

ROTARY INTERNATIONAL DISTRICT 3292 NEPAL-BHUTAN

# ROTARY CLUB OF YALA

चाह्यनी क्त्व यत्न



SERVE TO CHANGE LIVES

*Souvenir*  
25th Anniversary  
2021-22





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## FOUNDER OF ROTARY

Paul P. Harris  
1869-1947



*Paul Harris, the father of Rotary Movement was born on April 19, 1868. When he passed away on January 27, 1947, he left behind for mankind a rich legacy of fellowship and brotherhood for international understanding and service to humanity. Today, the seed he sowed in 1905, has blossomed into a large tree having more than 1.2 million members from more than 34,000 clubs in 200 countries.*

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*We wish all the best  
to  
ROTARY CLUB OF YALA  
on the occacion of its 25th Anniversary*



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10 May 2021

Dear fellow Rotarians:

We have been through trying times together. We have helped the world cope with uncertainty and adapt to rapid change. Now is the time for us to dream big.

It is time for us to take on major challenges, to do more and grow more, and most of all, for us to care for and share with others.

This year, we note all the ways that we Serve to Change Lives. Service is the rent we pay for our time on earth and we will expand Rotary service as we “grow more and do more.” We will grow through “Each One, Bring One.” If every Rotary member could bring just one more person to Rotary, there is no limit to how much we can grow. We will do more by putting a special emphasis on empowering girls, so young women can have improved opportunities worldwide. We will also feature Rotary Days of Service, so that all members share in our good works around the globe and look for new ways to serve beyond their backyards.

It is our attitude that defines service. We all have a great opportunity to lead by example and to inspire each other to participate in projects that have a measured and sustained impact.

The District Board has assumed important responsibilities and I thank them for this hard work. They have made a commitment to help grow Rotary, adapt to the digital future and make Rotary more appealing to younger generations.

Your good work will help us serve our communities and help Rotary thrive so we can Serve to Change Lives.

Kindest regards,

Shekhar Mehta  
Rotary International President, 2021-22





# Message from District Governor 2021-22



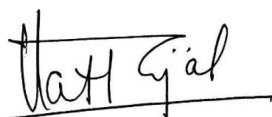
Dear President  
Dr. Sumitra Manandhar Gurung  
Rotary Club of Yala

Congratulations on your Club Installation and Presidency for the year 2021 – 22. With your leadership you and your team now enter this new phase of immense responsibility as the pandemic rages on with no sign of slowing down affecting our daily lives. As we continue to grapple with this ‘challenge’ and its constant threat, Rotary continues to serve, identify and implement improvements in our communities through the many avenues of service while maintaining our core value ‘service above self’.

I am confident of your passion and dedication to serve and lead which is apparent by the level of confidence your Club leaders have shown in you. Your acceptance of responsibility in these challenging moments should be an encouragement and inspiration to the many that will follow you to lead this great Club.

Rest assured it is going to be a busy year but it will be rewarding and I reassure you of all the help from the District. While I wish you a wonderful and successful year of Rotary service go onward to “Serve to change lives” and “Live to Serve”.

Best wishes.



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Yours- In-Rotary  
Santosh Prasad Rijal  
District Governor 2021-22





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# Message from DGE 2021-22



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Rtn. Dr. Sumitra Manandhar Gurung  
President 2021-2022  
Rotary Club of Yala

Dear President Yala and Rotarian Friends  
from Rotary Club of Yala

My best wishes and hearty congratulations  
to President 2021-2022 Rtn. Dr. Sumitra  
Manandhar Gurung, Board members and  
all friends from Rotary Club of Yala for  
upcoming Rotary Year 2021-2022.

We have just now completed Rotary  
Year 2020-2021. The world is still going  
through COVID-19 Pandemic. Rotary  
International, our District 3292 and Rotary  
Clubs have done our best by providing  
services to communities by humanitarian  
services, and working in partnership  
with the Government of Nepal and Local  
Authorities to serve the communities at this  
time of global crisis, which is the true spirit  
of Rotary.

In the coming year 2021-2022, RI  
President has given the theme "Serve to  
Change Lives". True to its spirit, I am  
confident Rotary Club of Yala under the  
able leadership of Club President Rtn. Dr.

Sumitra will support the society by serving  
the community at this time of crisis.

Once again my best wishes and  
congratulations to Rotary Club of Yala and  
wishing you the very best in the year 2021-  
2022 and years to come. I look forward to  
your club's support and working closely  
with your club in the Rotary Year 2022-  
2023 to serve the Communities.

Yours in Rotary

Rtn. CA Jitendra B. Rajbhandary  
District Governor 2022-2023  
1st July 2021



# Message from AG 2021-22



SERVE TO CHANGE LIVES



Dear President Rtn Dr. Sumitra Manandhar Gurung, Club Officers, Chartered President, Chartered Members, Club Officers and Members,

It is my great pleasure to be the Assistant Governor on behalf of District Governor Rtn Santosh Rijal to assist Rotary Clubs of Yala and three others club of Zone 14, Region III.

I am immensely enjoying working together with you and your Club to contribute in the seven avenues of Service to need of our communities though Rotary International core value and four way test.

I greatly appreciate the dedication of the President Rtn Dr. Sumitra Manandhar Gurung in leading the Club and inspiring members for the spirit of "Service above Self" and "those who profit most who serve the best". To my knowledge President Rtn Dr. Sumitra is the one among the most dedicated President of a Club in the RI District 3292 Nepal/Bhutan in RY 2021/22. I regard this a very proud moment for all Rotarian and is a great inspiration for me and all members of Rotary Clubs of Yala. So on the behalf of District Governor Rtn Santosh Risal I take privilege to Congratulate Madam President and entire board members for officially installed on 25th. Club's Installation Ceremony on 2 July 2021. I am very confident that Madam President and her team will be very

successful meeting the goals of District Governor Rtn Santosh Rijal and his theme "Live to serve" and Rotary International President Rtn Sekher Mehata's theme "Serve to change lives".

I also would like to Congratulate President Rtn. Dr. Sumitra Manandhar Gurung, Chartered President, and Chartered Members, board of RY 2021/22 and club members of Rotary Club of Yala for successful completing 25th. Years in the Rotary movement and able to celebrate 25th. Anniversary Day June 28 2021. I appreciate the contribution of all Past Presidents, Club Officers and all Rotarians and Spouses for able to maintain a great bonding among the members, implementing many humanitarian service projects in six avenues changing lives of need and contribution to The Rotary Foundation.

I wish you all the best to future inspire and motivate all Rotarians to amplify their positive power and personality to make your club future vibrant, and make future contribution to the society in making the world better place to live.

With all my best wishes and Greetings

Rtn Sunil Krishna Shrestha  
Assistant Governor 2021/22 Zone 14,  
Region 3  
RI District 3292 Nepal/Bhutan





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Club of Wrexham Yale District 1180

## Greetings from Wrexham Yale

Dear friends and fellow Rotarians

I would like to send my best wishes and those of our President Medwyn and members of Wrexham Yale to your president and all members of Rotary Club of Yala on their 25th Anniversary. This is a wonderful achievement and I know that your members have worked so hard over those years to give service to Rotary and to help others.

Together, we have worked on various projects, such as the Brick School, The Wells water project, and some equipment for your hospital. I was also very lucky to be a signatory when our two clubs formed a Rotary twinning friendship, and to work with your Rotaract club and release the Peace Message on one of my visits.

We were extremely fortunate to have Past District Governor Dilendra Shrestha and his lovely wife to visit here in Wales at our District Conference in 2016 when I was District Governor. He was representing the Rotary International President and he did a wonderful job. It was great to spend some time with them both.

I have many wonderful memories of my visits to Nepal and I do hope I can visit again before I am too old to travel. I will



never forget the warmth of your welcome to me and my colleagues and I know I have made friends for life. I fell in love with your country and its people.

Congratulations on 25 years of dedicated service to wonderful people in a beautiful country. I wish you all peace, health and happiness and hope to return to see you all again some day soon. Enjoy your celebrations. I wish I could be there with you.

Yours in Rotary Friendship

Molly

Molly Morrison MPHF  
Rotary Club of Wrexham Yale  
RIBI Leadership & Development Team  
2020-2023  
RI Assistant Co-ordinator Public Image  
Zone 17 2017-20  
R I President Representative to Denmark  
District 1480 2018  
District Governor 2016/17 District 1180





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Club of Branchgurg, District 7510

## Greetings from Branchburg



I am pleased to extend my congratulations to the Rotary Club of Yala for the 25th anniversary of your humanitarian service in Nepal. This accomplishment is truly worth celebrating.

How we choose to spend our time reflects who we are. By choosing to devote not only our time but our skills and effort to the people of Nepal, you're showing others what you value most: making a difference in our community and communities around the world. It's through Rotary that we have the opportunity to make a significant difference in our community and in the world.

I am very happy that our two clubs have been able to do many global grant projects to help needy people in Nepal. I am very proud of global grants for Gorkha to help with drinking water and environmental project in Tokha. During my visit to Nepal, I have been able to learn about your club's wonderful projects. Also, I am very grateful to PP Kiran Shrestha for coordinating our Annual Humanitarian Award programs in 2010, 2014 and 2017.

As members of the Rotary family, we are part of a worldwide organization making a difference around the globe. It is because

of Rotary that we could make history by ending polio, to educate the children of the world, to feed the hungry, and to meet the needs of local and international communities. By working together, we are all capable of accomplishing great things. Congratulations on your 25th anniversary and I look forward to working with your club for many years to come.

I wish you all the best as you continue the tradition of Rotary Serving Humanity.

Sincerely,

Dr. Tulsi R. Maharjan  
Past District Governor, RID 7510  
New Jersey, USA.





## Message from President 2021-22



Ok, so we are 25 years old! A quarter of century of service! A Club with history, geography, heritage, family, culture, amusement, stories, companionship and striving to serve and change lives of our citizens!

I am proud to be a member of this Yala Club. It's uniqueness stands out amidst 125 plus clubs in the country today. The best part of this club that I have witnessed and experienced is that of the engagement of all members, anns, rotaracts and interactors undertaking wide range of responsibilities and learning as an outcome! The sense of service balanced with family values and amusement, fun and food (Newari specially) gives not only the members a good platform to mingle and share our part in the service projects but also guests who participate in various events recalls the Club as one that gives them an experience of Newari cuisine, fun and fare! Members and Anns, especially, learn from each other and build their leadership capabilities beyond the call of homemaking. The Rotaracts and Anns ability to express professionally and deliver service while acquiring a range of skills for everyday needs i.e. mobile banking, staying healthy, knowledge on national and international issues – Covid and how to fight it off etc. attracts them and keeps their membership alive. This is why the Club maintains retention of 95% of its members. To keep

interest of 60 members alive is a challenge to any Club these days when your social media keeps you occupied. But Rotary Yala had so far managed to give the human touch and I hope I can further enrich it, enshallah!

I have the responsibility to further the credibility of the Club through this 2021-22 tenure. If at all possible I would like to shed the image of Rotary as a Club of affluent, wealthy, business people but a Club where people with a sense to serve others, less fortunate ones with their own earnings and not expecting others (donors, NGOs) to contribute. The Club gives the opportunity to 'give' what you have – your time, knowledge, skill, experience, money or physical items like food, clothings, seeds or tin sheets as the need arises in the community. I never felt I am a part of the affluent society or rich peoples club. But outsiders somehow still carry this image and hesitate to join. Those who are in doubt, please come and be a part of this Club and experience, service above self and realize it is full of fun and meaning to life! I invite all interested to be part of our fun-ful, feast-ful year of 2021-22. Cherrio!

Sumitra Manandhar Gurung  
President  
Rotary Year 2021-22!

## Message from President 2020-21



The year 2020-21 has been quite challenging for all. It started when the first wave of COVID was on its rise and ended with the second wave just subsiding. In between, we had only a few months, when we could move out of our homes with necessary safety measures. Running club activities as usual in such situation was quite challenging. Many service projects of 2020-21 were hampered due to lockdown. Public events and in-person fellowship activities had to be postponed. Despite of these challenges, we were able to keep our club vibrant. Inspired by the RI theme of 2020-21, that says, "Rotary opens opportunities", we looked for emerging opportunities to serve in the given situation. We re-prioritized our service activities to support hospitals in their bid to combat COVID and schools to continue online and in-person teaching during COVID.

We provided two COVID hospitals, namely Nepal Korea Friendship Municipal Hospital and Bajrabarahi Chapagaun Hospital with equipment such as high flow nasal cannula (HFNC) and BIPAP machines to treat the COVID patients with low levels of oxygen saturation. We provided protective materials as well for the safety of health workers. The biggest highlight of our Club in 2020-21 was that we had our first Global Grant Project in the year. The Project will install high capacity PCR machine with test kits at Nepal Korea Friendship Municipal Hospital by mid-July 2021. With this support, the capacity of the hospital to test and track COVID infection in communities will be enhanced significantly.

Whenever situation allowed, we carried out activities in communities such as screening camps for cervical and breast cancer, free health camps, plantations, e-learning in schools etc. As our outreach to communities was constrained, we focused our effort in strengthening the club administration. We amended Club by-laws, developed directives on

Club's endowment fund, and initiated amendment of RC Yala's Bidhan as per government's act as well as drafting of Club's first financial management plan. We have created Dr Kedar Lal Shrestha Education Foundation to support schools and students for their educational development.

Although we were not able to meet in person, we kept connected regularly through our virtual meetings. In fact, the virtual meetings made it possible to have more joint meetings with other Rotary clubs, invite larger number of non-Rotarians, and bring in speaker from outside the country.

This year, two most senior Rotarians of our club – Rtn Dr. Kedar Lal Shrestha, Charter President and Rtn Prafulla Man Singh Pradhan, Past President passed away. It was an irreparable loss to the club and was a big shock to lose them in 25th Anniversary Year. However, their legacy and memories will continue to guide us in all years to come.

Despite of the grief and challenges, we have achieved a new milestone this year. I heartily thank all Rotarians, Anns, Rotaractors, Interactors as well as District 3292 and our partners for their support and engagement in collective efforts in various ways to make it happen.

I extend my best wishes to Dr Sumitra Manandhar Gurung, President of Year 2021-22 and her entire team for their success in leading the club to an even higher level.

Subhakar Baidya  
President 2020-21  
RC Yala





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## Message from Ann President 2020-21



It gives me immense pleasure in extending my sincere gratitude to all my Anns fellows, Rotarians, Rotaract and Interact of our Club "RC Yala". Also i am happy to know that our club is stepping successfully towards 26 th years of its opening. For this, i would like to congratulate all members of this club for their valuable time and efforts for keeping the club intact and in charitable status. Also, i would like to congratulate our President Rtn. Sumitra Manandhar Gurung and her team for successful tenure .

Leading the leaders of the society is always a challenge. Beginning of the new rotary year is always exciting. A new leader takes over to set a new milestone by continuing the Rotary movement and to create new ideas to serve the mankind and empowering the deprived layer of the society. As Rotary theme for the year 2021-2022 is "Serve to Change the Lives". we should approach the program targeting to the community to achieve the common goal

No role is small in the Rotary club. Role of each member is equally important to make club successful. And so, I feel honoured and humbled to become the President of Ann's group of RC Yala. Anns group in the RC Yala is supportive, empathetic, charming and active in the club. I very humbly urge all Ann's group and all member of the club to give their best to make Rota year 2021-022 successful. I hope enthusiasm of the ann group will continue to increase in Rota year 2021-022. I am sure that our president Rt. Sumitra Manandhar and her team will work joyfully and lead us to build the club in greater height.

