 – rotaryclubofyala domain registered as "www.rotaryclubofyala.org.np"

Various dates – To enhance Rotary image, various souvenir materials prepared and used from time to time e.g. Birthday cards, Anniversary greeting cards, attendance makeup cards, school copies, token of love, etc

June 2 – rotaryclubofyala website launched and demo at club

Mar 4 - Attended 5<sup>th</sup> Nepal-USA Humanitarian Award Program at Ashok Party Palace. RC Yala was selected for Best Service Award on post EQ relief activities. President Deepak K Shrestha was felicitated and received the Award on behalf of RC Yala.

We wish all the best  
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on the occasion of its  
21st Anniversary



**JAGRITI ACADEMY**  
JADIBUTI, KOTESHWOR



#### 4. THE ROTARY FOUNDATION

100% payment for centennial contribution @ USD 26.5, with total USD 1,325.00.

Dec - PHF contribution by 10 members i.e. @ USD 300.00 and one PHS Member, with total contribution of USD 4,000:

1. PP Prafulla Man Pradhan – PHS member
2. PP Rtn Surendra Govinda Joshi
3. Ann Badri Laxmi Joshi
4. Rtn Surendra Gopal Shrestha
5. Rtn Prem Singh
6. Rtn Roop Krishna Shrestha
7. Rtn Sarita Shrestha
8. Rtn Sworupa Shrestha
9. Rtn Dr. Sumitra Manandhar Gurung
10. PP Dhruva Man Pradhan
11. Rtn Basanta Shrestha

Aug 13 - President Deepak K. Shrestha, Secretary Sarita Shrestha and TRF Committee Chair Dr. Sumitra Manandhar Gurung participated in District TRF Stewardship Seminar. Rtn Prafulla Man Singh Pradhan and PDG Dilendra Raj Shrestha were facilitator and resource persons. Rotary Club of Yala co-hosted the program and President Deepak K. Shrestha delivered Vote of Thanks on behalf of the host clubs.

Sept 24 - PP Rtn Surendra Govinda Joshi Participated in TRF Seminar at Hotel Annapurna

May-June - Rotary scholarship recommended for Masters in 1. Sanitation to Ms Reetu Rajbhandari and 2. Peace & Conflict to Mr Raj Kumar Kadel

#### 5. PARTICIPATION IN DISTRICT EVENTS

March 25-26 – Rtn Sarita Shrestha participated in PETS/SETS IMD INSPIRE – 2016, RID 3293, 3250, 3020, 3292 at Bhubaneshwar, Orissa, India.

June 28 – District Training Assembly – President Deepak K Shrestha, Rtn Prem Singh, Treasurer Rtn Chandra B Maharjan, Rtn Surendra Gopal Shrestha and Rtn Dr Sumitra M Gurung participated

June 18 – Rotarians and Anns attended District Award Ceremony at Yellow Pagoda Hotel

July 1 – Rotarians and Anns attended DG and Club Presidents Joint Installation at Hotel Soaltee. Installation of President 16-17 Deepak K Shrestha was done on the same day

Aug 6 - President Deepak K. Shrestha, Membership Committee Chair Surendra Gopal Shrestha and

Secretary Sarita Shrestha participated in District Membership Development Seminar. Rtn Prafulla Pradhan and Rtn Dilendra Shrestha were facilitator and resource persons.

Aug 13 - President Deepak K. Shrestha, Secretary Sarita Shrestha and TRF Committee Chair Dr. Sumitra Manandhar Gurung participated in District TRF Stewardship Seminar. Rtn Prafulla Man Singh Pradhan and PDG Dilendra Raj Shrestha were facilitator and resource persons. Rotary Club of Yala co-hosted the program and President Deepak K. Shrestha delivered Vote of Thanks on behalf of the host clubs.

Aug 20 – Participated in NRLM Seminar

Sept 17 - Ann President Meenu Pradhan and Secretary Badri Laxmi Joshi participated in District Women in Rotary Capacity Building Seminar

Sept 24 - PP Rtn Surendra Govinda Joshi Participated in TRF Seminar at Hotel Annapurna

Sept 24 - President Rtn Deepak K. Shrestha, Secretary Rtn Sarita Shrestha and Club Administration Committee Chair Rtn Dharma Ratna Shilpakar participated in Economic and Community Development Seminar at Bagaicha Restaurant

Oct 24 - President Deepak K. Shrestha and Secretary Sarita Shrestha participated in the "World Polio Day" rally.

Nov 6 – President Deepak K Shrestha, IPP Sushil Bajracharya and Secretary Sarita participated in Rota Quiz zonal round for zone 12.

Nov 11 – Participated in TRF Seminar and Recognition Program held at Radisson Hotel

Feb 4 - IPP Sushil Bajracharya participated in "Train the Trainer Seminar" at Nagarkot.

Feb 17-19 – 11 Rotarians and 2 Anns participated in 9<sup>th</sup> District Conference at Soaltee Hotel

1. PDG Dilendra Raj Shrestha
2. Ann Bhabani Shrestha
3. PP Prafulla M S Pradhan
4. Ann Sarojini Pradhan
5. PP Kiran Shrestha
6. President Deepak K Shrestha
7. Rtn Shobha Shrestha
8. Rtn Sworupa Shrestha
9. Rtn Dr Sumitra M Gurung
10. Rtn Urmila Shrestha
11. Rtn Dharma Ratna Shilpakar
12. Rtn Shailendra Bajracharya
13. Rtn Narahari Dass Joshi

Mar 4 - Attended 5<sup>th</sup> Nepal-USA Humanitarian Award Program at Ashok Party Palace. RC Yala was selected for Best Service Award on post EQ relief activities. President Deepak K Shrestha was

felicitated and received the Award on behalf of RC Yala.

Mar 23-25 - PE Laxman Joshi Attended PETS in Butwal, PP Prafulla M Pradhan as Resource Person, PDG Dilendra R S as District Trainer

Mar 21-23 – PP Surendra G Joshi attended AG Training

## 6. PROGRAM HOSTING

Aug 13 - Co-hosted District TRF Stewardship Seminar. The other host was RC Mount Everest.

Oct 22 – Blood Donation (contribution by President Rtn Deepak K. Shrestha, Rtn. Prem Singh, PP Rtn. Prafulla Man Singh Pradhan and IPP Rtn Sushil Bajracharya)  
Service Project

Feb 17 - Club exhibit banner size 2.5 ft x 5 ft displayed at District Conference venue on 17th Feb and paid Registration Rs. 2,500/-.

Mar 4 – Nepal-USA Humanitarian Award

May 26- District Training Assembly for 2017-18

May 27 – District Award Ceremony

## 7. FAMILY OF ROTARY

Oct 21 – First Joint Birthday Celebrations

Feb 3 - Felicitation to Rotary family members who completed graduation and above, as:

Kripa Joshi (Daughter of Rtn Narahari Dass and Ann Binu Joshi), Nikhil Joshi (Son of PE Rtn Laxman and Ann Uma Joshi), Manisha Lakhey (Sponsored by RC Yala), Prerna Singh (Daughter of Rtn Prem Singh and Ann Dina Singh, Rojee Rajthala Shrestha (Daughter-in-law of Rtn Sarita and Rtn Dr Chandra Lal Shrestha), Romi Shrestha (Daughter of Rtn Om Shankar and Ann Radha Shrestha), Sanyam Bajracharya (Son of IPP Sushil and Ann Ujjwol Bajracharya), Sawana Shrestha (Daughter of Rtn Kiran and Ann Srijana Shrestha), Sazae Shilpakar (Daughter of Rtn Dharma Ratna and Ann Nirmala Shilpakar), Serene Amatya (Daughter of Rtn Dr Jeevan Lal and Rtn Urmila Amatya), Utkrista Bajracharya (Son of IPP Sushil and Ann Ujjwol Bajracharya).