Thanks and Best Regards  
Kumud Maskey Pradhan  
President Ann's group 2021-2022.



## शुभकामना सन्देश

नयाँ रोटरी बर्ष २०२१-२२ को सबैलाई शुभकामना ।

प्रत्येक बर्षको मनसून बर्सातको आगमन सँगै आयन समुह र रोटारीमा बिगत एक रोटरी बर्षको कार्यकालमा सम्पन्न भएको कामको समिक्षा तथा उत्सुकताका साथ नयाँ बर्षको कार्य योजना बनाउने कामले गति लिन्छ । गत साल यही समयमा आयन समुहको नयाँ बोर्डले पनि कोभिड-१९ को माहामारीको छिटै अन्त्य हुने बिश्वासका साथ सामाजिक सेवा केन्द्रित कार्य योजना बनाएका थियौं । माहामारी हालसम्म पनि चर्किरहेको अवस्थामा समाज सेवाका केही काम गरे पनि योजना अनुसारको काम, बिशेष गरी भौतिक भेला गर्नु पर्ने र मनोरञ्जन कार्यक्रमहरू गर्न सम्भव भएन । अष्टयारो परिस्थितिमा पनि एक किसिमले सन्तोषजनक काम भयो । यसको लागि आर्थिक एवं भौतिक सहयोग गर्ने सबैलाई धन्यवाद दिन चाहन्छु ।

नयाँ बर्ष पनि आयन समूहले गर्ने परिणाम उन्मुख सामाजिक सेवाको लागि एकता, सहभागिता, स्वतन्त्रता तथा आपसी सम्मान को भावना सहित थप सामाजिक सेवा तथा मनोरञ्जन कार्यक्रम गर्नेछ मेरो बिश्वास छ । रोटरी बर्ष २०२१-२२ को लागि चुनिएका आयन बोर्डका सदस्यहरू लाई बधाई पनि दिन चाहन्छु ।

उमा जोशी

प्रेसिडेण्ट, आयन समुह बर्ष २०२०-२१



## Message from Rotaract President 2021-22



Warm Rotaract Greetings,

As Rotary Club of Yala moves towards the glorious 26 years in Rotary movement, on behalf of the entire Rotaract Club of Yala family, I would like to congratulate our parent Club. Rotary Year 2020-21, what a wonderful tenure it has been to look back upon. Despite the COVID-19 situation, Rotary Club of Yala has been unstoppable and has continued to strive for the best with the spirit of service above self. This zeal of Rotary Club of Yala has always been a motivating and inspiring factor for all of us at Rotaract to drive our energy in the right direction at the right time.

With this, I express my heartfelt congratulations to President Rtn. Shubhakar Vaidya and the Board of Directors of RY 2020-21 for the remarkable tenure with great projects. Further, I wish the best to the incoming President Rtn. Sumitra Manandhar Gurung and the BOD of RY 2021-22 for the successful tenure ahead.

Yala family has been built on a strong leadership foundation for all three clubs, Rotary, Rotaract and Interact club of Yala. I am fortunate enough to be able to be part of this beautiful family for 4 years now. Rotaract has been an integral part of my life since then. The endless learning opportunities I received as a Rotarcator during my service in the Rotaract movement has made me better equipped to subsist in this ever-evolving world. It has helped me in my personal as well as professional growth. Connecting with like-minded people with the same objective as you, Rotaract has taught me the beauty of team work.

As a partner in service, Rotary- Rotaract relation in Yala has always been so strong and valuable.

The immortal connections and memories between the clubs have been the cherries on the top of this wonderful experience. Me and my fellow rotaractors are grateful to our parent club, Rotary Club of Yala, all our precious Rotarians and Anns for the continued words of encouragement, guidance and support throughout. Thank you for these priceless years of fellowship and learning.

And with the same amount of support and understanding, I am certain that in the days to come, we will be able to bring the best out of the clubs and the members, creating greater impact in the community while serving to change lives as the Rotary theme 2021-22 suggests. Best wishes for RY 2021-22.

With Best Regards,  
Yours in Rotaract,

Rtr. Alexa Rajbhandari  
President 2021-22  
Rotaract Club of Yala

### We don't need any god

- Late Dhurba K. Deep



We don't need any faith  
If we have only feeling for each other.  
We don't need any title  
If we have only respect for each other.

We don't need any heaven  
If we have only peace on earth.  
We don't need any god  
If we have only children around us.





हामी छौं तपाईंको साथमा  
सम्पूर्ण बैंकिङ्ग कारोबार तपाईंकै हातमा



### विशेषताहरु :

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- खाताको स्टेटमेन्ट तथा मौज्दात जानकारी दिने ।

\* शर्तहरु लागू हुनेछ ।

थप जानकारीका लागि नजिकैको शाखामा सम्पर्क राख्नुहुन अनुरोध छ ।



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# EDITORIAL

Dear Readers,

Jojolappa and Warm Greetings!

I am greatly honored to serve in the capacity of an editor as it allows me to give back to the organization that has been an integral part of my life over more than two decades. I would like to congratulate the president for the year 2020/21, Rtn. Subhakar Baidhya and the entire board members for the successful tenure. Also, I would like to congratulate the president for the year 2021/22.

In this edition, we are very proud to look back on yet another wonderful tenure with summaries of all the glorious activities. On behalf of the Editorial team, I would like to thank all the contributors for providing

amazing contents, without which there wouldn't have been this issue. Also, special thanks to the sponsors for providing advertisements and supporting us.

Last but not the least, I would like to thank our president Rtn. Dr. Sumitra Manandhar Gurung and the board members for their everlasting support throughout the creation of this wonderful publication.



Yours in Rotary,  
Rtn. Kiran Shrestha  
Editor - 2021/22  
President - 2007/08



## The Four Way Test

of the things we think, say and do

1. Is it the **TRUTH**?
2. Is it **FAIR** to all concerned?
3. Will it build **GOODWILL** and **BETTER FRIENDSHIPS**?
4. Will it be **BENEFICIAL** to all concerned?

मिसं विचाःयायगु  
घायगु व ज्यायायेगु ईलय  
थुईकेमागु प्यता खं

१. ख सत्य खःला ?
२. ख सकलसित न्यायोचित जूला ?
३. थुकिं सहयोग व सद्भाव  
बलनीला ?
४. थुकिं सकलसित मिं जुईला ?





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Cell: 9841343323. Ser: Dir, Sec, VP, P, Dch, AG; B: Apr 30



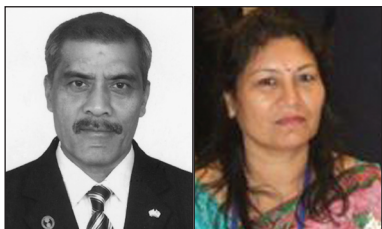
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SA; B: Jun 17; W: Falgun 23



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Ser: Sec, Dir, VP, P (2014-15);  
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(O) Cell: 9801030370, 9851030370;  
B: Dec 26

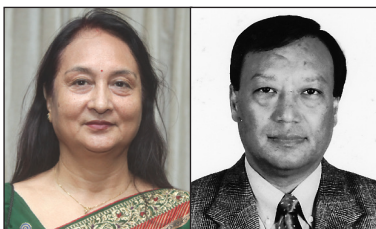


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Ser: Tr, Sec; VP, PE, P B: Dec 1; W: Feb 17



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Honorary Member

Classification: Anthropology (O) School of Anthropology and Museum Ethnography, 51 Banbury Rd. Oxford OX2 6P; Spouse: DOLORES MARTINEZ

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**RTN. TWINKLE NYACHHYON RAJBHANDARY,**

Classification: Airport Service Management (2019-20), (O) Oman Air, Airport, (R) Mount View Residency, Lalitpur, Email: 2iinkle@gmail.co; ktm.asm@omanair.com, Cell: 9851057684, B: Sep 11



**RTN. URDEEP JOSHI,**

Classification: Chairman, Samjhana Lab (2019-20), (O) Mangal Bazaar, Lalitpur, (R) Purna Chandi 20, Lalitpur, Email: urdeep@samjhanalab.com, Tel: 5546684, Cell: 9841346006, Spouse: RAJANA, B: Mar 28, W: May 6



**RTN. URMILA SHRESTHA (PHF+1)**

Classification: Microfinance (1995-96), (O) Mahila Sahayatra Microfinance Bittiya Sanstha, Sanepa, Lalitpur; (R) Indrayani, Balkhu, Sanepa, Lalitpur W. No. 2, Lalitpur; Email: urmilashrestha09@gmail.com; Cell: 9851021539; Spouse: Rtn. PADAM .Ser: Dir, JSec, VP, P(2006-07), DCh; SA B: Apr 12; W: Baisakh 16

Club ID :	: 31764
Chartered	: 28.06.1996
No. of Members	: 60 (Active – 59; Honorary – 1)
Meeting Day	: Friday
Meeting Time	: 5:30 PM
Venue	: Bagaicha Restaurant, Jawalakhel
Area Code	: 01
Rotaract	: 1
Interact Club	: 1
RCC	: 4
PHF	: 22
MPHF	: 11, Major Donor Level 1
PHS Member	: 2



SERVE TO CHANGE LIVES

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Rotary



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SERVE TO CHANGE LIVES



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**Mita Shrestha**



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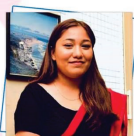
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SECRETARY



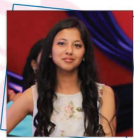
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RTR. PRIYANKA SHAKYA  
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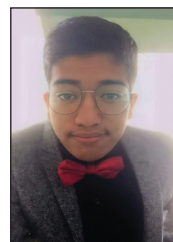
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गुणस्तरीय निदान र उपचार : हाम्रो प्रतिबद्धता



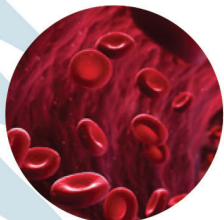
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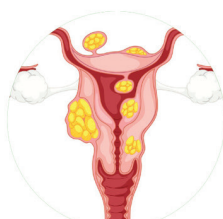
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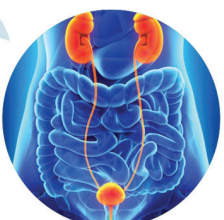
सर्जिकल अन्कोलोजी



गाइने अन्कोलोजी



कार्डियो थोरासिक अन्कोलोजी



युरो अन्कोलोजी



कोलोरेक्टल सर्जरी



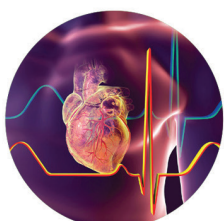
हेड एण्ड नेक अन्कोलोजी



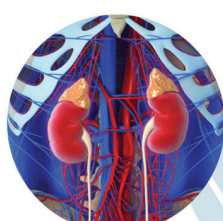
न्युरो सर्जरी



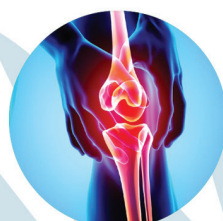
प्याथोलोजी



कार्डियोलोजी



नेफ्रोलोजी



अर्थो तथा फिजियोथेरापी



रेडियोलोजी



डाएटरी



ग्यास्ट्रोइन्टेरोलोजी



निरोगी वेलनेश क्लिनिक

नेपालीको क्यान्सर उपचार नेपालमानै





  
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## जिछाय् रोटरी यलया क्लब



- सुमित्रा मानन्धर गुरुङ्ग

नाटनी यल २५ दं दगु उपलक्षे व आः वइगु Souvenir यिहाँ वइगु दिन ख्खु निसं जि नं थ्व क्लव या नायो या पाः कायगु जूगुलिं जिनं थ्व Souvenir ने खं छत्वाःचा तय्गु मन तथा थ्व च्वसु च्वयत्यना । खला जि थ्व क्लवया दुजः जुयागु नं भिन्त्यादं दय् धुंकल । क्लबं इले बे ले च्वसुयात इनाप नं याइगु खः तर गबलें छु गबलें छु ज्याय अलमल जुया धाय्गुला च्वयत मन तसकं कोमसाःगुलि च्वसु पिहाँ मवयाच्चन । खला जिगु छयलेगु भाय् नेवा भाय् जूसाँ नेवाः भाषं छुं गवले. च्वय माःगु हे मदु । आः छकः ला नेवा भाषं हे मती वःगु खं प्वकेगु विचाःयाना । विशेष याना जि छाया रोटरी क्लव दुहां वया उकिसनं रोटरी क्लव यले हे छाया ? ! आ जुलाई निसं शुरु जुइगु दं या तयारी कथं थ्व वैगु निवाः या दुने रोटरी District ३२९२ या यक्को हे कार्यक्रम त जुल न्हापाँ DTA धकाः प्यन्हु तक District Training Assembly जुल न्हिच्छीया ६ - ७ घौ या zoom कार्यक्रमे - छयाञ्जे (secretary) दाँभरी (Treasurer), Administration, Membership, Public Relation, Rotary Foundation व Service Project नायं नाया गयग वइगु दं य थथः गु या छु, District या कार्यक्रम छु व Rotary International या Goal छु धका ददून व यिन resource persons ग वया खं थुक्केगु, या यनगु या इल । थुक्कं दं थंका या सञ्चि गि क्लव याखं ब्रिगि

रोटरी यल २५ दं दगु उपलक्षे व आः वइगु Souvenir पिहाँ वइगु दिन ख्खु निसं जि नं थ्व क्लव या नायो या पाः कायगु जूगुलिं जिनं थ्व Souvenir रे खं छत्वाःचा तय्गु मन तथा थ्व च्वसु च्वयत्यना । खला जि थ्व क्लवया दुजः जुयागु नं भिन्त्यादं दय् धुंकल । क्लबं इले बे ले च्वसुयात इनाप नं याइगु खः तर गबलें छु गबलें छु ज्याय अलमल जुया धाय्गुला च्वयत मन तसकं कोमसाःगुलि च्वसु पिहाँ मवयाच्चन । खला जिगु छयलेगु भाय् नेवा भाय् जूसाँ नेवाः भाषं छुं गवले. च्वय माःगु हे मदु । आः छकः ला नेवा भाषं हे मती वःगु खं प्वकेगु विचाःयाना । विशेष याना जि छाया रोटरी क्लव दुहां वया उकिसनं रोटरी क्लव यले हे छाया ? ! आ जुलाई निसं शुरु जुइगु दं या तयारी कथं थ्व वैगु निवाः या दुने रोटरी District ३२९२ या यक्को हे कार्यक्रम त जुल न्हापाँ DTA धकाः प्यन्हु तक District Training Assembly जुल न्हिच्छीया ६ - ७ घौ या zoom कार्यक्रमे - छयाञ्जे (secretary) दाँभरी (Treasurer), administration, membership, public relation, rotary foundation व service project नापं नायो तयत वइगु दं ये थःथः गु ज्या छु, District या कार्यक्रम छु व Rotary International या goal छु धका देदुने व पिने resource persons त वया खं थुक्केगु, ज्या स्यनेगु ज्या जुल । थुक्कं दे न्यंक या सच्चि ति क्लव पाखें ब्वति काःपिं गबलें गबलें खुसः न्हय्सः मनुत दुगु खना जि नं अजूहे चाल