Feb 10-11 - "One stop at Bandipur" family picnic was organized on 10-11 February. The program included hiking up from Bimalnagar, visit to Siddha Gufa, stay at Bandipur Mountain Resort, entertainment program by Tamang community and joint RWM with Anns, followed by Bandipur city walk and back to Kathmandu in the evening of 11<sup>th</sup> February. Participants Rtns Anns, family and friends

Feb 11 - Joint meeting with Anns

March 3 – Second Joint Birthday Celebrations

Mar 17 - Joint RWM with Rotaracts to celebrate Rotaract Week Mar 13-19, cutting cake by Rotary President Deepak K Shrestha and Rotaract President Pramod Singh

June 23 – Third Joint Birthday Celebrations

## 8. INTER CLUB RELATIONS

July 15 - Dr. Subhash Pyakurel (President) from RC Jawalakhel presented on "Palm Rotary", information system of RI District 3252, a mobile based application for android.

July 22 – MoU for sister relation signed with RC Baneshwar

July - RC Jawalakhel Manjushree – President attended Installation Program

Aug : Attended Installation program of RC Baneshwar

Sept 4: IPP Rtn Sushil Bajracharya attended Regular meeting of RC Thimpu

Dec 23 - Dr. Nagendra Bahadur KC, MD on "Cardiopulmonary Resuscitation (CPR) – Basic Life Support"

Jan 8 – President attended RWM and talk program on Physiotherapy at RC Patan Durbar Square

Mar 10 - PDG Rtn Tulshi Maharjan from RID 7510 USA visited RC Yala

Apr 16 – Rotarians and Anns attended talk program on papsmear by Dr Sarita Ghimire at joint meeting with RC Patna Durbar Square

June 9 – Talk by Actor/ Artist Rtn Madan Krishna Shrestha, RC Tripureshwar

RC Balaju – Attended Regular Weekly Meetings

## 9. MAJOR DECISIONS

July 8 - RWM passed to increase Club Due from Rs 15,000.00 to Rs 20,000.00

July 13 - It was decided to set 16 goals in presidential citation (1<sup>st</sup> BoD)

July 29 RWM 1024 - As per suggestion during DG visit, although RC Yala already has Strategic Plan for 2014-17, it can be reviewed to prepare for 2016-20.



July 29 - For formation of past President Council, it was decided that Rtn Dilendra Raj Shrestha will coordinate with Rtn Prafulla M Pradhan, Rtn Pramod Sagar Pradhan and Rtn Dhruba M Pradhan as members to prepare ToR.

Aug 20 -2nd Board Meeting: It was decided that all club support to Anns Group must go through Anns Board including reporting and communication and through Service Committee Chair. Support request for social activities must be channeled through Service Chair and approved by the Board prior to any commitment. These decisions should be conveyed to all Rotarians and Anns during the RWM and/or through Viber.

Sep 23 and 30 - October being Breast cancer awareness month, treatment/ surgery of at least 12 is planned. Estimated cost is Rs 105,000/- per patient. IPP Sushil Bajracharya & VP Ram P. Shrestha agreed to contribute Rs 25,000/- each. Hospital charge of Rs 80,000/- per patient will be waived.

Dec 30 - Sergeant at Arms: Rtn Birendra Shrestha assigned supporting role from Jan. From Jan, club will provide sticker pin against Rs. 100/- sunshine to members not wearing Rotary Pin in RWM / Board meetings

May 5 - Endorsed amendment in by-laws regarding membership fees

## 10. PP COUNCIL

Sept 16 - Meeting of Past President (PP) Council held by Coordinator of the Council PP Surendra Govinda Joshi with main agenda of ToR preparation.

Sept 23 - PP Surendra G. Joshi was nominated as Chair of PP Council for 16-17

June 17 – PP council meeting nominated PP Surendra G Joshi as Chair for 17-18

## 11. ROTARIANS INVOLVEMENT IN ROTARACT ACTIVITIES

July 16 - Installation Program of Rotaract Club of Yala

July 30 - President Deepak K. Shrestha, Secretary Sarita Shrestha and PP Narahari Dass Joshi attended first club assembly of Rotaract Club of Yala at Taleju Restaurant. PP Prafulla Man Singh Pradhan facilitated the assembly.

August 20 - Matya Health camp at Vindylachhi in Lalitpur with the objective to aid and serve the participants of the annually held Matya Rally.

Mar 14 – President and Rotarians Urmila Shrestha, Kiran Nath Shrestha, PP Narahari Dass Joshi attended 20<sup>th</sup> Charter Day

Jan-Mar – Rotaracts assisted to circulate 4-way test banner to public places

## 12. TALK PROGRAMS

July 15 - Dr. Subhash Pyakurel (President) from RC Jawalakhel presented on “Palm Rotary”, information system of RI District 3252, a mobile based application for android. (Please download the App: “Palm Rotary”)

Aug 12 - Mr. Gaurav Pradhan presented NIBL Mobile Banking and E-Banking, a mobile based application for android and IOS. Mr. Santosh Khadka presented on NIBL Bancassurance which is an insurance policy through bank. Other guests from NIBL Dipta Shrestha, Srijana N. Basnet and Diwesh Shah Thakuri supported other two presenters.

Sept 9 – DGE Sanjaya Giri on Membership Development and retention

Sept 30 - Dr. Kapendra Amatya, Consultant Surgical Oncologist at Nepal Cancer Hospital and Research Centre on “Standing Together against Breast Cancer”

Nov 18 - Rtn Jitendra Bahadur Rajbhandari, talking on The Rotary Foundation

Nov 25 - PP Rtn Prafulla M S Pradhan delivered motivational speech on why to give, how to give in Rotary as well as different equations to increase fund in Rotary Foundation

Dec 9 - Ms. Padma Mathema on “Changing Development Need of Nepal – A Challenge”

Dec 23 –Rtn Dr. Nagendra Bahadur KC MD from RC Balaju on “Cardiopulmonary Resuscitation (CPR) – Basic Life Support”

Dec 30 - Mr Om Krishna Shrestha on “Concept of Social Security”

Jan 6 - Ms Namrata Pradhan (Daughter of PP Rtn Dhruba M Pradhan and Ann Minu Pradhan) on “Disability in Nepal (Focusing on children with disability)”

Jan 13 - Interaction on “ Tips for Classification Talk ” - Facilitators PDG Rtn Dilendra Raj Shrestha and PP Rtn Prafulla M S Pradhan

Jan 20 - Rtn Dr Santosh Shakya on “Prediabetes” (Diabetesity)

Mar 24 - Rtn Prem Singh on “Bee-keeping and Honey”

Mar 31 - Interaction on Rotary: The Rotary Foundation (TRF) by PDG Rtn Dilendra Raj Shrestha and Create Account/ Sign in to My Rotary by PP Rtn Prafulla M Pradhan

Apr 7 - Ms Menaka Thapa on "Advocacy on Sexual Exploitation"

Apr 28 - Rtn Subhakar Baidya on "Child Protection"

May 5 - Rtn Basanta Shrestha on "Climate Change: What can we do?"

May 19 - Classification Talk at Rotary, PP Rtn Prafulla M Pradhan

May 26 - Talk by TRF Committee Chair Rtn Dr Sumitra M Gurung on "Role of Microfinance in Economic Emancipation of Women in Rural Communities"

June 2 - Talk by Rtn Gautam Shrestha on "Software" and Demo on rotaryclubofyala website

June 9 - Talk by Actor/ Artist Rtn Madan Krishna Shrestha, RC Tripureshwar

June 30 - Talk by President Deepak K Shrestha on "International Trade Finance" - (Import/ Export and Bank Guarantee)

### 13. FELLOWSHIP

July 2 - 20<sup>th</sup> Installation

July 13 - 1<sup>st</sup> Board meeting fellowship dinner

Sept 23 - MOHANI BHINTUNA program with TIKA and SAGUN by Annes

Oct 21 - First group Birthday celebrated followed by fellowship dinner.

Jan 11 - RC Yala Anns Group organized heritage tour of Pashupati area on 11<sup>th</sup> January. Fifteen Anns and 6 rtns participated in the tour in and around Pashupati temple area.

Mar 3 - 2nd joint Birthday program. Main highlight of the prg was tika/sagun by Anns followed by entertainment and dinner.

June 16 - Joint Board Meeting fellowship Dinner

June 23 - 3<sup>rd</sup> joint birthday was celebrated. On the occasion, Anns group presented song and dance etc entertainment. President, PDG welcomed and felicitated newly elected Mayor of Lalitpur Municipality Mr Chiribabu Maharjan. Ann Srijana Shrestha offered tika sagun and Rtn Urmila Shrestha presented bouquet. Program was followed by Fellowship Dinner

### 14. COMMUNITY PROJECTS / ACTIVITIES

July 19 - DG visit preparatory meeting at Third World attended by committee chairs and members

July 22 - 4<sup>th</sup> Club Assembly on the day of DG's official visit to club as well as site visit to Bouddha Jana Bihar Jestha Nagarik Diwa Sewa Kendra, Sunakothi and Nepal Cancer Care Foundation, Satdobato and handover of Colposcopy Machine to Nepal Cancer Care Foudation.

July 29 - Cancer Awareness program at Banepa Yoga Bhawan jointly organised by RC Yala, RC Kavre Banepa, Nepal Cancer Care Foundation, Patanjali Yoga Samiti Kavre, and Avash Saccos Banepa in coordination with Anns from RC Yala

July 30 - Bhojan to Amas at Sang pang Chowk,

July 30 - Cancer awareness at Banepa

July 30 - Sri Krishna Jhula at Shanti Ashram

Aug 12 - Anns presented mixer to Harisiddhi Bouddha Bihar

Aug 27 - Rotarians and Anns visited Disabled Service Association in Bungamati and provided lunch including dessert, Braille paper and Scholarship to two students.

Aug 27 - Health Camp at Shanti Ashram

Sept 10 - Attended Anniversary of Bouddha Jana Bihar Diwa Sewa Kendra, Sunakothi

Oct 22 - Blood Donation Program was organized at Khapinchhe Tole, Lalitpur. A total of 36 persons participated including three from RC Yala, President Deepak K Shrestha, Service Project Director Rtn Prem Singh and new member Rtn Om Shankar Shrestha.

Oct 22 - A fun filled fair was successfully organized by RC Yala at Bagaicha Restaurant on 22nd October Saturday. Ten percent of the fund collected was used to support education of deprived girl children.

Oct 24 - President Deepak K. Shrestha, PP Kiran Shrestha, PP Dhruba Man Pradhan, Secretary Sarita Shrestha and Treasurer Chandra Bahadur Maharjan participated in World Breast Cancer Day Program at NCHRC Harisiddhi. PP Rtn Prafulla M S Pradhan, one of the speakers explained about Rotary as well as RC Yala involvement and commitment.

Oct 25 - Nepalese Association in Houston (NAH), USA representative Mr Madhukar Amatya and members of RC Yala Rtn Pramod Pradhan, Rtn Surendra G Shrestha, Rtn Prem Singh, and Rtn Kiran Shrestha visited Bagdevi School on the school's inauguration. RC Yala provided a total of

Rs31,80,000.00, contributed by NAH, to Bagdevi School.

Dec 28 - Distributed trousers & socks at Manjushree Briddhashram on 13th Poush

Jan 6 - Visually impaired boy Keshav from Disabled Service Association performed 3 songs. Ann Bhabani Shrestha and Rtn Urmila Shrestha presented cash contribution.

Jan 6 - Ann President Minu Pradhan handed over Rs. 50,005/- to Bouddhik Apangata Aama Samaj team for maintenance of pathway linking Samaj building to main road. On Feb 4, Rtn Surendra G Shrestha to contributed Rs. 10,000/- for Imadole Rehabilitation Centre for Autistic Children through Ann Group

Jan7 - VIA test done in Sonakothi

Mar 4 - Breast Cancer Awareness and VIA test camp was organized at Thasi.

Mar - Cancer awareness program held at Bhanodaya School

Mar 10 - 72 persons received the service of VIA and screening at Sanagaun, Lalitpur

Mar 25 -Free Papsmear Test Camp was jointly organized atNepal Diabetes Society, Ombahal

Apr 8 - Papsmear and mammogram camp was organized jointly with office of Lalitpur ward no. 18, Satdobato, Lalitpur

Apr 19 - At Bouddhik Apangata Punarsthapana Kendra, 5 Rtns and 6 Anns were present in the inauguration of access road. Anns group was presented certificate of appreciation for contributing Rs 68,055/- for road construction, out of total expenditure of Rs 231,180/-

Apr 29 - Cervical, breast cancer screening and awareness/ orientation program was organized at Dhaugha bajar jointly with Dhauga Bajar Mahila Samuha

Apr - Provided Rs 2,000,000.00 to Kshamabati School, Dolakha for reconstruction of school building  
May 1 - Handed over school kits to Bhanodaya School on May 1 worth Rs 92,000.00 including RS 40,000 worth of school materials and Rs 15,000.00 cash and another Rs. 27,000 cash for tiffin expenses collected from Rtns/ Anns

May 13 -Contributed School bags, stationary, shoes, track suit, tiffin box, water bottle, etc worth Rs 166,700.00 to Raksha Nepal. Also handed over utensils worth Rs 36,000.00

May 14 - Utensils, honey, etc worth Rs 12,500/- handed over at DSA Bungamati

May 26 - Provided Rs 150,000.00 for water supply facilities to Shree Kalika Devi Primary School and nearby households of Bhanjyangkharka-6, Mahankalchaur VDC of Kabhre Palanchok District. MoU was signed with Shree Kalika Devi Primary School

May 26 - Provided Rs 75,000.00 for drinking water facility at the community of Bhattedanda, Lalitpur. MoU signed with representative of Bhattedanda community

May 28 - Provided Khaja to 40 students at Brahmayani School, Thecho

May 31 -Bags etc to 30 students at Clark Himalayan School Bungamati

May - Felicitated Gyan Kumar/ Das Maya Maharjan and provided day lunch to 40 senior citizens at Sunakothi day-care centre

June 2 - MoU signed with Helping Society Nepal to support for drinking water in Ghyampedanda, and handed over cheque of Rs 135,000/- (90%)

June 3 - Rotarians and Anns participated in inauguration ceremony of Nepal Cancer Hospital and Research Centre. PP Kiran Shrestha was responsible for as consultant to the event management

June - MoU signed with NAH for reconstruction of Balkumari Schoolandis in the process for Global Grant

Breast Cancer Diagnosis toTreatment (Stand up against Breast Cancer) service already provided to three patients out of target of twelve. Three sponsors Rtn Ram Prasad Shrestha, E-club and IPP Rtn Sushil Bajracharya have already provided support @ Rs 25,000.00 each. Name of patients are:

1. Dhana Kumari Adhikari, age 34, Dhangadhi, Kailali, treatment on Dec 4, 2016
2. Mitra Kumari Dhimal, age 45, from Dangihat, Morang, treatment on Jan 5, 2017
3. Rohini Chaudhary, age 49, Gangaparespur, Dang, treatment on

#### 15. ENDOWMENT FUND

1. Vocational Award (Rtn. Sumitra M. Gurung) - Rs. 2,00,000/-
2. Girl Child Scholarship (Fund Raised from Exhibition) - Rs. 1,00,000/-
3. Health Awareness (Rtn. Deepak K. Shresha and Rtn. Shobha Shrestha) - Rs. 75,000/-

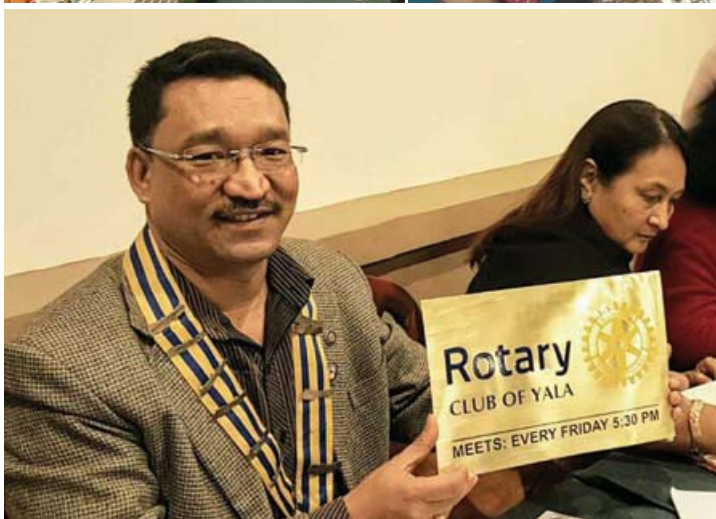
**Fixed Deposit : Rs. 10,00,000/-**





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## ROTARY CLUB OF YALA | 21<sup>st</sup> Anniversary Souvenir 2017-18