कायिं गवलं गवलं खसः बसः मनू दगु खना जि नं अइह चाल धाय्ना । छाप् धासा नाटनी क्कव मनू दहलं वळ्ळु द Service Above Self धकाः सत्ता या रावनां द वळ्ळु खः । थूक दहलं वयि आया (वेथं मिजं द ८१% + वळ्ळि थथःगु छाप् Position न थन धीयिं, समाज द्दं द्दं याय् (वेगु मन गयाः वयिं । थयिसं कमयाना कमयानागु सन्धि थयाग द उक मख । विरिन्न कानध समाज द्वाय लाना द्वयि थथ्यां द्दुगु चाःगु भ्दालिं निधार्थ रावनां Service Projects याखं वळ्ळिमि नं थाहलं वना मोका विळ्ळु खः गा कि थ संसान सकसिग वना वाँलाःगु थाय् जळ्ळी । जिं थूगु (थाह खः गवल गक समाज थथाः क्कथाः दयावनी न समाजं ब्याक्का द विकास यासां सुखि समाज द्दुगु र्दमख । थक दगु सख वळ्ळना ब्यूसाजक सकलं सुखि जळ्ळी । थथ विचाः याना Rotary International ले दहलं वया द्वयिनं दलिं १२ लाख मनू द्दुगु खनि । अय् (वेगु थःगु समाजया सवाय् द्दुगु चाःगु याय थकाः थलि मळि मनू मूक्कद्दुगु नाटनी या शक्ति द धाय्नाल ।

District Training Assembly धुंका Grant Management या समिनान, दानं लिया Strategic Plan & Action Plan या Zoom Meeting ग जल । यक्का मनयगु अनूद, Training, खंभावश धुंका जिं वाचायागु खं द्दुवासा - द्दुखन थ Volunteer संका गन मख याखं सखल थ द्दुगु गसकं Structured, Organized संका खः । संसान द्दुका थास थकिया कचाग द्दुगु कानध द्दुगु Structure ला दश माल । अल थकिं मनूसां थःगु कमाळी या दां दान विळ्ळुलिं थ धत्ता या हिसाव किगाव वाँलाक द गयमाःगु कानध द्दुगु Standard system

धाय्मा । छाप् धासा रोटरी क्लबे मनुत दुहां वइगु हे Service Above Self धकाः सेवा या भावनां हे वइगु खः । थुके दुहां वःपि आपा धै थें मिजंत दु ८५% + इपि थःथःगु ज्याय् छु Position ने थ्यने धुपिं, समाजे छुं छुं याय् धै गु मन तयाः वःपिं । थःपिसं कमेयाना कमे यानागु सम्पति थःयात हे जक मख । विभिन्न कारण कबमाजे क्वय् लाना च्वंपित थःमहस्यां फुगु चाःगु ग्वहालिं निश्चार्थ भावनां Service Projects पाखें इमिति नं थाहां वनेत मौ का विइगु खः : ता कि थ्व संसार सकेसित च्वनेत बाँलाःगु थाय् जुई । जिं थूगु थोहे खः गवले तक समाजे थथ्याः क्वथ्याः दयाचवनी व समाजं न्हयाक्को हे विकास यासां सुखि समाज दय्के फैमख । थःके दगु सुख इना ब्यूसाजक सकलें सुखि जुई । थथे विचाः याना Rotary International ले दुहां वया च्वंपिनं हलिं १२ लाख मनुत दु खनि । अय् धैगु थःगु समाजया सेवाय् फुगु चाःगु याये थकाः थलि मळि मनूत मुक्केफुगु रोटरी या शक्ति हे धाय् माल ।

District Training Assembly धुंका Grant Management या सेमिनार, हानं लिपा Strategic Plan & Action Plan या Zoom Meeting त जुल । यक्को मनतयगु अनुभव, Training, खंल्हाबल्हा धुंका जिं वाचाय्कागु खं छुधासा - छखेर थ्व Volunteer संस्था तर मेखे पाखें स्वयंबले थ्व द्दुगु तसकं Structured, Organized संस्था खः । संसारे दक्को थासे थुकिया कचात दुगु कारण द्दुगु Structure ला दय्हे माल । अले थुकिं मनूतसें थःगु कमाई या दां दान विइगुलिं थ्व ध्यवा या हिसाव किताव बाँलाक हे तयमाःगु कारणे द्दुगु Standard system दयावया च्वंगु जुल । अले दळ्छी या भित्रे थःपिसं याये धाय्गु ज्या कोचायका, थः या ल्यु

दयावया ब्रुंगु जल । अल दक्की या रिप् थयिसं  
याय धायगु आ कावायका, थय या लू वळ्ळ यिन्  
लक्षणा, हिसाव वसयाना विळ्ळमागु जया नं. छगु  
system follow याय मागु जयावन ।

खास नाटनी या लऊ सत्रा याइ ख । सत्रा याय  
दां माल, दां विळ्ळयिं सदस्य माल अल कार्यक्रम  
वन जळ्ळमाल व कार्यक्रम वाँलाक Administrative  
गुळ्ळी माल उकिया दारनिं हिसाव गयमाल, थ दक्का  
खं वाँलाक ब्रयमाल व सदस्यय Communicate  
यायमाल, नायं District व International (थक्क  
सिळ्ळक विळ्ळमाल) । थुकिया वाँलाक documentation  
याना reporting यायमाल । थ दक्का  
वाँलाका यायवलला छगु गंधंगु संस्थाला वन जळ्ळगु  
द जल । हानं ममगु संस्था व नाटनी यागु खं  
छगा ममगु संस्थाय संस्थाय उड्थ द ऊक रुकस  
याळ्ळगु गन नाटनी धासा ज्ञाया नाय नाय थ  
क्वया यासायिं हसीकगु हसीकगु ह्याळ्ळयुगु कार्यक्रम  
नं नायनाय वनगु । (थारु कानधं क्वया मिगि  
ह्याय छ घो जळ्ळी । मिगि शुनजळ्ळ ह्या वाघो  
रुलाशिय धका थ दूजयिं याहा. यिं सकसियां  
नाय खं खिं शङ्ख आकरि वनगु कोला गुड्या यायगु  
। थ दक्का थं द ज्ञानागु दामं नयगु स्यागु याखं  
मखु थ सकतां याग थगु द दां गया गिनि सदस्य  
जळ्ळगु सत्राया कार्यक्रम याग नं थयिसं द दां  
गयमागुलिं जळ्ळी शायद नाटनी (वेगु धना दूयिनिगु  
क्व वका आयासिनं धायगु याळ्ळी । थगु खर्व  
थं गयगु सवल थ ला सारिमान मनगयगु क्व  
धायमाथंनं ।

आ वया जि छाय यल नाटनी क्व ऊव कि जि  
वनगु थाय किमजल सयम्ह नाय नायं म मगु क्व ग  
नं द । शायद थ अजवाळ्ळी युगु खं नं जळ्ळरु कि

वइ पित्त लहाना, हिसाव बुभेयाना विइमागु  
जुया नं. छगु system follow याये मागु जुयाचो  
न ।

खास रोटरी या लक्ष सेवा यायगु ख । सेवा  
यायत दां माल, दां विइपिं सदस्यत माल अले  
कार्यक्रम वने जुइमाल व कार्यक्रमत बाँलाक  
Administrate गुई माल उकिया दाभरिं हिसाव  
तयमाल, थ दक्को खं बाँलाक चयमाल  
व सदस्यतयत Communicate यायमाल,  
नायं District व International थेन्क सिइके  
विइमाल: । थुकियात बाँलाक: documentation  
याना reporting यायेमाल । थ दक्को बाँलाका  
यायबलेला छगु तःधंगु संस्थाला वने जुइगु हे  
जुल । हानं मेमेगु संस्था व रोटरी यागु खं  
छता मेमेगु संस्थाय संस्थाय उद्देश्य हे जक  
फोकस याइगु तर रोटरी धासा ज्याया नाप  
नाप थ: क्लवया पासापिं म्हसीकेगु म्हसीके  
त न्हयाइपुगु कार्यक्रम नं नापनाप वनेगु । थो  
हे कारणं क्लवया मितिङ्ग हप्ताय छ घौ जुई  
। मितिङ्ग शुरुजुइ न्हयो वाघौ फेलाशिप धका:  
थ: दुजःपिं पाहा. पिं सकसियां नाप खं खिं  
ल्हायगु, च्या/कफि त्वनेगु कौला तुच्चा यायेगु  
। थ दक्को थम्हं हे लहानागु दामं नयगु सुयागु  
पाखें मखु थ सकतां यात थगु हे दां तया  
तिनि सदस्य जुइगु सेवाया कार्यक्रम यात नं  
थःपिसं हे दां तयमागुलिं जुई शायद रोटरी धै  
गु ध्यवा दुपिनिगु क्लव धका: आपासिनं धायगु  
याई । थगु खर्व थम्हं तयगु स्वयंबले थ ला  
स्वाभिमान मनुतयगु क्लव धायमाथेंचं ।

आ: वया: जि छाय यल रोटरी क्लवे जब कि  
जि च्वनेगु थाय किमडोल स्वयम्भु नाप नापं  
मे मेगु क्लव त नं दु । शायद थ अजुचाई  
पुगु खं नं जुइफु कि भीगु देशे म्हाले नं  
३०/४० भाय ल्हाईपिं मनुत दु अथे सां र  
पट्टया भाय नेपाली धका: मे मेगु भायत र



मीगु दल शाल नं ३०/४० राय शालीयिं मगु  
द अथ सां नाय्या राय नयाली वताः म मगु  
राय नाय्याय राय इसां आयवानिक कथं नयाली  
अस English रायनं खंश वश यायशु गन म मगु  
मांरायं खं शायगु याग सनकानं अस नं मायगा  
मयुनिगु अवस्था दनि । गन नाटनी यल द कगु  
क्रव द गुकिया संस्थापक यिसं आयवानिक राय द  
नवाः राय अलगु याना गगु शल । जिगु थगु  
मांराय नवाः राय इसां क. वादक यिन गनं  
आयवानिक कथं नवा राय शाय मद्रगु शयाः नायं  
नायं यासायिं नं श्व क्रव दगु लमिगु लनाय कथं नं  
जि नाटनी क्रव यल दूहां वया । रायन याना नं  
श्व मीगु द क्रव वादक कार्यक्रम शाना  
वाइ (थं गा ।

दानं मगु कगु श्व क्रवया विषयगा क वासा ममगु  
क्रव सिव श्व क्रव गयू यिं निशं कार्यक्रम नाटनियन  
शया वाः आयन (नाटनी या रायं) गयू वा उदान  
यिं नं उत्तिकं द सक्रिया शया सनाया शाय  
इयचिलिगु, कं दूजयिं दूथका सगं कया वृदिं मान  
मायगु नवाः दय नश्व निरिन्न कार्यक्रम यानाः  
इययूकगु ललादि शगुलिं नं जि थव क्रव दूजः इसं  
आः श्व वर्षे नायःया जिम्मा कयाः इयचिला वना ।  
आश द श्व वर्षे नं उत्तिकं द ललायका, वाँ वाँलागु  
शाम्प शाना वन दूद (वेगु थुक्रियाग सकसिगुनं  
श्वहाली दली वता ।

जय नाटनी

पट्टीय भाय जुसां ओपचारिक कथं नेपाली  
अभ English भाषनं खंला बला यायज्यु तर  
मे मेगु मांभाषं खं लायगु यात सरकारं अभ  
नं मान्यता मयुनिगु अवस्था दनि । तर रोटरी  
यल हे छगु क्लव दु गुकिया संस्थापक पिसं  
ओपचारिक भाय हे नेवाः भाय छयलेगु याना  
तःगु जुल । जिगु थःगु मांभाय नेवाः भाय जुसां  
छे. बाहेक पिने गनं ओपचारिक कथं नेवा भाषं  
लायथाय मद्रगु जुयाः नापं नापं पासापिं नं थव  
क्लवे दुगु इमिगु इनाप कथं नं जि रोटरी क्लव  
यले दुहां वया । भाषन याना नं थव भीगु हे  
क्लव धाइथे न्त्यइपुक कार्यक्रम न्त्याना चोइगु  
थें ता ।

हानं मेगु छगु थव क्लवया विशेषता छु धाःसा  
मेमेगु क्लव सिबे थव क्लवे त्ययू पिं निम्हं  
कार्यक्रमे रोटारियन जुया वाः आयन (रोटरी  
या भाषं) त्यपू वा जहान पिं नं उत्तिकं हे  
सक्रिया जुया सेवाया ज्याय न्हयचिलिगु, छे  
दुजःपिं दुथका सगं कया बुदिं माने मायगु ने  
वाः भवय नयगु, विभिन्न कार्यक्रम यानाः न्हे  
यपुकेगु इत्यादि जुगुलिं नं जि थव क्लवे  
दुजः जुसें आः थव वर्षे नायःया जिम्मा कयाः  
न्हयचिला च्वना । आश दु थव वर्षे नं उत्तिकं  
हे न्त्यइपुका, बाँ बाँलागु ज्याभ्व न्त्याका  
वने फइ धैगु थुक्रियात सकसिगुनं गवहाली दई  
धका ।

जय रोटरी

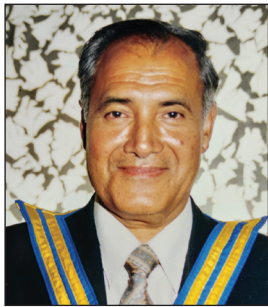
"If you respect to your  
language then you  
respectable, we should  
not forget our language  
is our pride."

"We may have different  
religions, different  
languages, different colored  
skin, but we all belong to one  
human race."

# ROTARY CLUB OF YALA

## PRESIDENTS

### 1996-2021



Late. RTN. DR. KEDAR LAL SHRESTHA  
YEAR: 1996-97-98

THEME



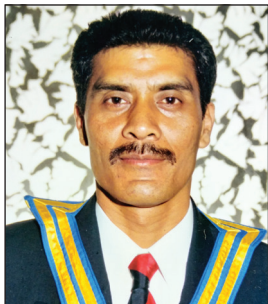
Show Rotary Cares

 Rotary International



RTN. THAKUR MAN SAKYA  
YEAR: 1998-1999

THEME



RTN. DILENDRA RAJ SHRESHA  
YEAR: 1999-2000

THEME



ROTARY 2000:  
ACT WITH  
CONSISTENCY  
CREDIBILITY  
CONTINUITY



RTN. BADRI PRASAD JOSHI  
YEAR: 2000-2001

THEME







RTN. SURENDRA GOVINDA JOSHI  
YEAR: 2001-2002

THEME



RTN. DEVENDRA BAHADUR PRADHAN  
YEAR: 2002-2003

THEME



Late. RTN. KRISHNA DAS TAMRAKAR  
YEAR: 2003-2004

THEME



RTN. DHRUBA MAN PRADHAN  
YEAR: 2004-2005

THEME



RTN. GOPAL MAN SHRESTHA  
YEAR: 2005-2006

THEME





SERVE TO CHANGE LIVES



RTN. URMILA SHRESTHA

YEAR: 2006-2007

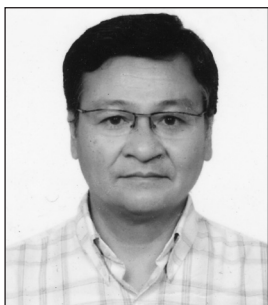
THEME



RTN. KIRAN SHRESTHA

YEAR: 2007-2008

THEME



RTN. DR. JIVAN LAL AMATYA

YEAR: 2008-2009

THEME



RTN. PRAMOD SAGAR PRADHAN

YEAR: 2009-2010

THEME



RTN. NARAHARI DAS JOSHI

YEAR: 2010-2011

THEME





Late. RTN. PRAFULLA MAN SINGH PRADHAN  
YEAR: 2011-2012

THEME



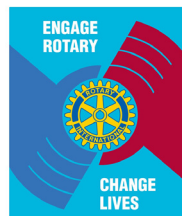
RTN. KIRAN NATH SHRESTHA  
YEAR: 2012-2013

THEME



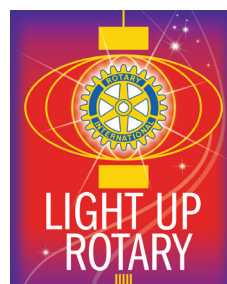
RTN. URMILA AMATYA  
YEAR: 2013-2014

THEME



RTN. RAJENDRA MAN SHRESTHA  
YEAR: 2014-2015

THEME



RTN. SUSHIL BAJRACHARYA  
YEAR: 2015-2016

THEME







RTN. DEEPAK KUMAR SHRESTHA  
YEAR: 2016-2017

THEME



RTN. DR. LAXMAN JOSHI  
YEAR: 2017-2018

THEME



RTN. SURENDRA GOPAL SHRESTHA  
YEAR: 2018-2019

THEME



RTN. SARITA SHRESTHA  
YEAR: 2019-2020

THEME



RTN. SUBHAKAR BAIDYA  
YEAR: 2020-2021

THEME





SERVE TO CHANGE LIVES



# ROTARY as my second Family.



Rtn . Twinkle Nyachhyon Rajbhandari  
Public Chair ( 2021-22)

Rotary is regarded as an international service organization whose stated purpose is to bring together leaders to give back to the community. In my experience, however, it has been so much more than what it is looked upon. It does not only serve the community as the dictionary defines. But it also serves The Development of Ethics ( 4-way test), personality development , fun, retention , Opportunity to serve , true friendship .