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## ROTARY CLUB OF YALA | 21<sup>st</sup> Anniversary Souvenir 2017-18

Club Assembly Attendance	Rtn	Dist Off	Anns	Rtr	Guests	Total
June 18 - 1 <sup>st</sup> Club assembly	20	2	10	1		33
July 8 - 2 <sup>nd</sup> Club Assembly	17	2			1	20
July 8 - 3 <sup>rd</sup> Club Assembly	17	2			1	20
July 22 - 4 <sup>th</sup> Club Assembly	22	3	17	4	6	52
Jan 27 - 5 <sup>th</sup> Club Assembly	20		10			30
June 17 - 6 <sup>th</sup> Club Assembly	21	1	8			30

RWM Attendance	Rtn	V Rtn	Anns	Rtr	Guests	Total
July	50	17	25	13	28	133
Aug	63	9	29	13	12	126
Sept	84	5	31	15	10	145
Oct	67	12	28	17	36	160
Nov	67	2	2	18	8	97
Dec	75	2	17	8	15	117
Jan	73	6	27	13	19	138
Feb	60	0	24	9	22	115
Mar	88	4	32	14	16	154
Apr	65	2	18	7	9	101
May	76	15	21	9	5	126
June	109	10	51	10	11	191

\*Attendance includes actual presence in RWM, not adjusting attendance makeup, attendance waiver and members outside country

Sunshine/ Month	Amt Rs
July	9,300
Aug	3,510
Sept	4,100
Oct	7,650
Nov	4,600
Dec	6,400
Jan	6,725
Feb	6,845
Mar	11,610
Apr	5,430
May	6,625
June	11,420
<b>Total</b>	<b>84,215</b>

*We wish  
all the best  
to*

**Rotary Club of Yala**  
*on the occasion of its  
21<sup>st</sup> Anniversary*

**Shree Laxmi Mahalaxmi  
Kastha Udhog**

श्री लक्ष्मी महालक्ष्मी काष्ठ उद्योग

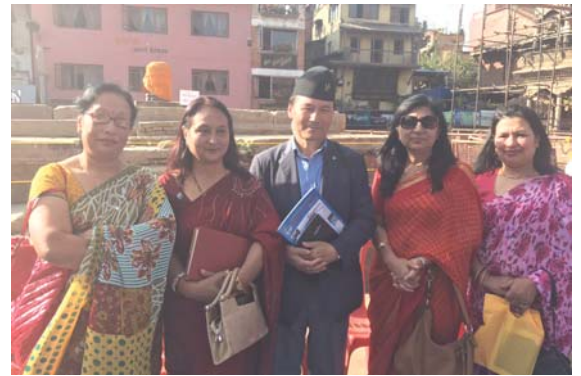
ल.पु. सातदोबाटो, गोदावरी चोक, ललितपुर  
फोन: ५५४३८८४ ५५४३८०७०  
फ्याक्स: ९७७-९-५५४३८८३



# Rotary Club of Yala













*We wish all the best*  
*to*  
**ROTARY CLUB OF YALA**  
*on the occasion of its*  
*21<sup>st</sup> Anniversary*



# A Sincere Effort of Youths to Improve Shree Bhanodaya Primary School Thasi, Siddhipur, Lalitpur



*Ann. Badri Laxmi Joshi*



Shree Bhanodaya Primary School was established by the Siddhipur farmer community in the year BS 1818 in order to provide basic primary education to the depriving children of the community. The school was later housed in a poorly facilitated shed constructed under 2046 earthquake rehabilitation project of the government. The school had about 250 students from the community then.

The existing building Bhanodaya School was built under the assistance of Rotary Club of Yala WCS program supported by RI District of 2700 Fukuoka, Japan in BS 2058. The school has a modern two storey building housed in a open land of 2 ropani with a playground. Unfortunately, by BS 2072 the school management became very weak and the count of students was drastically reduced to about 20 children. The government was about to merge the school with other public schools in the lack of students.

At the request of RCC Thasi, recently, RC Yala Anns carried out a health camp on VIA test in school premises. RC Yala members and anns found a positive sign in the improvement of the school in the school management and good teaching environment. The new school management briefed about the regeneration of

the school through the initiation of two local youths from Teach for Nepal. These youths were in serach of a school which could be improved and could provide good education fordeprived children. Although, the building was beautiful, the school was in pathetic condition with few students and poor management with intrusion of locals for animal grazings. The two youths took the responsibility of improving the school and provided volunteer service to enhance school facilities and quality of education. At present the school has about fifty sudents in the school with better approach for class discipline, cleanliness and hygeine, provisions of stationary and education materials, free dress and tiffin and extra curricular activities etc.

The school was further revitalised with fress paints and wall paintings for primary classes. The management has a target of increasing students over 80 by this year. The enrollment as increased by 50% in one year. The student attendance was used to be about 50% in the school. After the new initiation the attendance of the students has increased to about 90%. Even the examination results has increased to 77%. To make the best use of winter vacation, the school has arranged





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winter camp classes for the children of the village. Even the children from private schools benefited from the winter camp.

It appears that the better management and quality education is showing its results. So as the school image is enhanced day by day and more families are coming for admitting children in the school. The initiation of the two youths, Mr. Sagendra Shrestha (Masters in Mathematics and Education from Kathmandu University and BA from Sri Lanaka) and Ms. Ima Manandhar (Co-editor, Himalayan Times, also worked as Sr. Editor in

Maritius) are commendable. These two youths have worked hard since BS 2043 in improving the school management.

In consideration of the improvement of the school in terms of facilities and quality results in a community school, the RC Yala Ann Group has provided necessary education materials and funded tiffin for young children to be housed in a separate room as Early Child Development Center (ECDC). In total Rs. 76,500 contribution was being made in cash and kinds. The Anns also has decided to provide about 25% of Happy Sharing of the each Ann meeting for the purpose supporting day time tiffin to children.

The Ann group appreciates the school management for the endeavor to improve the school management and facilities, and wishes for its continued improvement in heightening the school performance, which will benefit deprived children of the community for quality education in a good environment.

Best wishes to  
**Rotary Club of YALA**



*the third*  
**Restaurant**

DURBAR SQUARE,  
BEHIND KRISHNA TEMPLE,  
MANGAL BAZAR, LALITPUR  
Tel: 5543206  
Email: dilendras@gmail.com

*We wish  
all the best to  
Rotary Club of Yala  
on the occasion of its  
21<sup>st</sup> Anniversary*

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Cell: 9851012613



# क्यान्सर रोग

## सम्बन्धी जनचेतना



आयन भवानी श्रेष्ठ

क्यान्सर बिभिन्न नसर्ने रोग मध्ये एक हो। यो रोग भएपछि निकोपार्न गाह्रो हुन्छ। यो रोगको लक्षण समयमै थाहा नहुँदा बिरामी डाक्टरकोमा पुग्दा ढीलो भै सकेको हुन्छ र त्यतिबेला यो रोगको उपचारबाट समेत निको हुन नसक्ने अवस्था हुन्छ। यसतो अवस्थामा बिरामीलेपनि औधि दुःख पाउँछ र धनको पनि नोक्सान हुन्छ।

क्यान्सर रोगले उमेर, लिंग जात केही भन्दैन। बच्चा, बृद्ध, युवा जुनसुकै उमेरकोलाई पनि यो रोग लाग्न सक्छ। महिलाहरूमा विशेष गरेर स्तन तथा पाठेघरको मुखको क्यान्सर बढी भएको पाइन्छ। महिलाहरूमा हुने यी दुई प्रकारका क्यान्सरहरूको समयमै निदान भएमा यसबाट बच्न सक्ने संभावना धेरै हुन्छ। अतः महिलाहरूमा यस सम्बन्धमा जनचेतना जगाउनु अति आवश्यक छ।

### स्तनको क्यान्सर

बिज्ञहरूका अनुसार स्तनको क्यान्सरको लक्षणमा पहिले स्तनमा गिर्खाहरू देखापर्छ। कहिलेकाहिं स्तनको वरिपरिको छाला परिवर्तन भै चाउरी पर्ने हुन्छ। स्तनको मुन्टोबाट फोहर वा रगत निस्कनु वा स्तनको मुन्टो गाडीनु आदि स्तनको क्यान्सरका लक्षण हुन सक्छन्।

### पाठेघरको मुखको क्यान्सर

महिलाहरूको गुप्ताङ्गबाट गन्हाउने फोहोर पानी बग्ने, महिनावारी बन्द भैसकेका महिलाहरूमा पुनः रगत देखा पर्नु,

महिनावारी अनियमित हुनु, यौन सम्पर्क पछि रगत देखा पर्नु आदि पाठेघरको मुखको क्यान्सरका लक्षण मानिन्छ।

माथी उल्लेख गरे जस्तै यी रोगहरूबाट बच्न नियमित जाँच तथा यस बिषयमा समयमै सतर्कता अपनाउनु पर्छ भन्ने ज्ञान हुनु अति आवश्यक छ। अतः यस बिषयमा व्यापक रूपमा जनचेतना जगाउने कार्यक्रमको आयोजना गर्नुपर्छ भन्ने कर्तव्यबोधका साथ रोटरी क्लब यलका महिला समुहले बिगत १० वर्षदेखि बिभिन्न जनचेतनामूलक कार्यक्रम तथा क्यान्सर रोग सम्बन्धी स्क््रीनिङ्गको कार्यक्रमको आयोजना गर्दै आएको छ।

### रोटरी क्लब यल महिला समुहको जनचेतनामूलक कार्यक्रम

नेपालमा भएका रोटरी क्लबहरूमध्ये महिलाहरू तथा रोटरीयनहरूका परिवारको बिभिन्न कार्यक्रमहरूमा सर्वाधिक संलग्नता रहने क्लबमा रोटरी क्लब यल अग्रपंक्तीमा आउँछ भन्दा अत्युक्ती नहोला। आफ्नो व्यक्तिगत स्वार्थभन्दा माथी उठेर सेवा गर्नुपर्छ भन्ने रोटरीको पबित्र उद्देश्यलाई आत्मसात गर्दै रोटरीयनहरूले गर्ने सेवा कार्यमा परिवारका सदस्यहरूको पनि सक्रिय साथ र हेको छ। महिलाहरूले पनि केही ठोस कार्य गर्नुपर्छ भन्ने भावनाबाट अभिप्रेरित महिलाहरूले सानातिना कामहरू त गरिराएकै भएतापनि ठोस काम गर्न अर्थको ब्यवस्था कहाँबाट गर्ने भन्ने समस्या त थियो नै।





सन २००४ मा जापानको ओसाकामा भएको रोटरी इन्टर नेशनलको कन्भेन्सनमा भाग लिने क्रममा ओसाका जाँदा यल क्लबका हितैसी मित्र ओसाका सेन्ट्रल रोटरी क्लबका सदस्य हिसाओ तानाकाज्यूले हामीलाई त्यहाँ एउटा संस्था (नाम याद भएन) मा लिएर जानुभएको थियो । त्यहाँ दिउँसोको खाजाको व्यवस्था महिलाहरूले गर्ने र खाजा बनाए वापत संस्थाको सदस्यहरूले तिरेको पैसा महिलाहरूले आफै नलिई सामाजिक कार्यमा खर्च गर्ने गरेको थाहा पायौ । यसै कुराबाट अभिप्रेरीत भएर रोटरी क्लब अफ यलका महिलाहरूले पनि क्लबको विशेष कार्यक्रमहरू हुँदा त्यसरीनै खाना खाउने र त्यसवापत पाएको पैसाबाट क्यान्सर सम्बन्धी जनचेतना जगाउने कार्यमा खर्च गर्ने शुभ कार्यको थालनी भयो ।

हालसम्म रोटरी क्लब यलका महिला समूहको सक्रियतामा नेपाल अर्बुद रोग निवारण संस्था, भक्तपुर क्यान्सर अस्पताल, नेशनल क्यान्सर हस्पिटल तथा रिसर्च सेन्टर, नेपाल क्यान्सर केयर फाउण्डेशन, नेपाल क्यान्सर अस्पताल तथा रिसर्च सेन्टर लगायत विभिन्न संघसंस्था तथा विशेषज्ञहरूको सहयोग समेतबाट काठमाण्डौ उपत्यकाका विभिन्न बिद्यालय, बिहारहरू, टोल छिमेक तथा गाउँहरू तथा काठमाण्डौ बाहिर अन्य जिल्लाहरूमा समेत

गरी ५० भन्दा बढी विभिन्न चेतनामूलक कार्यक्रमहरू संचालन गरीसकिएको छ । चेतनामूलक कार्यक्रम लगत्तै क्यान्सर स्क्रिनिङ्ग कार्य, विशेष गरी पाठेघरको मुखको क्यान्सर भए नभएको तथा लाग्न सक्ने सम्भावनाको समयमै निदान गर्न प्यापस्मेयर टेष्ट लगायत हाल आएर कोलोपोस्कोपी तथा VIA Test समेत गरी ३५ भन्दा बढी क्याम्पको समेत आयोजना भै सकेको छ । यसरी संचालन भएका कार्यक्रमहरूमा ५० देखी ३५० जना सम्मको सहभागीताभएको सुखद अनुभव रहेको छ ।

क्यान्सर सम्बन्धी जनचेतना जगाउने कार्यमा महिलाहरू एकसुरले दत्तचित्त भै लागेको, यसले देखाएको सकारात्मक नतिजाहरू तथा यस कार्यक्रम प्रति स्थानीय समुदायहरूले देखाएको चासो समेतका कारण रोटरीयनहरूले समेत अझ बढी हौसला तथा सहयोग प्रदान गरेको छ । साथसाथै यल क्लबका देश बिदेशका, विशेष गरी जापानको फुकुओकाका भगिनी सम्बन्ध भएका क्लबहरूको समेत सहयोग प्राप्त हुन थालेको छ । यसले राम्रो काम गरेको खण्डमा पैसा वा अन्य कुनै कुरापनि बाधा हुँदैन भन्ने प्रमाणित गरेको छ र यल क्लबका महिलाहरूलाई यस दिशामा अझ बढी लागीपन हौसला तथा प्रेरणा प्रदान गरेको छ ।