The all-voluntary part of social service in rotary makes it incredibly strenuous for most of the rotary leaders to retain their members as it is known to be. However, my experience shows to be on the contrary.

To choose to serve the society voluntarily is strong and salient; and while rotary believes in an individual voluntary participation and effort, leaders are seen to find it particularly strenuous to retain them . Midst Pandemic I joined Rotary Club of Yala with the sheer knowledge of how it had impacted the world and its people, and the enthusiasm to be a part in. The entire year was escorted by numerous virtual meets, active campaigns to do right by the society for the society .And donations to give back to the community that had given us so much.

Throughout the year, I gave my best diligence to the club and its roles towards our community although I did propose my

resignation to my fellow Rotarians verbally before presenting in the black and white sheet. This was when I truly reflected on how much I had grown and how strong, a mindset I had n and through the journey.

As a single parent balancing my professional life, my personal life and raising two amazing daughters to being the people they are today, there were concerns and triumphs that positively shaped and grew my mindset which helps me believe that pressing matters and obstacles are not always bad. And as a part of RC of YALA we Rotarians face so many triumphs every day and we together come through stronger, making communities better than we found it to be.

As my fellow mates convinced me to stay as a part of Rotary regardless of all the external professional pressure I had been going through, I pondered upon how I had accepted my fellow RC YALA members as my brothers and sisters and how RC YALA had truly been my second family .

Thanks and regards,

# ROTARY CLUB OF YALA

## Rotary Year 2020-21 Activities

### Club Administration

Weekly Meetings - (in all 52 weeks of the year)  
Speakers – Internal and External

17.07.2020 Mr. Bhagawan Das Shrestha:  
Presentation Topic "Pandemic COVID19:  
A global perspective and preventive  
measures"  
24.07.2020 Rtn. Surendra Govinda Joshi:  
Presentation on "Core Values of Rotary"  
07.08.2020 Newar Culture and the Newari  
Language - David Gellner  
14.08.2020 Living Together With COVID19 -  
Dr. Sudip Shrestha  
21.08.2020 Sharing of International Learning  
Experiences and Possible Applications -  
Ms. Reetu Rajbhandari (Rotary Scholar)  
28.08.2020 Panel Discussion on "4-Way Test"  
- Rtn. Sushil Bajracharya Rtn. Sarita Shrestha  
04.09.2020 Reconstruction of Temples in  
Patan Durbarsquare - Dr. Rohit Ranjitkar  
19.09.2020 Save Your Kidney (Joint Meeting  
with RC Baneshwor and RC Makawanpur ) -  
Dr. Rishi Kumar Kifle  
25.09.2020 NRCL Meeting - PDG Tirtha Man  
Sakya  
02.10.2020 WASH in Schools - Rtn. Nugal  
Ananda Vaidya  
09.10.2020 Managing Refugee Operations and  
Issues Around It Rtn. Dr. Dinesh Lal Shrestha  
16.10.2020 Health and Wellbeing Ms. Sharada  
Jnawali  
30.10.2020 Breast Cancer: Prevention and  
Screening Dr. Kapendra Sekhar Amatya  
13.11.2020 Swonti Nakhaa and Mha Puza Mr.  
Hari Ram Joshi  
20.11.2020 Interaction on Time Management  
Rtn. Prafulla M. S. Pradhan  
04.12.2020 Prevention of Ovarian Cancer Dr.  
Rashmey Pun Gurung  
18.12.2020 Leser Therapy in Nepal Dr.  
Sushila Baidya  
25.12.2020 Virtual Tour of Patan PDG Rtn.  
Dilendra Raj Shrestha

01.01.2021 Dealing with Changing Socio  
Economic Landscape brought by COVID19  
Dr. Dibesh Karmacharya  
15.01.2021 Training on 'Zoom Meeting' Rtn.  
Keshav Gnawali  
22.01.2021 HPV Test for Preventing Cervical  
Cancer - Rtn. Dr. Anju Shrestha  
12.02.2021 Management of a Global Grant  
Project - Rtn. M. K. Jha  
05.03.2021 Environment – 7th Area of Focus -  
Rtn. Kiran Nath Shrestha  
12.03.2021 Fire Safety Awareness - Suneeta  
Siwakoti Bhardhwaj  
26.03.2021 Family of Rotary - Rtn. Bhabani  
Shrestha  
02.04.2021 Burn Awareness and Prevention -  
Dr. Kiran Nakarmi  
09.04.2021 Positive Thinking - Rajendra  
Manandhar  
30.04.2021 Experience Sharing Being a  
Rotarian Club Members  
21.05.2021 Zumba Dance - Mr. Smith Tamang  
28.05.2021 Awards and Recognitions in  
Rotary - PDG Rtn. Dilendra Raj Shrestha

### Classification Talks

10.07.2020 Rtn. Twinkle Nyachhyon  
11.09.2020 Rtn. Urdeep Joshi  
06.11.2020 Rtn. Lucky Nyachhyon Pradhan  
05.02.2021 Rtn. Sofi Raghubansha Shrestha  
23.04.2021 Rtn. Shobha Devi Shrestha  
07.05.2021 Rtn. Jeetendra Nakarmi  
04.06.2021 Rtn. Birendra Shrestha

### Joint Meetings

With RC Baneshwor and RC Hetauda on 19  
September 2020  
Hosted NRCL meeting on 25 September 2020  
With Rotaract Club of Yala on 19 March 2021  
With Rotaract Club of Yala and Interact Club  
of Yala on 18 June 2021



## Rotarians involved in Rotaract and Interact Activities

Participated in the installation of new Board of Rotaract Club of Yala on 18 July 2020  
Supported and participated in the installation of new Board of Interact Club of Yala on 1 August 2020  
Sustainable waste management seminar of Rotaract Club of Yala on 22 August 2020  
Orientation on roof gardening organized by Rotaract Club of Yala on 5 September 2020  
Speech competition, Rotaract and Interact clubs of Yala on 26 September 2020  
Chartered Day ceremony of Rotaract Club of Yala on 7 March 2021  
Contributed and participated in "Feeding street dogs and plantations" organized by Interact Club of Yala in June 2021 and joint fellowship (online) in the joint meeting on 18 June 2021  
Contributed fund to Rotaract and Interact Clubs for supporting flood affected families in Melamchi  
Participated in Sangeet Mela organized by Interact Club on 21 June 2020  
Became a host of 8th Interact District Conference  
Assigned Coordinators to Rotaract Club (Rtn Gautam Shrestha) and Interact Club of Yala (IPP Sarita Shrestha)

## Participation in District Events

District Training Assembly plus various training, seminar and talk programs  
President Elect Training  
Grants Management Seminar  
DG Installation  
District TRF Recognition Ceremony  
BaSu Journalist Award Function (Sponsored by BaSu Trust; PP Surendra Govinda Joshi and Ann Badri Laxmi Shrestha)  
District Conference (April 2021)

All together 23 plus members participated in various events.

## Publications

Published Souvenir on 24th Anniversary; it was unveiled on 3 July 2020 by DG Rtn Rajib Pokhrel, on the day of 24th Installation.  
Published all 52 Weekly Bulletins "GAAN"  
Published the book on Biography of Century Person Shree Satya Mohan Joshi in Nepal Bhasa

## By-laws and Directives

Amended RC Yala By-laws Enacted RC Yala Endowment Fund Directives Initiated amendment of Government constitution of RC Yala Initiated development of financial management guidelines of RC Yala

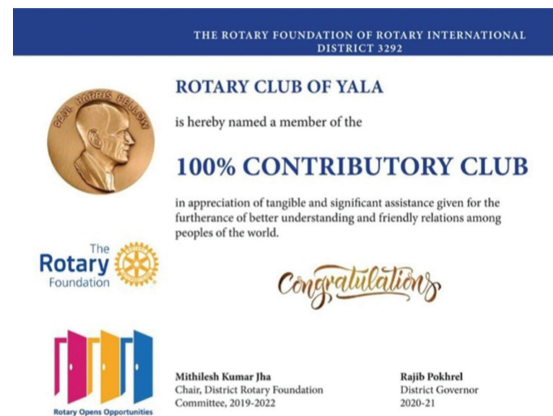
## Reports to District

12 monthly reports  
4 reports for GML  
1 Annual Report

## The Rotary Foundation

- Obtained recognition of 100% contributory club;
- 3 new PHF members: Rtn Dr Santosh Shakya; Rtn Gautam Shrestha; Rtn Rajana Joshi;
- 4 MPHF: Rtn Pramod Pradhan; Rtn Subhakar Baidya; Rtn Om Krishna Shrestha; Rtn Deepak Das Tamrakar;
- 2 PHS contributors – Late Rtn Prafulla Man Singh Pradhan and Rtn Surendra Govinda Joshi;
- Contributed \$25 per by all members
- Contributed cash to Global Grant Project – PCR machine – \$ 13500

Total contribution in 2020-21 - \$ 19075



THE ROTARY FOUNDATION OF ROTARY INTERNATIONAL  
DISTRICT 3292

ROTARY CLUB OF YALA

is hereby named a member of the

**100% CONTRIBUTORY CLUB**

in appreciation of tangible and significant assistance given for the furtherance of better understanding and friendly relations among peoples of the world.

The Rotary Foundation

Mithilesh Kumar Jha  
Chair, District Rotary Foundation  
Committee, 2019-2022

Rajib Pokhrel  
District Governor  
2020-21



Recognition of PP Surendra Govinda Joshi for PHS contribution by RI President Elect Shekhar Mehta



Recognition of Hundred % contributory club on 20 February 2021. PP Surendra Govinda Joshi receiving the certificate from DG Rajib Pokhrel

## Membership

### Sponsored new club

RC Yala as the sponsor club successfully helped in the formation of new club, RC Patan East. The charter presentation ceremony was held on March 25, 2021.

DG Rtn Rajib Pokhrel handed over the Charter Certificate to the Charter President. PP Deepak Shrestha was New Club Advisor.

### New members

Four new members have joined the club. Their names and classifications are (1) Col Sanjaya Shrestha, Mechanical Engineering; (2) Purna Laxmi Shrestha, Teaching; (3) Dr

Sudarshan Narsing Pradhan, Medical Practice – Psychiatry; (4) Anita Shrestha, School Administration.

## Public Relation

### Installation of location maps

This year, RC Yala installed location maps at three places in Patan, namely Patan Dhoka, Pulchowk and Okubahal. One at Mangal Bazar was installed in 2019-20. The purpose of installing location maps is to guide the tourists, who come to visit the historical places in Patan, including the world heritage sites at Mangalbazar. Beside tourists, the maps are helpful for anyone to find the places s/he wants to visit.

The maps highlight Rotary image in public, because the maps have logos of Rotary International and Rotary Club of Yala.







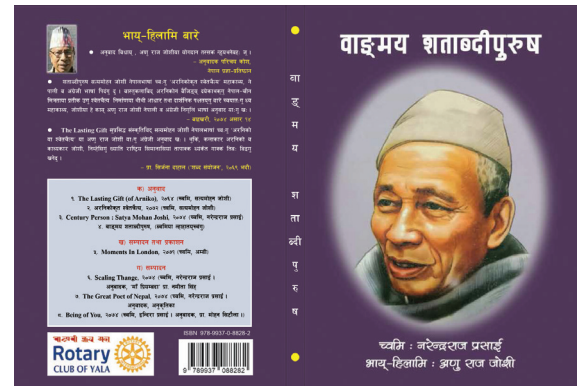
**Rotary logo in equipment provided**  
Stickers/plates with RI logo and theme and RC Yala's name are fixed in the equipment provided by the club for visibility of Rotary.

### Publication of Biography of Century Person Satya Mohan Joshi

RC Yala published the book on the biography of Century Person Satya Mohan Joshi in Nepal



Bhasa. It is a translation of the original book in Nepali with recent updates. The book will be launched in a public event at an appropriate time.



### Vocational Award

The award function has to be postponed due to COVID. However, RC Yala has identified the group/individuals for the awards and felicitation as follows. The award will be given at an appropriate time next year.

BaSu Sirpa to Basanta – Season of Joy  
Pushpa Sirpa to Sundar Silpakar, involved in re-building Bhimsen temple at Mangalbazar  
Felicitation of Nutan Mehr Bajracharya, Tailor

## Highlights of Community Service Activities, Year 2020-21

### Plantation in Children Park at Jwagal, Lalipur

Last year 2019-20, RC Yala planted trees in the Children Park at Jwagal, Lalitpur, and installed playing equipment worth Rs. 8 lakhs in the park for the children.

In July this year (2020-21), RC Yala planted additional 115 trees and bush plants (neelkandha) along the pathways inside the



park. This is a beautiful project of RC Yala, which is contributing to child development as well as environmental protection of the locality.



### Fruit Trees Plantation at Clark Himalaya School

RC Yala provided 15 Orange saplings and 5 Avocado saplings to Clark Himalaya School for plantation in its premise.





SERVE TO CHANGE LIVES

## High Flow Nasal Cannula and BIPAP machines for Nepal Korea Friendship Municipal Hospital, Thimi



PP Surendra Govinda Joshi and Ann Badri Laxmi Joshi handed over two HFNC equipment to Dr. Gyan Kayastha, ED of Nepal Korea Friendship Municipal Hospital on 19 December 2020. Thanks BaSu Trust for the sponsoring HFNC.

Nepal Korea Friendship Municipal Hospital is a community hospital at Thimi. It had a COVID ward with 17 beds and 7 ICUs for COVID patients in December 2020.

The High Flow Nasal Cannula (HFNC) machine is an equipment that supplies increased amount of oxygen to the patients with very low level of oxygen saturation. Likewise, BiPAP machine is another equipment applied for patients in respiratory problems. RC Yala handed over two HFNCs and one BiPAP machine to Nepal Korea Friendship Municipal Hospital amidst a function on December 19, 2020 in the hospital.

BaSu Trust established by PP Surendra Govinda Joshi of RC Yala and her spouse Ann Badri Laxmi Joshi sponsored the HFNCs. BaSu Trust donated Rs. 625,000 to purchase 2 HFNCs. RC Yala handed over a BIPAP machine, costing Rs 75,000. The equipment was provided with donations Rs 10,000 each from Deepak Das Tamrakar, Om Shanker Shrestha, Subhakar Baidya and Rs 45,000 from Sumana Baidya daughter of President



RC Yala handed over a BIPAP machine,

## Support for E-learning in Shree Chandi Saral Madhyamik Vidyalaya, Chakupat and Balodaya Basic School, Dhapakhel.

RC Yala installed a 43" LED Monitor and MIDAS digital learning package from Grade 1 to 10 in Shree Chandi Saral Madhyamik Vidyalaya at Chakupat, Lalipur in November 2020 and Balodaya Basic School at Dhapakhel in January 2021. RC Yala provided this support in collaboration with District 3292 under the TEACH program. The teachers were oriented on the application of the digital learning materials in classroom teaching.

The purpose of this support was to enhance the learning achievements of the students through application of E-learning methods in teaching and learning in the school.

The total estimated cost of the LED Monitors and the MIDAS learning sets for two schools was Rs. 214000. RC Yala contributed Rs. 86,000. The rest was managed by District 3292.



Handover of the 43" LED Monitor loaded with MIDAS learning materials at Shree Chandi School on 20 November 2020

The project has benefitted 317 students from Grades 1 to 10 in Shree Chandi School and 107 students from Grades 1 to 5 in Balodaya School.



*Handover of LED monitor and MIDAS learning materials to Balodaya Basic School, Dhapakhel on 20 Jan 2021*



*Children learning by watching the digital lessons at Shree Chandi School on 29 January 2021*



*Orientation on use of MIDAS digital learning materials at Balodaya School*

## Helping School Education - Online and In-person - during COVID

Bhanodaya School at Thasi is one of the schools supported by RC Yala for construction of building and other backstopping support in different years. The school has gone through difficulties during last 10/15 years. However, in recent years, it has improved its performance. Now it is one of the fine community schools in Lalitpur with good teaching and learning environment with over 200 students at basic grades.

RC Yala supported the school to continue online education of children during COVID. PP Urmila Shrestha donated Rs.15000 on 19 September 2020 to buy data packages for online teaching.



After the school resumed teaching in the school, RC Yala provided face shields to all students and teachers and a foot-operated sanitizer dispenser on 25 November 2020

*A girl student sanitizing her hands before entering classroom with dispenser provided by RC Yala*



*Handing over Rs 16000 for face shields and a foot operated dispenser to Bhanodaya School on 25 November 2020*





Accurate Diagnosis for Better Treatment

**Samjhana Laboratory Clinic Pvt. Ltd.**

### **Membership Facilities (सदस्यता सुविधाहरू):**

- LIFETIME MEMBERSHIP (आजीवन सदस्यता)
- Blood Sugar Fasting र PPBS गराउँदा PPBS Free
- ल्याब परिक्षणमा २०% (प्रतिशत) छुट
- ECG,USG,ECHO,X-Ray,MRI २०% (प्रतिशत) छुट
- सामाजिक सुरक्षा भत्ता रातोकार्ड (जेष्ठ नागरिक, विकलांग) पाउने साथै क्यान्सरका बिरामी, अंग प्रत्यारोपण र Dialysis बिरामीलाई नेपालमा हुने ल्याब परिक्षणमा ५०% (प्रतिशत), बिदेशमा परिक्षण गर्नुपर्नेमा १५% (प्रतिशत) छुट तथा ECG, USG, ECHO, X-Ray, MRI मा २५% (प्रतिशत) छुट

**“ जीवनको हरेक मोडमा सम्झना ल्याब तपाईंको साथमा ”**

Contact : 01-5546684  
Haugal Mangalbazar, Lalitpur

[www.samjhanalab.com](http://www.samjhanalab.com)



# *Hearty Congratulations!!!*

## **Rotary Club of Yala** Silver Jubilee

*A very warm congratulation to Rotary Club of Yala Souvenir for the completion of a milestone of successful 25 years.  
We wish you for journey even better in the future years bringing more success and prosperity to the company.  
May this silver jubilee also be a point for successful future years.*

**Maheswor Shrestha**  
CEO

### **Everest Fashion**

Khumaltar Height-15, Lalitpur, Nepal

Tel: 977-1-5525187, 5541013

Fax: 977-1-5525906

URL: [www.everestfashion.com](http://www.everestfashion.com)



**First Fair Trade-USA Certified Company in Nepal**  
**World Fair Trade Organization Guaranteed Member**





SERVE TO CHANGE LIVES



PP Urmila Shrestha handing over Rs. 15000 to Bhanodaya school for data packages on 19 September 2020.



Students in classroom with face-shields and masks

On 22 November 2020, RC Yala provided Tika Vidyashram, Sanepa with various protection materials, namely sanitizer, foot-operated dispenser, masks, infrared thermometer, gloves etc. for the safety of students and teachers during examination.



Handover of personal protection materials to Tika Vidyashram School

## RC Yala Supported PHC, Lubhoo for the Protection of Frontline Health Workers

At the request of Primary Health Care Centre, Lubhoo, Rotary Club of Yala handed over following personal protection materials on 15 September 2020 for the safety of the doctor and frontline health workers in the PHC. The materials included 20 PPE Sets, 100 Surgical

Masks, 16 N-95 Masks, 5 liters of sanitizer, 10 face shields, 400 pieces of top gloves. Total cost of the materials was around Rs. 35,000.



Handed over personal protective equipment to PHC Lubhu on 15 September 2020

## Blood Donation Camp at Lagankhel

RC Yala in collaboration with Rotary Club of Lalitpur, Nepal Cancer Relief Society, Lalitpur, Lagankhel Samaj and Buddhi Bikas Mandal organized the blood donation camp on October 10, 2020 at Lagankhel. The camp was organized at a time when blood was scarce due to the widespread infection of COVID. Altogether 45 people donated blood in the camp, including 34 male and 11 female.



Rtn Twinkle Nyachhyon donating blood



RC Yala members in Blood Donation Camp





SERVE TO CHANGE LIVES

## Treatment Support to Cancer Patient

RC Yala provided Rs. 20,000 to a woman undergoing surgery at Nepal Cancer Hospital and Research Center. She had been struggling for the livelihood of her family and does not have adequate money to pay for the treatment of her cancer. The club provided the money for buying medicines for her post-operative treatment.



## Cervical and Breast Cancer Awareness and Screening:

RC Yala conducted five camps for cervical and breast cancer awareness and screening under District Grant Project. A total of 581 women participated. The table below gives the details of camps.



*A group photo during awareness camp at Mount View Residency, Harisidhi*



*A group photo during VIA test and screening camp at Bhanodaya, Thasi*



*A group photo during cancer screening camp at Shankhamul*



*Screening Camp in Bhairahawa*



*Women at registration desk at cancer screening camp, Shankhamul*



*Awareness and screening camp Ward 12, Lagankhel*





SERVE TO CHANGE LIVES

Date	Description of camps and location	Remarks
29-Jan-21	Awareness program on cervical and breast cancer prevention with Nepal Cancer Care Foundation at Mt View Residency Harisiddhi	50 women participated
19 - 20 March 2021	Cervical and breast cancer test in Bhairahawa in collaboration with Nepal Cancer Hospital Harisiddhi pap smear samples	350 tested for cervical and breast cancer; 300 collected
10 - 12 March 2021	Awareness and screening camp in collaboration with Nepal Cancer Relief Society and Ward Office 12, Lagankhel/Tangal	74 women had pap smear test and breast examination; 11 had mammogram in hospital
6-Mar-21	VIA and breast examination camp with National Hospital & Cancer RC P. Ltd at Bhanodaya School, Thasi	41 for VIA test and 42 for Breast Screening
17-Apr-21	VIA Test & Breast examination at Shankhamul	65 women were tested

## Free Health Camp at Pashupati on Mahashivaratri

RC Yala with Health Service Nepal organized a free health camp at Pashupatinath premise on the day of Maha Shivaratri, 11 March 2021. A total of 215 people visited the health camp on the day.



Free medicine at Health Camp, Pashupati



Health Camp at Pashupati on Maha Shivaratri



Doctors and Club Members at Health Camp at Pashupati



SERVE TO CHANGE LIVES

## High Flow Nasal Cannula Machine for Bajrabarahi Chapagaun Hospital

RC Yala provided one unit of High Flow Nasal Cannula Machine to Bajrabarahi Chapagaun Hospital on 21 May 2021 for its High Dependency Unit in COVID Ward. It is operating COVID ward with 10 beds and 3 High Dependency Units. With this equipment, the hospital began to treat the patients with very low oxygen saturation in its own ward.



HFNC applied for treatment



Provided HFNC to Bajrabarahi Hospital

## Global Grant GG2119281: PCR Machines and Test Kits for Nepal Korea Friendship Municipal Hospital

RC Yala has its first Global Grant Project this year for the provision of PCR machines and test kits to NKFM Hospital, Thimi. The total budget of the project is US \$70,500. The procurement of the equipment is in the process. We are expecting to deliver the equipment and materials to hospital within June or early July 2021.

## Dr Kedar Lal Shrestha Education Fund

RC Yala in Year 2020-21 has created Dr Kedar Lal Shrestha Education Fund with Rs 10 lakhs as the initial endowment fund. The purpose of the fund is to support schools and students from marginalized communities for their educational development. RC Yala this year has series of discussions with the management of Lalit Kalyan School, Bholdhoka, Lalitpur to begin a course on Nepal Bhasa and local culture and heritage. Raju Maharjan, Chairperson of Ward 9, and Tulsi Singh, former Chief of Nepal Bhasa Faculty of TU have been involved in the discussion. There was agreement in-principle that the course will be introduced in the school since new educational year starting in June 2021. RC Yala Board has also agreed to provide support to the school from the interest earned in Dr. Kedar Lal Shrestha Education Fund.

Emergency Relief Support to Victims of Melamchi Flood in Sindhupalchowk District  
RC Yala joined hands with NRCL in its collective response to emergency needs of the families displaced by Melamchi flood. The Club donated Rs. 31,000 to the fund collected by NRCL for the purpose.

Likewise, RC Yala contributed Rs. 10,000 to the joint fund raised by Rotaract Club of Yala and Interact Club of Yala for the flood relief.



ROTARY GLOBAL GRANT# GG2118291,  
PCR EQUIPMENT AND TEST KITS

Host Club:  
ROTARY CLUB OF YALA, Lalitpur,

Contributing Partners:  
The Rotary Foundation, Rotary International  
Dr. Rup Jyoti, Rotary Club of Kathmandu Mid-Town, RID 3292 (Nepal & Bhutan),  
Rotary Club of Jindalee and RID 9630 (Brisbane, Australia),  
RID 3462 (Taichung, Taiwan),  
Madhyapur Thimi Municipality  
Centre for Molecular Dynamics Nepal

Rotary Year 2020-21





## Some Glimpses of the Club Visit of District Governor Rtn Rajib Pokhrel on January 29, 2021







**Rare Moments of In-person Meetings and Fellowship**  
(Only four meetings were held physically in 2020-21)











SERVE TO CHANGE LIVES

## Participation in Charter Day Ceremony of Rotaract Club of Yala



## BaSu Trust Award District 3292



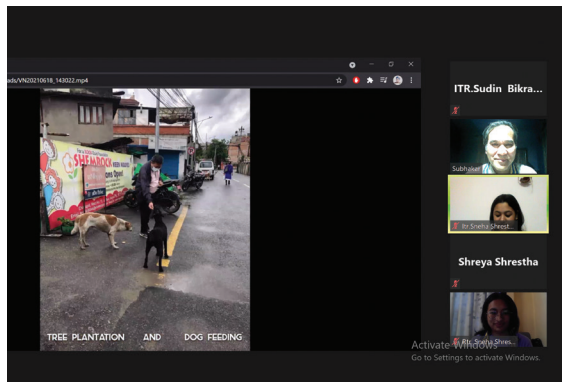
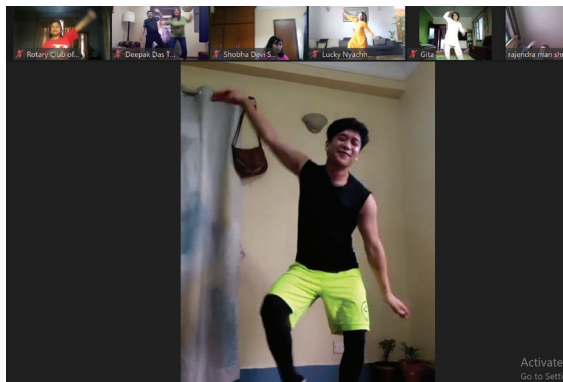
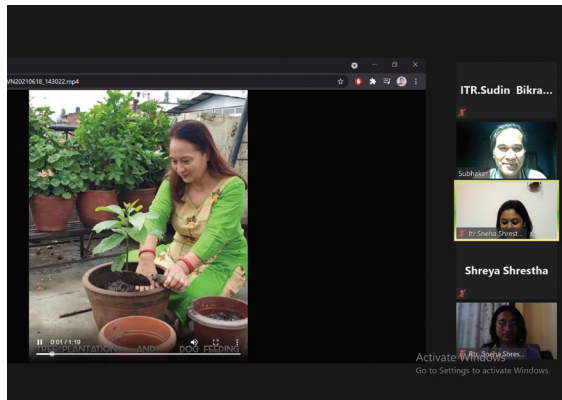
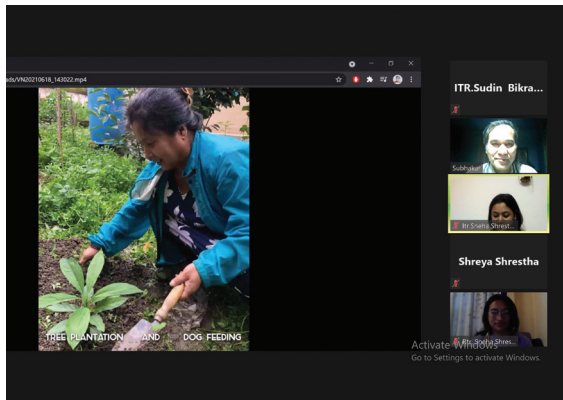
## Participation in District Conference (9-11 April)