**Pizza**

**Burger**

**Sandwich**

**Quick bite**

**French Fries**

Momadugalli,  
Patan Durbar Square, Lalitpur.  
9861854426  
9808766179

## २०७३/७४ मा रोटरी क्लब यलको आयन्स गुपबाट गरेका क्रियाकलापहरू

- १ २२ July मा RC Yala को DG visit कार्यक्रममा DG जया शाहबाट जेष्ठ नागरिक दिवा सेवा केन्द्र, बौद्धजन विहारको लागि रु ५०,००० सहयोग गर्नुका साथै आफू उक्त केन्द्रको सदस्य पनि हुनुभयो । उक्त दिन Nepal Cancer Care मा DG बाट कोलस्कोपी मेसिनको उद्घाटन गर्नभयो र Mamo-Van को लागि मद्दत गर्ने वचन पनि दिनुभयो ।
- २ July 31 मा स्वास्थ्य सेवा शान्ति आश्रम दिवा सेवा केन्द्र शंखमूलको कृष्ण भुला कार्यक्रममा Anns Group बाट १०० जवान जेष्ठ नागरिकलाई रु ७,८५० रकम बराबरको खाजा वितरण गरियो ।
- ३ अगष्ट ३ मा मन्जुश्री बृद्धाश्रम, साम्पांग चोकमा बद्रीलक्ष्मी जोशी बाट रु ३,८८०, अगष्ट १३ मा मिना श्रेष्ठबाट रु २,०३०, १७ नोभेम्बरमा उमा जोशीबाट रु ३,२०० खाना र २८ डिसेम्बरमा मिन प्रधानबाट टाउजर बद्रीलक्ष्मी जोशीबाट मोजा र निर्मला शिल्पकार बाट टिफिन गरि जम्मा रु ४,१५० वितरण गरियो । ११ जवान आमाहरू लाभान्वित भए ।
- ४ अगष्ट १० मा १५ देखि २० जवान सम्म जेष्ठ नागरिकहरू आउने day care centre जेष्ठपर बद्धविहार हरि सिद्धिमा रु २,८०० बराबरको grinding mixture उमा जोशीबाट हस्तान्तरण गरियो र २० सेप्टेम्बरमा यहाँ पहिलो दोश्रो र तेस्रो जंकु सकिएका जेष्ठ नागरिकहरूलाई सम्मान गरेको कार्यक्रममा सहभागि आयन्बाट रु ३,२०० को बर्षि वितरण गरियो ।
- ५ अगष्ट २७ मा अपांग सेवा संघ बृंगमति मा भवानी श्रेष्ठबाट रु ९००० बराबरको लन्च र आइसक्रिम ६३ जवान अपांग बालकलाई वितरण गरियो । त्यहिदिन anns fund र शारदा जोशीबाट brail paper को लागि रु २४,७२० हस्तान्तरण गरियो । साथै रमना श्रेष्ठले scholarship पनि continue गरी रु १०,००० पनि दयाराम महर्जनलाई हस्तान्तरण गरियो ।
- ६ ३१ अगष्टमा स्वास्थ्य सेवा शान्ति आश्रम दिवा सेवा केन्द्रमा ENT, General, Orthopedics संबन्धि स्वास्थ्य शिविर भएको र विभिन्न औषधिको लागि रु ७००० र medical staff, Doctors र अरु support member को लागि रु १०,००० बराबरको Breakfast र lunch anns fund बाट प्रदान गरेका थियो । १०४ जवान विरामीलाई निशुल्कमा औषधि प्रदान र स्वास्थ्य जांच गरेका थियो ।
- ७ २३ सेप्टेम्बरमा RC Yala को Weely Meeting मा दशैको शुभकामना आदानप्रदानमा ६० रोटेरियन आएन र रोटोकहखिच टिकाटालो र सगुन दिने काममा रु २,४०० खर्च भिन, बद्रि, उमा, निर्मला र मिनाबाट गरेको थियो ।
- ८ २२ अक्टोबरमा Girl child support मा fund rising गर्नको लागि exhibition कार्यक्रममा anns group ले ६ वटा stall राखेर RC Yala लाई support गरेका थियो । त्यसबाट उठेको रकममा उर्मिला श्रेष्ठबाट थपेर रु १००,००० Girl child project का लागि दिएको थियो ।
- ९ ६ जनवरिमा बौद्धिक समाज आमा समाज स्कूललाई हिवलचेयर लग्ने बाटो बनाउनको लागि बाहिरका विभिन्न दाताहरू, रोटेरियन र आयनहरूको सहयोगमा रु ६८,०५० र साथै मिनु प्रधान र बद्रीलक्ष्मी जोशीबाट रु १००० बराबरको खाजा वितरण गर्नु भयो । त्यस कार्यक्रमबाट २१ जवान बौद्धिक अपांगता भएका व्यक्तिहरू लाभान्वित भए ।
- १० १५ नोभेम्बरमा ब्रम्हायणि स्कूलका ५० जवान विद्यार्थीहरूलाई उपा प्रधानबाट रु १५०० बराबरको खाजा वितरण गरियो ।
- ११ ६ जनवरिमा RC Yala को Weekly meeting मा बृंगमति अपांग सेवा संघका विद्याथी केशवलाई भवानी श्रेष्ठले आफु UK घुम्न जाँदा पाएको १४ पाउण्ड वरिबरको चिट्ठाको रकम रसाथै तिनवटा राम्रा राम्रा गीत गाए बापत उर्मिला श्रेष्ठबाट रु ५०० र भवानी श्रेष्ठबाट रु ५०० पुरस्कार दिईएको थियो ।
- १२ ११ जूनमा २१ जवान रोटेरियन र आयनले पशुपति मन्दिर Heritage Tour गरेको थियो र प्रत्येक संग रु २०० संकलन गरि रु ४,२०० आयन कोषमा राखियो र Resource person लाई मायाको चिनो र रु २,५०० उर्मिला अमात्यले दिनु भएको थियो ।
- १३ फेब्रुअरि ३ मा रोटेरियन आएन र छोराछोरी ज्वाइँ बुहारी गरि जम्मा १० व्यक्तिहरूलाई सम्मान गरियो । यसमा लागेको खर्च रु ४,०३० आयन कोषबाट गरि एको थियो ।
- १४ १२ मार्चमा उर्मिला श्रेष्ठबाट Yellow House मा योमरि बेचेको पैसा Diabetic Center मा भएको Health Camp मा रु १,२०० सहयोग गरेको थियो ।
- १५ मे १ मा भानोदय स्कूल ठसीमा ECD कक्षाको लागि रु ४,९५० बराबरको शैक्षिक सामग्री र बच्चाहरूको लागि चाहिने सामानहरू जस्तै कार्पेट, ओछ्यान, पिंग, म्याग्नेट बोर्ड, राउन्ड टेबल, डकराइड, म्याट प्रिन्टेड, पज्जल, रिंगस्पोट, ब्लक, सेफ्टि ट्वाइज, कपि, कलर, इरेजर, टावल, कोल्ड क्रिम, इत्यादि र यहाँ पढ्ने विद्यार्थीहरूको खाजाको लागि रु २७०० जम्मा रु ७६,५०० को सहयोग भएको हो र यसबाट ७० जवान विद्यार्थीलाई फाइदा हुनेछ ।
- १६ फेब्रुअरि १० मा बन्दिपुर पिकनिकमा RC Yala संग Joint meeting गर्दा sunshine Rs 2300 आयन कोषलाई प्राप्त भयो ।
- १७ मिना श्रेष्ठको दाजु विरेन्द्र मल्लबाट रु १०,००० बृंगमति अपांग स्कूलको लागि प्रदान गर्नभयो ।
- १८ हाठी हाठी प्रोजेक्टको लागि चाहिने लुगा सिलाउने मेसिनको लागि रु ६,००० रोटारायलाई दिएको ।
- १९ क्यानसरको हेल्थक्याम्पको लागि Matching District Grant मा आयनस फन्ड र अन्य श्रोत बाट जम्मा रु २७,५०० contribute गरेको ।
- २० १७ मे मा Day Care center बौद्धजन विहार सुनाकोठिको ज्ञानकुमार र वहाँको श्रीमती दस कुमारलाई सम्मान गरेको र ४५ जवान जेष्ठ नागरिकलाई खाजा खुवाएको