## Few Screenshots of Online Meetings and Fellowship



## Charter Presentation Ceremony of RC Patan East

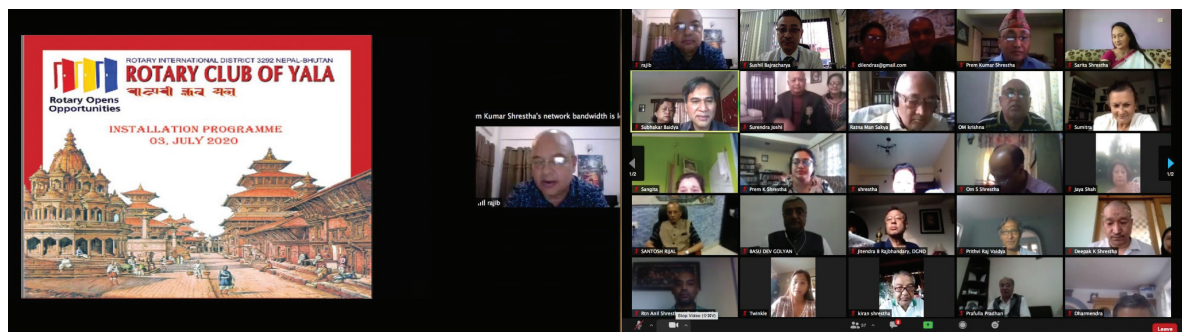




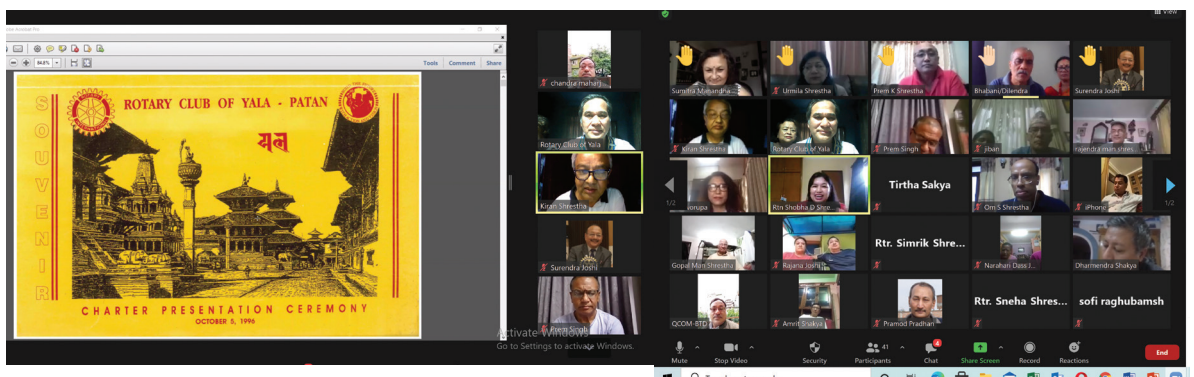


**Talk by  
David Gellner  
(Screenshots  
Online meeting)**

## Installation



## 25th Anniversary







# रोटरी वर्ष २०२०/२१ मा रोटरी क्लब यल

## आयन् समूहबाट भएका गतिविधिहरू

रोटरी वर्ष २०२०/२१ मा आयन् समूह  
(रोटरी क्लब यल) ले गरेका कार्यक्रमहरू

१. मिति २०७७ श्रावण १७ गते (१ अगस्ट २०२०)  
मा आयन् बट्टी लक्ष्मी जोशी र रो.सुरेन्द्र गो  
बिन्द जोशी ले मानव सेवा आश्रम हात्तिवनमा  
छ महिनाको लागि भोजन र मासिक दान वापत  
रु २२,०००/- हस्तान्तरण गर्नु भयो ।
  २. मिति २०७७ भदौ १९ गते (४ सेप्टेम्बर २०२०)  
मा आयन् बट्टी लक्ष्मी जोशीले धापाखेल मैत्री  
समूह र ठूलो पधेरो टोल विकास को सहयोगको  
लागि रु ५,०००/- प्रदान गर्नुभयो ।
  ३. मिति २०७७ असोज २ गते (१८ सेप्टेम्बर  
२०२०) E-Club या Rotary District 3292  
का सर्भिस डाइरेक्टर रो. कुसुम तामाङलाई रु  
२४,५००/- हस्तान्तरण गरियो । उक्त रकम  
सात दिन (असोज ४ देखि १० गते सम्म) को  
लागि प्रति दिन १०० जना विपन्नहरूको लागि  
खाना व्यवस्था गर्नको लागि हो । सहभागीहरू:  
आयन् उमा जोशी, आयन् राधा श्रेष्ठ, रो.मन्जरी  
ताम्राकार, रो. लक्ष्मण जोशी, रो.ओम शंकर श्रेष्ठ  
र रो. दीपक दास ताम्राकार ।
- रकमको स्रोत:  
आयन् फण्ड: १०,५००/-  
आयन् प्रेसिडेण्ट उमा जोशी: ७,०००/-  
रो. लक्की प्रधान: ३,५००/-  
रो. मन्जरी ताम्राकार: ३,५००/-
४. मिति २०७७ असोज ८ गते (२४ सेप्टेम्बर  
२०२०) मा बौद्धिक अपाङ्ग कल्याण संघ सिफल  
चौरको सहयोगको लागि आयन् मिनु प्रधान  
बाट संघकी संचालिका मीना ढुङ्गनालाई रु  
३०,०००/- (तीस हजार) हस्तान्तरण गरियो।  
सहभागीहरू: उमा जोशी, मिनु प्रधान, मीना  
श्रेष्ठ, रो. लक्ष्मण जोशी तथा रो. ओम शंकर  
श्रेष्ठ ।

५. मिति २०७७ असोज ९ गते (२५ सेप्टेम्बर  
२०२०) हरिसिद्धि, ललितपुर स्थित जेष्ठापुर बौद्ध  
विहार (दिवा सेवा) मा भुई र भर्थाडमा टायल  
लगाउन आयन् फण्डबाट १०,०००/- सहयो  
ग गरियो । सहभागी: उमा जोशी र रो. लक्ष्मण  
जोशी ।
६. मिति २०७७ असोज १४ गते (३० सेप्टेम्बर  
२०२०) विपन्न परिवारका साना नानीहरूलाई  
लागि पुराना कपडा र खेलौनाहरू बितरण  
गर्न हितेरी फाउण्डेशनकी कुसुम तामाङलाई  
हस्तान्तरण गरियो । सहयोगी: आयन् गौरी श्रेष्ठ,  
एस.एम.भि.आर.-२ की सुनिता जोशी र सरस्वती  
श्रेष्ठ (रो. लक्ष्मण जोशीकी दिदी) ।
७. मिति २०७७ मंसिर १५ गते (३० नोभेम्बर  
२०२०) स्वर्गारोहण भइसकेका आमा-बुवाहरूको  
सम्झनामा १२ विपन्न परिवारलाई १ महिनाको  
खाना व्यवस्थाको लागि रु ४,०००/- प्रति  
परिवारको दरले रु ४८,००० नगद हितेरी  
फाउण्डेशनलाई हस्तान्तरण गरियो ।

सहयोगीहरू:

- शारदा जोशी (हाल अमेरीका) की आमा स्व.  
जमुना देवी जोशीको नाममा ३ परिवार,  
रु १२,०००
  - आयन् उमा जोशीको सासु स्व. जमुना देवी  
जोशीको नाममा ३ परिवार, रु १२,०००
  - आयन् उषा प्रधानको बुबा स्व. केशवलाल  
प्रधानको नाममा २ परिवार, रु ८,०००
  - रो. शोभा श्रेष्ठकी सासु स्व. विद्या श्रेष्ठकी  
नाममा २ परिवार, रु ८,०००
  - आयन् फण्ड बाट २ परिवार, रु ८,०००
- २०७७ मंसिर १७ गते २ परिवारलाई राहत बितरण  
गरियो र बाँकी १० जनालाई त्यसको कही दिन  
पछि राहत बितरण गरियो । सहयोग प्राप्त गर्ने  
मध्येकी माया राणा मगर को नाबालक छोरोको



SERVE TO CHANGE LIVES

- लागि आयन् उमा जोशी द्वारा रु २,०००/- बराबरको दुध तथा सहयोगीहरु आयन् विजया श्रेष्ठ, मोहिनी प्रधान (आयन् उषा प्रधानको आफन्त) र सलोना जोशी (उमा जोशीको आफन्त) बाट नाबालकको लागि न्यानो लुगा उपलब्ध गराइयो भने यसको केही दिन पछि आयन्स ग्रुप बाट रु २,६४०/- बराबरको पाउडर दुध उपलब्ध गराइयो ।
८. मिति २०७७ पौष १ गते (१६ डिसेम्बर २०२०) आयन् बट्टी लक्ष्मी जोशीले आफ्नी आमा स्व. मोती नानी अमात्यको १३ दिनको पुन्य तिथिमा मानव सेवा आश्रम हात्तिवनमा भोजन र औषधिको लागि रु २०,०००/- प्रदान गर्नुभयो ।
९. मिति २०७७ माघ ५ गते (१८ जनवरी २०२१) आयन् उमा जोशीले जेष्ठापुर बुद्ध विहारमा बुबा आनन्द भक्त प्रधानाङ्गको सम्भ्रनामा विहार का बृद्धहरुलाई चियापान (खर्च रु १,७००/-) गराउनु भयो । सोही दिन रो. मन्जरी ताम्राकारले २०७७ माघ १५ गते बुहारी सुष्मिता तुलाधर ताम्राकारको जन्म दिनको अवसरमा विहारमा चियापानको लागि सहयोग रकम रु १,००० दिनु भयो ।
१०. मिति २०७७ माघ ९ गते (२२ जनवरी २०२१) रो. उर्मिला श्रेष्ठबाट आफ्नी सासु सुभद्रा श्रेष्ठको पुण्य तिथि (२०७७ माघ १०) को अवसर मा निसाय सेवा सदन नयाँ बानेश्वरमा तथा बौद्धजन विहार दिवा सेवा सुनाकोठीमा खानाको लागि जम्मा रु १२,०००/- प्रदान गर्नु भयो ।
११. मिति २०७७ माघ १६ गते (२९ जनवरी २०२१) क्यान्सर जनचेतना कार्यक्रम अन्तर्गत माउन्ट भ्यू रेसिडेन्सी फेज १ हरिसिद्धिमा डा. सरीता घिमिरेको सहभागितामा सम्पन्न गरियो । जलपानको लागि रो. दीपक दास ताम्राकार र रो. मन्जरी ताम्राकारबाट रु ३,०००/- सहयोग गरियो ।
१२. आयन् उषा प्रधानज्यूले आफ्नो बुबा स्व. केशवलाल प्रधानको २०७७ माघ २० गते वर्षादिनको पुन्य तिथिमा बौद्धजन विहार दिवा सेवा सुनाकोठीमा सहयोगार्थ रु ६,०००/- हस्तान्तरण गर्नु भयो ।
१३. २०७७ फाल्गुन १२ गते (२४ फ्रेब्रुवरी २०२१) हात्ती-हात्ती संस्था बाट दिइने ३-महिने सिलाई तालिममा एकल महिला-आमा गंगा तामाङ (हल्का अपाङ्ग) को सहभागिताको लागि आयन् फण्ड बाट रु १८,०००/- हजार हस्तारण गरियो ।
१४. २०७७ फाल्गुन १७ गते (१ मार्च २०२१) मा आयन् मीना श्रेष्ठ र आयन् मिनु प्रधानले छोरा धिरज प्रधान र साथी अशोक श्रेष्ठ बाट प्राप्त रु २३,०००/- र रो. उर्मिला श्रेष्ठकी नन्द क्यानी श्रेष्ठबाट प्राप्त रु ५,०००/- बौद्धिक अपाङ्गताका अभिवावक समाज, लुभु ललितपुर को सहयोगको लागि जम्मा रु २८,०००/- हस्तान्तरण गर्नु भयो ।
१५. २०७७ फाल्गुन १९ गते (३ मार्च २०२१) बुधवार आयन् उषा प्रधानको भाइ संजय लाल प्रधानबाट आफ्नो बुबा स्व. केशव लाल प्रधानको पुण्य तिथिमा मानव सेवा संघ हात्तिवनमा रात्री भोजन व्यवस्थाको लागि रु १०,०००/- रकम हस्तान्तरण गरियो । सोही दिन आयन् बट्टी लक्ष्मी जोशी र रो. सुरेन्द्र गोविन्द जोशीले सो संघमा दैनिक खानाको लागि सहयोग बापत महिनाको रु २,०००/- को दरले छ महिनाको लागि रु १२,०००/- उपलब्ध गर्नुभयो ।
१६. २०७७ फाल्गुन २३ गते (७ मार्च २०२१) ठेचो स्थित ब्रम्हायणी स्कूलमा विद्यार्थीहरुको लागि दुइ महिनाको लागि खाजा र स्टेशनरीको व्यवस्था गरियो । खाजा र २ सिलिण्डर ग्यासको लागि चाहिने रु १६,०५५/- मध्ये आयन् फण्डबाट रु ८,०००/- र बाँकी रु ८,०५५/- आयन् उमा जोशीबाट सहयोग गरियो । सो हस्तान्तरण कार्यक्रमको लागि रो. प्रेरणा जोशी बाट १,००० थान कलर पेन्सिल २०० थान पेन्सिल प्राप्त भएको थियो ।
१७. २०७७ चैत्र १७ गते (३० मार्च २०२१) जेष्ठापुर बुद्ध विहार हरिसिद्धिमा आयन् उमा जोशीबाट आफ्नी आमा स्व. जुलिया प्रधानाङ्गको पुण्यतिथिमा बृद्धहरुलाई चियापान गराउनु भयो (खर्च रु २,०००/-) ।
१८. २०७७ चैत्र २६ गते (८ अप्रिल २०२१) विहवार आयन् ग्रुपबाट हितेरी फाउण्डेशनको संयोजनमा हात्ती-हात्ती संस्थामा चरिकोट निवासी





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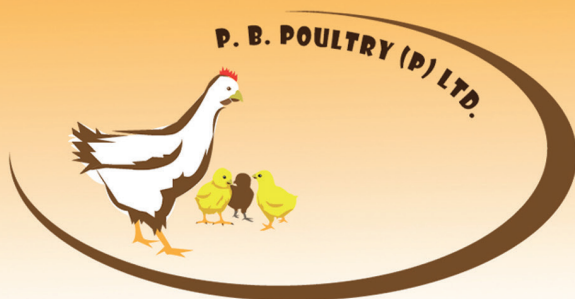
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SERVE TO CHANGE LIVES



युवा महिला सरीता श्रेष्ठलाई ३-महिने सिलाई तालिमको व्यवस्था गरियो । तालिमको लागि महिनाको रु ६,०००/- का दरले रु १८,०००/- तीन महिनाको रकम संस्थालाई प्रदान गरियो । सरीतालाई तालिम पछि सोही संस्थामा कामको व्यवस्था हुने जानकारी पनि पाइयो ।

१९. २०७८ वैशाख १२ गते (२५ अप्रिल २०२१) श्री भानोदय स्कूलमा दिउँसोको खाजा (टिफिन) व्यवस्था गर्न रु २०,०००/- (आयन् फण्ड रु १०,०००/-, आयन् बट्टि लक्ष्मी रु ५,०००/- र एनी प्रधान रु ५,०००/-) तथा दुई बिपन्न विद्यार्थीहरूको लागि जनही रु १५,०००/- वार्षिक छात्रवृत्तिको लागि एर्शा जोशी ताम्राकार र एनी अमात्य प्रधानबाट प्राप्त भयो (जम्मा रु ५०,०००/-) ।

२०. २०७८ वैशाख १२ गते (२५ अप्रिल २०२१) हात्ती-हात्ती संस्थामा कपडा सिलाउनको लागि ३ भोला साडी सहयोग स्वरूप प्रदान गरियो । सहयोगीहरू: आयन् उषा प्रधान, आयन् उमा जोशी र दिदी रोशनी अमात्य ।

२१. २०७८ वैशाख १७ गते (३० अप्रिल २०२१) मानव सेवा आश्रम हात्तिवनमा आयन् बट्टि लक्ष्मी जोशीले एक ट्यांकर पानी (रु १,७००/-) उपलब्ध गराउनु भयो ।

२२. २०७८ जेष्ठ ७ गते (२१ मे २०२१) शुक्रवार कोरोनाबाट प्रभावित भई खानालाई मुश्किल ६ गरीब परिवारहरूलाई हितेरी फाउण्डेशन मार्फत आयन् फण्डबाट रु २४,०००/- सहयोग प्रदान गरियो ।

२३. बर्न फोर अल संस्था मार्फत रो. उर्मिला श्रेष्ठले कपन स्कूललाई खेलकुद मैदान बनाउन रु ५,०००/- सहयोग गर्नु भयो ।

## आयन् समूह बाट सामाजिक सेवा कार्यक्रमका केही फोटोहरू:



कोभिड-१९ को कारण काम नपाएका भोका दैनिक मजदूरहरूको लागि हितेरी फाउण्डेशन मार्फत ललितपुर माहालक्ष्मीस्थानमा एक हप्ता दैनिक १०० जनाको लागि खाना व्यवस्था



कोभिड-१९ को कारण दैनिक रोजि-रोटी जोर्न समस्या भएका १८ परिवारलाई एक महिनाको खाद्यान्न हितेरी फाउण्डेशन मार्फत बितरण

जेस्तापुर बुद्ध विहार, हरिसिद्धिमा बेला-बेलामा खाजाको व्यवस्था तथा भर्थाङ्ग निर्माणमा सहयोग



SERVE TO CHANGE LIVES



हात्ती-हात्ती संस्था मार्फत दुई गरिब महिलाको सिलाई सीप तालिमको लागि आर्थिक ब्यबस्था



बौद्धिक अपाड कल्याण संस्थाको लागि आर्थिक सहयोग गरियो



ब्रम्हायणी स्कूलमा २ महिनाको लागि बिद्यार्थीहरूको खाजा ब्यबस्था तथा स्टेशनरी सामान बितरण



बौद्धिक अपाडताका अभिभावक समाजको लागि आर्थिक सहयोग



भानोदय स्कूलमा बिद्यार्थीको खाजा तथा दुई जना बिद्यार्थीको लागि छात्रवृत्ती सहयोग





SERVE TO CHANGE LIVES

# रोटरीमा पुरस्कार तथा सम्मानको व्यवस्था



दिलेन्द्र राज श्रेष्ठ  
पाष्ट डिष्ट्रिक्ट गभर्नर

प्रत्येक वर्ष डिष्ट्रिक्ट गभर्नरले आफ्नो कार्यकालका निमित्त विभिन्न डिष्ट्रिक्ट स्तरका कमिटीहरू बनाउने गर्दछ। जसमा 'डिष्ट्रिक्ट अवार्ड कमिटी' पनि पर्दछ। हाल सम्म यस खाले 'डिष्ट्रिक्ट अवार्ड कमिटी'ले क्लबहरूले वर्षभरी गरेका कार्यहरूको मुल्यांकन गरि रोटरी वर्षको अन्त अन्ततिर अवार्ड सेरेमनीको आयो जना गर्ने काममात्र गरेको देखिन्छ। यस कमिटीका अध्यक्ष तथा सदस्यहरूमा यस कमिटीको काम भनको यत्तिमात्र हो भन्ने परेको छ। 'डिष्ट्रिक्ट अवार्ड कमिटीको प्रमुख दायित्व भनेको वर्षभरी राम्रा काम गरेका रोटरी क्लबहरू तथा रोटरीयनहरूलाई पुरस्कृत तथा सम्मान गर्नु अवश्यै पनि हो। तर कमिटीले डिष्ट्रिक्टकै पुरस्कार र सम्मानमा मात्र सिमित भएर पुग्दैन।

रोटरीले राम्रा काम गर्ने रोटरी क्लब रोटरीयन रोटराक्ट, इन्टराक्ट रोटरीयनका श्रीमान वा श्रीमती तथा गैर रोटरीयनहरूलाई सम्मान गर्न विभिन्न किसिमका पुरस्कार तथा सम्मानको व्यवस्था गरेको छ। क्लबहरूलाई यस्ता पुरस्कारको व्यवस्थाको विषयमा जानकारी दिनु, राम्रा क्लबहरू तथा रोटरीयनहरूको पहिचान गरी गभर्नरलाई यस विषयमा सरसल्लाह दिनु पनि यस कमिटीको प्रमुख कर्तव्य भित्र पर्दछ। तथापि यस्तो काम अहिले सम्म कमिटीबाट भएको देखिँदैन। यसमा मेरो गभर्नरको कार्यकाल पनि अछुतो छैन। यसका कारक तत्व के लाग्ने हो भने प्रमुखतः यस विषयमा जानकारीको अभाव नै हो भन्दा अत्युक्ती नहोला।

यहाँनिर रोटरीमा पुरस्कार तथा सम्मानको के कस्ता व्यवस्था छन् भन्ने विषयमा केही प्रकाश पार्नु प्रासंगिक थर्ह्ला।

क. क्लबहरूलाई दिइने पुरस्कार तथा सम्मान

## १. ROTARY CITATION FOR CLUBS

यो सम्मान क्लबहरूलाई गरिने सबैभन्दा महत्वपूर्ण सम्मान हो। यो सम्मानका लागि प्रत्येक वर्ष रोटरी इन्टरनेशनलका अध्यक्ष बाट यो यो विधामा यो यो काम गर्नु भन्ने क्लबहरूलाई सम्मानित गरिने छ भनी उद्घोष रोटरीको इन्टरनेशनल एसेम्बलीको बेला गरिएको हुन्छ। वर्ष भरी गरिएको कामको आधारमा क्लबले यस साइटेशनको लागि योग्यता पुगेको खण्डमा क्लबका अध्यक्षले जुनको ३० तारिख भित्र रोटरी इन्टरनेशनलमा रिपोर्टिङ गरिएको आधारमा प्रमाण पत्र सहित यो सम्मान प्रदान गरिन्छ। हाम्रो डिष्ट्रिक्टका प्रायजसो क्लबहरूले यो साइटेशन प्रत्येक साल पाइने राखेका छन्।

यो साइटेशन रोटराक्ट क्लबहरू तथा इन्टराक्ट क्लबहरूलाई पनि प्रदान गरिन्छ।

## २. SIGNIFICANT SERVICE AWARD

समुदायको जल्दोबल्दो आवश्यकतालाई सम्बोधन गर्ने किसिमका आयोजना सम्पन्न गर्ने क्लबहरूलाई सम्मानित गर्न डिष्ट्रिक्टलाई अवसर प्रदान गर्ने उद्देश्यले यो पुरस्कारको स्थापना गरिएको छ। यस पुरस्कारका निमित्त छानिएका आयोजना एउटै क्लबले

गरेको हुनु पर्नेछ, अर्थात यो आयोजना कुनै अन्य क्लबसंग मिलेर गरेको हुनु हुँदैन र यस पुरस्कारका निमित्त कुनै पनि क्लबले गभर्नरलाई बर्षको एउटा मात्र आयोजनाको रिपोर्ट दिनु पर्दछ। यो पुरस्कारको निमित्त एक पटक छनौट भैसकेको आयोजना अर्को पटकको लागि योग्य हुँदैन। डिष्ट्रिक्ट गभर्नरले प्रत्येक बर्ष एक भन्दा बढी क्लबहरूलाई पुरस्कारको निमित्त छनौट गर्न सक्दछ।

### ३. WORLD INTERACT WEEK RECOGNITION

प्रायोजक रोटरी क्लब अथवा डिष्ट्रिक्ट इन्टराक्ट कमिटी अध्यक्षले डिष्ट्रिक्ट भित्र भएका कुनै पनि इन्टराक्ट क्लबलाई यो पुरस्कारका निमित्त सिफारिस गर्न सक्दछ। यो पुरस्कार पहिलो इन्टराक्ट क्लबको जन्म भएको दिन नोभेम्बर ५ को दिन परेको हप्तामा दिइन्छ। यो पुरस्कार पाउने इन्टराक्ट क्लबलाई इलेक्ट्रोनिक प्रमाण पत्र प्रदान गरिन्छ।

### ४. WORLD ROTARACT WEEK RECOGNITION

प्रायोजक रोटरी क्लब अथवा डिष्ट्रिक्ट रोटाराक्ट कमिटी अध्यक्षले डिष्ट्रिक्ट भित्र भएका कुनै पनि रोटाराक्ट क्लबलाई यो पुरस्कारका निमित्त सिफारिस गर्न सक्दछ। यो पुरस्कार पहिलो रोटाराक्ट क्लबको जन्म भएको दिन मार्च १३ को दिन परेको हप्तामा दिइन्छ। यो पुरस्कार पाउने रोटाराक्ट क्लबलाई पनि इलेक्ट्रोनिक प्रमाण पत्र प्रदान गरिन्छ।

### ५. INTERACT VIDEO AWARDS

इन्टराक्ट क्लबहरूले आआफ्नो क्लबले गरेका सामुदायिक सेवा सम्बन्धी कृयाकलापलाई समेटेर बनाएको श्रव्यदृश्यलाई इन्टराक्ट क्लबका सदस्य वा प्रायोजक रोटरी क्लबले पुरस्कारका निमित्त सिफारिस गर्न सक्दछ। यस्तो सिफारिस प्रत्येक बर्ष अक्टोबर १ तारिख देखी डिसेम्बर १ तारिख भित्र रोटरी इन्टरनेशनलमा पुगी सक्नु पर्दछ। यो पुरस्कार पाउने क्लबले प्रमाण पत्र सहित प्लेक प्राप्त गर्दछ।

### ६. ROTARACT OUTSTANDING PROJECT AWARDS

स्थानीय वा अन्तराष्ट्रिय समुदायको बिकासमा दिगो असर पार्ने खालका रोटाराक्ट क्लबहरूले सम्पन्न गरेका रोटरीका ७ वटा फोकस एरिया भित्र परेका

आयोजनाहरूको लागि यो पुरस्कार प्रदान गरिन्छ। यसका लागि अगष्ट १ तारिख देखी फेब्रुअरी १ तारिखका बिच रोटाराक्ट क्लबका सदस्यहरूले आवेदन गर्न सक्दछन्। यस पुरस्कारमा पनि पुरस्कार पाउने रोटाराक्ट क्लबलाई प्रमाण पत्र सहित प्लेक प्रदान गरिन्छ।

ख. ब्यक्तीलाई प्रदान गरिने पुरस्कार तथा सम्मान रोटरी इन्टरनेशनलले रोटरी क्लब, रोटाराक्ट क्लब तथा इन्टराक्ट क्लबको अलावा बिभिन्न ब्यक्ती, रोटरीयन तथा गैर रोटरीयनहरूलाई समेत बिभिन्न पुरस्कारबाट सम्मानित गर्दछ। ब्यक्तीलाई गरिने सम्मान वा प्रदान गरिने पुरस्कार निम्नानुसार छन्।

### १. AVENUES OF SERVICE AWARD (DISTRICT RECOGNITION)

रोटरीका सेवाका ५ ढोकाहरू (एभेन्यूज अफ सर्भिस) – क्लब सर्भिस, भोकेशनल सर्भिस, कम्युनिटी सर्भिस, इन्टरनेशनल सर्भिस र यूथ सर्भिस मध्येका कस्मिमा कुनै एक एभेन्यूमा सक्रिय सहभागी भएका कुनै १ रोटरीयन वा रोटाराक्ट क्लबका सदस्यलाई क्लबको सिफारिसमा डिष्ट्रिक्टबाट प्रदान गरिने यो पुरस्कारबाट सम्मानित गर्न सकिन्छ। यो पुरस्कारका निमित्त रोटरी बर्षभरी कुनैपनि बेला सिफारिस गर्न सकिन्छ। यो पुरस्कार इलेक्ट्रोनिक सर्टिफिकेटको रुपमा प्राप्त हुन्छ।

### २. AVENUES OF SERVICE AWARD (RI RECOGNITION)

यो सम्मान पनि एभेन्यूज अफ सर्भिस भित्र उल्लेखनीय काम गरेका क्लबका कुनै १ सदस्यलाई प्रदान गर्न डिष्ट्रिक्टले सिफारिस गर्न सक्दछ। तर यो सम्मान रोटरी इन्टरनेशनलबाट प्राप्त हुन्छ र यो पुरस्कारका निमित्त योग्य हुनका निमित्त भने पाँचैवटा एभेन्यूज अफ सर्भिसको काम गरेको हुनु पर्दछ। यो पुरस्कारको लागिपनि सिफारिस गर्ने समय सिमा हुन्न, रोटरी बर्ष भरी जहिले गरेपनि हुन्छ। यस पुरस्कार पाउनेले पिन तथा क्रिष्टल प्राप्त गर्दछ।

### ३. ROTARY FOUNDATION CITATION FOR MERITORIOUS SERVICE

रोटरी फाउण्डेशनको कुनैपनि कार्यक्रमको माध्यमबाट समाजमा सक्रिय सेवा पुर्याएका रोटरीयन अथवा



रोटराक्टर लाई डिष्ट्रिक्ट रोटरी फाउण्डेशन कमिटी चेयरको सिफारिस तथा डिष्ट्रिक्ट गभर्नरको सहमतिमा रोटरी इन्टरनेशनलबाट यो पुरस्कार प्रदान गरिन्छ । इलेक्ट्रोनिक सर्टिफिकेटको रूपमा प्राप्त हुने यस सम्मानका निमित्त प्रत्येक वर्ष नोभेम्बर १ देखी डिसेम्बर ३१ सम्म सिफारिस गैसकेको हुनु पर्दछ ।

#### ४. ROTARY FOUNDATION DISTINGUISHED SERVICE AWARD

यो पुरस्कार रोटरी फाउण्डेशनको लक्ष प्राप्तिका निमित्त बिशिष्ट योगदान पुर्‍याउने रोटरीयन वा रोटराक्टरलाई प्रदान गरिन्छ । यो पुरस्कार माथी उल्लेख भएको पुरस्कार Rotary Foundation Citation for Meritorious Service पाएको ४ वर्ष नाघिसके कालाई मात्रै दिइन्छ । अतः यो पुरस्कार माथिल्लो दर्जाको हो । कुनैपनि रोटरीयन वा रोटराक्टरले यो पुरस्कारका निमित्त प्रत्येक वर्ष जनवरी देखी पेब्रुअरी महिना भरीमा सिफारिस गर्न सक्दछन् । पुरस्कारको रूपमा पुरस्कृत हुनेलाई पनि तथा क्रिष्टल प्रदान गरिन्छ ।

#### ५. ROTARY FOUNDATION DISTRICT SERVICE AWARD

रोटरी फाउण्डेशनका कार्यक्रमहरूको माध्यमबाट समाजमा सकारात्मक परिवर्तन ल्याउन योगदान पुर्‍याएका रोटरीयन तथा रोटराक्टरहरूलाई यो सम्मान प्रदान गरिन्छ । यस पुरस्कारका निमित्त मनोनयन गर्ने काम डिष्ट्रिक्ट रोटरी फाउण्डेशन कमिटीको सिफारिसमा डिष्ट्रिक्ट गभर्नरले गर्दछ । यो पुरस्कारका निमित्त सिफारिस वा मनोनयन गर्ने कार्य साधारतया डिष्ट्रिक्ट कन्फरेन्सको अगावै गर्ने गरिन्छ । पुरस्कृत हुनेले पुरस्कारको रूपमा इलेक्ट्रोनिक सर्टिफिकेट प्राप्त गर्दछ ।