ROTARY:  
MAKING A  
DIFFERENCE

- थियो । सम्मान खर्च रु १,८५० मिनु प्रधानबाट र खाजाको रु ४००० मिनु प्रधान र बद्रीलक्ष्मि जोशीले sponsor गरेका हुन । साथै यस केन्द्रको संस्थापक लिला श्रेष्ठको बुहारिको थाइ साथीले donate गरेको रु ९,१७६ रकम पनि हस्तान्तरण गरियो ।
- २१ २२ मे मा २०६० सालमा स्थापना भएको रक्षा नेपालको संस्थापक मेनुका थापालाइ ५० जवान Rape Victim बालिकाको लागि चाहिने रु ३५,२०० बराबर को खण्डियाल, कचौरा, गिलास, कप, प्लेट हस्तान्तरण गरियो ।
- २२ मे २८ मा ब्रम्हायणि स्कूल ठेचोमा ४० जवान विद्यार्थीको लागि आयन फन्डबाट रु २००० र मिन प्रधानबाट रु २००० गरि जम्मा ४००० रकमको खाद्यान्न हस्तान्तरण र उर्मिला श्रेष्ठबाट रु ८०० र बद्रीलक्ष्मि जोशीबाट रु ३५० को खाजा वितरण यसको साथै मिन प्रधानको दिदी शुशिला प्रधानले आफै बनाएको ह्यान्डिकाफ्ट पनि हस्तान्तरण गरियो ।
- २३ मे ३१ मा Clark Memorial Himalaya School वुंगमतिमा ३० जना विद्यार्थीहरूको लागि रु २२ हजार ५ सय बर ।बरको व्याग, जुत्ता, मोजा, डङ्ग बुक र कलर पेन्सिल हस्तान्तरण गरियो । यसको कउयलकयच आयन फन्ड, मिनु प्रधान, शोभा श्रेष्ठ र गर्ल चाइल्ड प्रोजेक्टबाट भएको हो । यसको साथै निर्मला शिल्पकारबाट रु १,००० र उर्मिला श्रेष्ठबाट रु ३०० को खाजा वितरण गरियो ।
- २४ १ जलाई २९ मा बनेपामा Cancer awareness हुंदा १२० जवानको सहभागि भए ।
- २ अप्रिल २९ मा धपगाल बजारमा १३० जनाको सहभागि भए ।
- ३ अप्रिल २ मा RC Patan Durbar Square मा Talk Programme मा ४० जवान सहभागि भए ।
- ४ जनवरि ७ मा सनाकोठी बौद्धजन बिहार Day Care Center मा भि.आइ.ए. टेष्ट ६२ जनाका भयो र पोजिटिभ १० र इन्फेक्सन १ जनामा भेट्टाए ।
- ५ मार्च ८ मा ठसी भानोदय स्कलमा ७२ जवानको भि.आइ.ए. टेष्टमा ३ जनाको पोजिटिभ र ५० जनाको breast test भयो ३ जनाले परिवार नियोजन पनि गर्न पाइएको थियो र Awareness पनि भएको हो ।
- ६ २५ मार्चमा डाइबेटिक सेन्टर ओम्बाल काठमाडौंमा ६५ जवानले प्याप स्मेयर टेष्ट गरे र ७१ जवानले BP र Blood Sugar जांचेका हुन् ।
- ७ ८ अप्रिलमा सातदाबाटो वडा स्वास्थ्य कार्यालयमा १०३ महिलाले प्याप स्मेयर टेष्ट ९०, ९५ जनाको Infection देखापर्यो र १२ जनाले मेमोग्राम गर्नपरेको छ ।
- ८ २९ अप्रिलमा भल्ख धपगाल बजारमा ११५ जवान महिलाले भि.आइ.ए. टेष्ट गरिन र १३० जवानले Breast Test गरिन र ५० प्रतिशत डिस्काउन्टमा ६५ जवानले मेमोग्रामको लागि नाम दर्ता गराइन । ७ जवानको भि.आइ.ए. टेष्ट मा पोजिटिभ निस्के ।
- २५ १४ जनमा अपांग सेवा संघ बंगमतीमा ६५ जवान अपांग बालबालिकाको लागि रु १० हजार ७५ बराबर को बाउल, कप, चम्चा हस्तान्तरण गरियो । यसको sponsore गर्नेहरु मोहिनी मल्ल, मीनु प्रधान, बद्री लक्ष्मि जोशी, भवानी श्रेष्ठ यसको साथै रो. प्रेमसिं बाट रु. एक हजार बराबरको honey र भवानी श्रेष्ठबाट एक हजार चारसय साठी को विस्कुट वितरण भएको हो ।

*We wish  
all the best  
to  
Rotary Club of Yala  
on the occasion of its  
21<sup>st</sup> Anniversary*

**Pure  
NATURAL  
Honey  
Original  
Taste**



- ❖ Have honey day, stay healthy.
- ❖ Honey is good for the people all age.
- ❖ Regular taking of honey improves your memory power.
- ❖ Taking honey with hot water in winter warms you up quickly.
- ❖ Taking honey with the lemon water regularly helps you loose your weight.
- ❖ When you take tea, coffee, milk or any other soft drinks you better use honey instead of sugar for your health.



**N. STONE BEE CONCERN**  
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# Strategic Plan of Rotary Club of Yala (3 years)

2017/18 – 2019/20

The strategic plan of RC Yala for 2017-2020 was drafted at the Club Assembly held on 17<sup>th</sup> June 2017 jointly by participating Rotarians and Anns. The current and incoming Chairs of Standing Committees led various working groups. The members of the Strategic Planning Committee helped compile the output from the assembly into the current form. The next exercise (by end of June) will develop detailed time-bound activities with budget and identified coordinator for the Rotary Year 2017-18.

Strengths, Weaknesses, Opportunities and Challenges (SWOC) analysis:

## 1. Where are we now?

Today's date: 18<sup>th</sup> June 2017

### Club Strengths (internal)

- Active participation of Anns and Rotaracts in club activities
  - Diverse skills and experiences of members
  - Strong club presence (representation) in district teams
  - Excellent family values and relationship
  - Diverse fellowship events
  - Projects and activities related to community needs
  - Flagship projects (cancer diagnosis and awareness, water and sanitation, support for elderly, special needs children and students, school support, girl child scholarship)
  - Extensive Rotary knowledge among some members in the club
  - 100% members registered at "MyRotary"
  - Enhanced visibility (revived club website and Facebook)
- Improved communication among members and Anns (Viber, emails)

### Club Weaknesses (internal)

- Low attendance at RWM (~60%) and club events
  - Sub-optimal use of expertise available in the club
  - Only few members visit other clubs
  - Club management system not robust and not effectively used
  - Club committees not sufficiently active and effective
  - Many new members are less involved in decision making and club activities
  - Some reluctance to adopt change (e.g. for planning and documentation)
  - Defunct RCC and Interact
- Ignorance about what other clubs are doing

### Club Opportunities (external)

- Partnership with local authorities (newly formed Municipality and Village Development Councils)
  - Partnership with other Rotary Clubs for joint projects
  - Develop "Rotakids" in selected communities/schools
  - Strengthen working relationship with Anns Group and Rotaract Club of Yala
  - Access to Global and District grants
  - Support from District Committees and officials
  - Participation in District and RI events
- To become a model club in the District (strong and united team, improved image, projects with high impact, effective partnerships, new leaders)

### Club Challenges (forthcoming)

- Retaining club prestige and credibility
- Fully utilizing skills and capacity of club members, Anns and partners in club programs
- Recruiting young and quality members, especially women
- Raising funds for club projects
- Motivating members to attend RWMs and other club events
- Convincing all members to accept change for better future
- Finding inspiring and exciting external speakers
- Make best use of Past Presidents



We wish  
all the best  
to  
**ROTARY CLUB OF YALA**  
on the occasion of its  
21st Anniversary



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## 2. Where do we want to be (anticipated achievements)

**Targetdate:30<sup>th</sup> June 2020, In 3 years (goals)**

1. Good partnerships and working relationship with clubs within and outside Kathmandu; at least two sister clubs with effective joint programs
2. RC Yala Endowment Fund of at least 10 million Nepalese Rupia (1crore) with clear fund management plan to sustain priority activities of the club
3. Maintain at least four strategically focused vocational awards to be given annually
4. Effective Regular Weekly meetings, Board meetings and Committee meetings
5. Membership growth of 10 (at least 5 women)
6. At least 2/3rd new members actively participate in RWMs and club event.
7. 100% members registration at My Rotary every year
8. Improved quality of membership (participation & contribution) in the club (indicators of quality members to be developed)
9. Adoption of 3 villages with supporting development activities through RCC– (possibly Chitlang, Lankure Bhanjyang and Jyamdi)
10. Contribution of US\$ 20,000 to TRF
11. 100% members are Paul Harris Fellow (PHF)
12. At least 3 Paul Harris Society (PHS) members
13. At least 5 club members are major donors
14. Co-hosting at least 10 district events
15. At least 20% members active with various important District roles
16. At least 3 Global Grant projects in action
17. Active projects on (a) support for education of girl students, special needs children and elderly; (b) cancer prevention; (c) water and sanitation at households and schools
18. At least one "Rota kids" team setup in Lalitpur
19. RC Yala recognized as a key community service organization (demonstrated credibility, salience and legitimacy)
20. Enhanced image of Club and Rotary in the community and District 3292
21. Information dissemination through regularly updated web and other social media
22. Improved knowledge amongst members and Anns to use digital systems (apps, software, web)
23. RC Yala will have its own building

### Vision statement:

RC Yala is recognized locally and in District 3292 as a strong and vibrant club with its members actively participating in high-impact service projects and club development with the support of Anns, Rotaract Club and partner Rotary Clubs and local authorities.

## 3. How do we get there?

To reach our vision, the following goals and actions are proposed for the year 2017/8. The proposed goals and actions fall within three strategic priorities of RI namely (a) Support and Strengthen Clubs; (b) Focus and Increase Humanitarian Service, and (c) Enhance Public Image and Awareness.

### Club Administration Committee Goals:

(a) Make club meetings interesting and effective; (b) establish good external relationship beyond club; (c) enhance Rotary Knowledge among members.

### Actions:

- Review and revise club bylaws if required
- 48 Regular Weekly Meetings of RC Yala
- Produce Club Bulletins from each RWM
- 12 Board Meetings
- 6 Club Assemblies
- 12 guest speakers including 3 international speakers at RWM
- 12 classification talks with priority to new members
- 12 panel discussions on contemporary issues
- Achieve 70% attendance; recognize makeups
- Sister relationship with 2 Rotary Clubs
- 1 joint meeting with other clubs
- 1 joint meeting with Anns
- 1 joint meeting with Rotaract Club of Yala
- Felicitation program for family members of Rotarians (S.L.C, +2, Bachelors, Masters) in collaboration with Anns Group
- Dashain and Tihar greetings event in collaboration with Anns Group
- 3 joint birthday celebrations
- 1 fund raising program (exhibition and sales)
- Ensure 100% registration at My Rotary
- 1 heritage tour
- 1 futsal match between Rotary and Rotaract members
- 1 tour/picnic outside Kathmandu valley
- Publish Club Souvenir that captures club activities and Rotary Information

### Membership Committee Goals:

(a) Add 5 new members from diverse and unfilled classification; (b) retain minimum 90% of current members; (c) effectively engage members in club activities; and (d) enhance capacity, knowledge and skills of members.

### Actions:

- Conduct classification survey and update classification roster
- Induct at least 5 new members (2 male and 3 female)
- Organize one Rotarian non-Rotarian interaction
- Achieve over 90% membership retention
- Assign mentors for new members with mentor orientation
- Hold at least 6 Membership Committee meetings
- 1 induction orientation program for potential new members
- 6 training/orientation events to improve IT, interpersonal and communication skills of members and family members
- Conduct a membership feedback workshop following members' feedback with satisfaction feedback form and club health check forms
- Minimum 25% members participate in various district events including district membership seminar
- At least 2 members participate in Membership Development Group
- At least 3 members participate in RI Membership Webinar (online participation)

Encourage members to make best use RI website

### Service Project Committee Goals:

(a) Apply for at least 3 Global Grant projects; (b) implement a range of humanitarian service projects; and (c) engage in earthquake reconstruction and rehabilitation projects.

### Actions:

- Scholarship for at least 12 school children of earthquake affected families
- One event each of blood donation, vision test, diabetes, oral health, heart diseases and physiotherapy
- Cancer awareness and test camps to cover all wards of LSMC
- 2 water and sanitation (WASH) projects
- 5 events of school support
- 2 events to support Senior citizens (day care & old age home)
- 2 school reconstruction projects (global Grant)
- 2 events to support to special needs children
- 1 event on traffic awareness

- Vocational training (for income generation) for 50 single women
- Engage international volunteers (VTT) for capacity building of local social organizations 2 projects in partnership with Rotaract Club of Yala

### The Rotary Foundation Committee Goals:

(a) Contribute US\$ 8000 in cash to TRF; (b) co-host TRF events of the District; and (c) Participate in all the events of District on TRF.

### Actions:

- Contribute US\$ 8000 to TRF
  - Become 100% contribution club
  - In collaboration with Club Service Project Committee, develop at least 2 Global Grant projects with minimum 10% contribution of club's major donors; potential projects: health and education, special needs children or water and sanitation
  - Motivational event for club members to contribute to TRF
  - Co-host 1 TRF event of District 3292 (preferred in November which is the Rotarian month)
  - Add one PHS member
- Monthly committee meeting

### Public Relation Committee Goals:

(a) Organize events that contribute in building public relations; (b) maintain and update club website; (c) widely distribute Rotary publicity materials; and (d) celebrate important and dedicated days to enhance public image and visibility.

### Actions

- 1 event to felicitate and award (vocational) non-Rotarians in the community
- Visible participation in at least two municipal events
- Regular website maintenance and updates
- 1 family based product exhibition
- 1 culture program/tour carrying bags and caps with Rotary logo
- Produce materials to highlight Rotary image in the community
- Install city/tourist map at a strategic location
- Club participation in polio rally, World Cancer Day and other relevant events

To monitor our progress, following steps will be taken.

Prepare the annual plan and budget for 2017-18 based on the 3-year strategic goals.

Monitoring and Evaluation: (a) A Strategic Planning Committee, comprising of President Rtn. Dr. Laxman Joshi, Rtn. Prafulla MS Pradhan and Rtn. Pramod SS Pradhan, has been formed to help with developing budgeted action plans for 2017-18, assign Rotarians and Anns to facilitate different activities and to provide guidance as required

# पानीजन्य रोग लाग्नबाट बचाउँ र बचाऔं भाडापखाला, आउँ, हैजा, टाइफाइड जस्ता रोगहरुबाट बच्ने उपायहरु

## • सुरक्षित पानी मात्र पिउने गरौं ।

घरेलु स्तरमा नै सजिलो र भरपर्दो रुपमा पानी शुद्धिकरण गर्न सकिने उपायहरु:

- ♦ पानी उमालेर
- ♦ पीयूष वा पीयूष प्लसद्वारा क्लोरिनेशन गरेर
- ♦ सी.एस. फिल्टर (कोलाइडल सिलभर फिल्टर)  
जस्तै: “स्वच्छ फिल्टर” द्वारा पानी फिल्टर गरेर

## • साबुन पानीले हात धुने बानी बसालौं ।

खाना खानु, खुवाउनु, पकाउनु वा पस्कनु अघि;  
चर्पी प्रयोग गरेपछि, बच्चाको दिसा धोइदिएपछि वा  
फोहोर छोएपछि अनिवार्य रुपमा साबुन पानीले  
मिचीमिची हात धुन नबिसौं ।

## • खानाको स्वच्छताको बारेमा ध्यान दिऔं ।

- ♦ खुल्ला रुपमा बेचन राखिएका खानेकुरा उपभोग नगरौं र नगराऔं ।
- ♦ बासी, सडेगलेका तथा भिँगा भन्केका खानेकुराहरु नखाऔं र नखुवाऔं ।



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# दिन्ता हैन निश्चिन्ता छ किनकि जगदम्बा है छ

यसले किछ भूकम्प प्रतिरोधक निर्माण र जीवनभरको निश्चिन्ता ।



\*भूकम्प प्रतिरोधक घर, भवन तथा सरचना निर्माणका लागि गुणस्तरिय निर्माण सामग्री र निचय अनुसार निर्माण प्रविधि कार्यान्वयन आवश्यक पर्दछ ।

**JAGDAMBA**    
EARTHQUAKE RESISTANT REBAR  
नेपालको सबैभन्दा विश्वस्तनीय भूकम्प प्रतिरोधक छ ।

- अन्तर्राष्ट्रिय उच्चस्तरीय कच्चापदार्थमात्र प्रयोग गरी नेपालकै एक मात्र अत्याधुनिक गुणस्तर निचयना प्रविधि तथा स्वचालित प्रणालीद्वारा उत्पादित • अन्तर्राष्ट्रिय गुणस्तर

किनकी हामी दिन्धी तपाईंले सोचे भन्दा बन्ने गुणस्तर