#### ६. SERVICE ABOVE SELF AWARD

यो पुरस्कार रोटरीयन तथा रोटराक्टरहरूका निमित्त अतिनै उच्च तहको पुरस्कार हो । आफ्नो समय तथा शीपको योगदान गरेर समाजमा परिवर्तनकारी भूमिका निर्वाह गर्ने कुनै पनि रोटरीयन तथा रोटराक्टरलाई रोटरी इन्टरनेशनलले डिष्ट्रिक्ट गभर्नरको सिफारिसमा यो सम्मान प्रदान गर्दछ । बिगतमा यो

पुरस्कार रोटरीयनहरूलाई मात्र प्रदान गरिन्थ्यो भने रोटराक्टर क्लबहरूलाई पनि रोटरी इन्टरनेशनलको सदस्यको रूपमा रोटरीले ग्रहण गरेपछि अब यो पुरस्कार रोटराक्टरहरूले पनि प्राप्त गर्न सक्दछ । यो पुरस्कारका निमित्त अक्टोबर १ देखी ३१ तारिख सम्म सिफारिस गरिसक्नु पर्दछ । पुरस्कारको रूपमा पुरस्कृत हुनेले पीन तथा क्रिष्टल पाउँदछ । हाम्रो डिष्ट्रिक्टमा हाल सम्म स्व.गोपाल राजभण्डारी, दिलेन्द्र राज श्रेष्ठ, डा.टीकामान बैद्य, अम्बिका श्रेष्ठ, तीर्थ मान शाक्य तथा केशव कुवर सहित ६ जना रोटरीयनहरू यो पुरस्कारबाट सम्मानित भै सकेका छन् ।

#### ७. SERVICE AWARD FOR A POLIO-FREE WORLD

पोलियो रोगको उन्मुलनमा क्षेत्रिय तथा अन्तरराष्ट्रिय स्तरमा बिशेष योगदान पुर्‍याउने रोटरीयनहरूलाई यो पुरस्कार प्रदान गरिन्छ । कुनै पनि रोटरीयनले यस पुरस्कारका निमित्त सिफारिस गर्न सक्दछ भने प्रत्येक वर्ष यस पुरस्कारका निमित्त जुलाई १ तारिख देखी अक्टुबर १ तारिख सम्म सिफारिस गरिसक्नु पर्दछ । पुरस्कारको रूपमा फ्रेम गरिएको प्रमाण पत्र तथा प्लेक प्राप्त हुन्छ ।

#### ८. POLIOPUS PIONEER AWARD

सन १९९२भन्दा अगाडी रोटरीको पोलिया अभियानमा असाधारण योगदान पुर्‍याउने रोटरीयनहरूलाई यो पुरस्कार प्रदान गरिन्छ । कुनै पनि रोटरीयनले यो पुरस्कारका निमित्त जुलाई १ देखी अक्टोबर १ भित्र सिफारिस गर्न सक्दछन् । पुरस्कारको रूपमा क्रिष्टल प्रदान गरिन्छ ।

ग. गैर रोटरीयनहरूलाई प्रदान गरिने पुरस्कारहरू रोटरीको उद्देश्य पुर्तिका निमित्त यथोचित योगदान पुर्‍याउने गैर रोटरीयनहरूलाई पनि रोटरीले सम्मान गर्दछ । यसरी सम्मान गरिने ब्यक्तीहरूमा रोटरीयनका श्रीमान वा श्रीमती, रोटरी वा रोटरी फाउण्डेशनको कुनैपनि कार्यक्रममा सहभागी भै सकेका ब्यक्तीहरू आदि पनि पर्दछन् ।

#### ९. ROTARY ALUMNI ASSOCIATION OF THE YEAR AWARD

रोटरी इन्टरनेशनल वा रोटरी फाउण्डेशनको कुनै

पनि कार्यक्रम (जस्तै, युथ एक्सचेञ्ज, भोकशनल ट्रेनिङ्ग टीम आदी)मा सहभागी भैसकेकाहरुको आ आफ्नो डिष्ट्रिक्टमा एल्मुनी एशोसिएशन गठन गर्न रोटरीले प्रोत्साहित गरेको छ। यस्ता एल्मुनीहरुले रोटरीले गरेका राम्रा कामहरुको बिषयमा जनमानसमा जानकारी गराउँदछ। प्रत्येक वर्ष हुने रोटरी इन्टरनेशनलको कुम्भ मेला, रोटरी कन्भेन्शनको अवसर पारेर उल्लिखित क्षेत्रमा उत्कृष्ट काम गर्ने एल्मुनीलाई यो पुरस्कार प्रदान गरिन्छ। यस पुरस्कारका निमित्त रोटरी परिवारका कुनै पनि क्लब (रोटरी, रोटाराक्ट, इन्टराक्ट आदी)का सदस्यले सिफारिस गर्न सक्दछ। यस्ता सिफारिस जुलाई १ तारिख देखी सेप्टेम्बर १५ भित्र गरिसक्नु पर्दछ। पुरस्कारको रुपमा रोटरी कन्भेन्सनमा ब्यानर प्रदान गरिन्छ।

२. ROTARY ALUMNI GLOBAL SERVICE AWARD  
माथी १.मा उल्लेख गरिएको पुरस्कार एल्मुनी एशोसिएशनलाई प्रदान गरिन्छ भने यो पुरस्कार त्यस्ता एल्मुनी एशोसिएशनमा आबद्ध रोटरी वा रोटरी फाउण्डेशनको कार्यक्रममा सहभागी भैसकेका व्यक्तीलाई प्रदान गरिन्छ। यस पुरस्कारका निमित्त पनि रोटरी परिवारका कुनै पनि क्लब (रोटरी, रोटाराक्ट, इन्टराक्ट आदी)का सदस्यले सिफारिस गर्न सक्दछ। पुरस्कारको रुपमा क्रिष्टल प्रदान गरिने यो पुरस्कारका निमित्त पनि जुलाई १ तारिख देखी सेप्टेम्बर १५ भित्र सिफारिस गरिसक्नु पर्दछ। यो पुरस्कार पनि रोटरी कन्भेन्सनमै प्रदान गरिन्छ।

### ३. ROTARY AWARD FOR EXCELLENCE IN SERVICE TO HUMANITY

बिगतमा रोटरीयनका श्रीमान वा श्रीमतीलाई प्रदान गरिने छुट्टै पुरस्कार थियो। हाल रोटरीयनका श्रीमान वा श्रीमतीलाई प्रदान गरिने पुरस्कार पनि यहि पुरस्कारभित्रै गाभिएको छ। समाजमा रोटरीको सेवा भावनालाई आत्मसात गर्दै उल्लेखनीय योगदान पुर्‍याउने रोटरीयनका श्रीमान वा श्रीमती लगायतका अन्य कुनैपनि गैर रोटरीयनलाई यो पुरस्कारबाट सम्मानित गरिन्छ। यस पुरस्कारका निमित्त नाम सिफारिस गर्ने काम डिष्ट्रिक्ट गभर्नरले प्रत्येक साल मार्चको १ देखी ३१ तारिख भित्र गरिसक्नु पर्दछ।

यस पुरस्कारमा पनि पुरस्कृत हुने व्यक्तीले पीन तथा क्रिष्टल प्राप्त गर्दछ।

रोटरीको संसारमा रोटरीको सेवा भावनासंग आबद्ध रहेका क्लबहरु, रोटरीयन, रोटाराक्टर, तथा गैर रोटरीयनहरुलाई यथोचित सम्मान गर्ने परम्परा तथा व्यवस्थाको बिषयमा छोटो चर्चा गरियो। यी पुरस्कार तथा सम्मानका बिषयमा अधिकांश रोटरीयनहरु तथा रोटरी क्लबहरुलाई बिशेष जानकारी नभएको कारणले यस बिषयमा खासै चासो नलिएको पाइएको छ। यस आलेख प्रस्तुत गर्नाको उद्देश्य रोटरी, रोटाराक्ट तथा इन्टराक्ट क्लबहरुलाई यस बिषयमा सचेत गराउनु रहेको छ। हाम्रो संस्थाले परिलक्षित गरेको उद्देश्य प्राप्तीका निमित्त कुनै पनि तवरबाट योगदान पुर्‍याउनेलाई यथोचित सम्मान गर्न सकेमा रोटरीको सेवाको पबित्र भावनामा अभि बढी समर्पित हुन अभिप्रेरणा मिल्नेछ भन्ने मैले बिश्वास लिएको छु।





# Rotary Club of Yala

## Rotary International District 3292 Nepal Bhutan

### Strategic Plan for 2021/22 - 2023/24

The strategic plan of RC Yala for 2021/22 – 2023/24 was formulated through the discussions in virtual meetings of small and large groups held over 8 sessions from June 12 thru 24th. At the initial stage, the new board went over the strategic plan and reviewed from the context of Covid -19 and the challenges it posed in conducting meetings and activities that would be possible under normal conditions. The scenario of Covid and restricted mobility and normal conditions were considered in developing the next 3 years of Strategic Plan. During the second stage the Club's standing committees, reviewed the strategic plan and proposed annual plan activities for 2021-22. At the third stage smaller group, again over virtual session held on 24th Jun 2021 worked on the 3 years vision. Each standing committees recalibrated Action plan for 2021-22. The Rotarians, Anns, Rotaractors and Interactors participates in the club assembly of June 26 in reviewing and finalizing the achievements and next 3 years plans in presence of AGs of 2020-21 and 2021-22 along with their respective valuable inputs. In the context of changing scenario of Covid -19, an exercise (by end of July 2020) is eminent to develop detailed action plan specifying activities with timelines, budget and responsible team members for the Rotary Year 2021-22.

#### Strengths, Weaknesses, Opportunities and Challenges (SWOC) analysis:

##### 1. Where are we now?

Today's date: 26 Jun 2021

##### Club Strengths (internal)

- Active participation of Anns, Rotractors and Interactors in club activities,
- Excellent family values and relationship
- Many new and enthusiastic members are engaged in club activities
- Diverse fellowship events
- Diverse skills and experiences of members
- Extensive Rotary knowledge among growing members of the club
- Better Size of Members in the club
- 47 % of Women members (a very good proportion compared to District average)
- District Media Award to Journalists (for Good Governance) sponsored by Yala Rotary Member PP Surendra Govinda Joshi
- Annual recognition program and specific awards established by RC Yala
- Quality Weekly Club Bulletin
- Club members are interviewed by media
- Good image within the district
- Club with Major Donor, PHS, PHF and MPH etc.
- 100% Contribution Club
- Projects and activities related to community needs
- Flagship projects (cancer diagnosis and awareness, water and sanitation, support for elderly, special needs children and students, school support, girl child scholarship)
- Capable in responding to emergencies

##### Club Weaknesses (internal)

- Inadequate attendance in RWM and district events
- Only few members visit other clubs
- Knowledge about rules and procedures not up to the mark
- Sub-optimal use of expertise available in the club
- Club calendar not yet followed strictly.
- Defunct RCCs
- Inadequate number of international speakers in RWM
- Convincing all members to accept change for better future takes a bit of time
- Club committees not sufficiently active and effective
- Inadequate mentoring of new members
- Average age group of members is comparatively high although decreasing
- Humanitarian service of the club not promoted or reflected in media
- No members from print and electronic media houses
- Weak in Public Relation and creating Public Image
- Underutilization of social/media to publicize awards and activities for publicity
- Contribution and participation in TRF not as desired (Members can afford but not motivated to contribute)
- Involvement of members in service projects not to the mark
- Inadequacy in proper documentation
- Link with potential international partners not up to the mark
- Not being able to translate relation with international partners into service projects



SERVE TO CHANGE LIVES

### Club Opportunities (external)

- Strengthening working relationship with Anns Group and Rotaract Club and Interact Club
- Support from District Committees and officials
- Participation in District and RI events and host district event
- Possibility to make best use PP Council
- Creating RC Yala Endowment Fund
- Possibility to make best use of new members
- Possibility to enhance Rotary knowledge (putting Rotary in members)
- Opportunity to introduce various types of membership
- Partnership with print and electronic media (local and National)
- Introduce media and other awards for culture and heritage exemplary humanitarian service works
- Interact with media houses
- Participation in municipal events
- Participation in social and cultural events
- Partnership with institutions RC Yala has already worked with
- Recognition of Club and Members for contributing to RF
- Partnership with local authorities (central and ward level)
- Partnership with other Rotary Clubs for joint projects
- Access to Global and District grants
- To become a model club in the District (strong and united team, improved image, projects with high impact, effective partnerships, new leaders)

### Club Challenges (forthcoming)

- Adapting with present and post COVID19 situation.
- Designing digital activities and use of technologies to overcome Covid scenario.
- Retaining club prestige and credibility
- Finding inspiring and exciting external speakers (international)
- Making optimum use of knowledge and skills of all members including Past Presidents
- Attracting members from media
- Mobilizing resources for public relation
- Fully utilizing skills and capacity of club members, Anns and partners in service in club programs
- Raising funds for club projects
- Finding diversified International Partners for Global Grant Projects

## 2. Where do we want to be (anticipated scenario if the strengths are utilized, weaknesses minimized, opportunities chased and challenges overcome)

Target date: 30 June 2024

1. Good partnership and working relationship with international clubs; at least 5 sister clubs with effective joint program
2. Effective Regular Weekly meetings with attractive programs
3. At least 60% members actively participate in RWMs and club events regularly
4. Hosting three district events and co-hosting at least 9 district events annually
5. At least 25% members active in various important District roles
6. RC Yala Endowment Fund of at least Rs. 5 million established and operationalized
7. Initiation of the process to have its own club building
8. Membership growth of 20 (at least 50% women, 25% younger generation below 40)
9. 100% members registration at My Rotary every year and at least 50% using it at and 25% sharing in RWMs
10. Improved quality of membership (participation & contribution) in the club (indicators of quality members will be in place)
11. Improved skill amongst members and Anns to use digital systems (online meetings, apps, software, web)
12. At least 20 % members will take online courses in Learning Center
13. All new members to take online courses on Rotary Basics in the Learning Center
14. RC Yala recognized as a credible, vibrant and notable service organization.
15. Continuation of effective projects including their proper documentations
16. Enhanced image of Club and Rotary in the community and district level
17. Wider Distribution of Club Bulletin and Annual Souvenir
18. Continuation of the RC Yala recognition and awards and establish at least one new award
19. Contribution of US \$20,000 to TRF and Annual Fund
20. 50% members are Paul Harris Fellow (PHF) and 30 % Multiple Paul Harris Fellow
21. At least 3 Paul Harris Society (PHS) members
22. At least 2 club members are major donors
23. Documentation of past projects
24. Two villages adopted and supported through new RCCs and/or revival of existing RCCs
25. Continued relation with past sponsored schools and communities.
26. At least 3 Global Grant projects implemented or under-implementation
27. Three schools adopted and supported to become child friendly (aligned with TEACH)
28. Projects implemented to support communities related to "Living with COVID"
29. Continue projects on
  - a. support for senior citizens,
  - b. cancer prevention, treatment,
  - c. diabetes prevention and treatment
  - d. water and sanitation at households and schools
  - e. Educational support to girl students and children with special needs
  - f. extra-curricular activities (in schools)
  - g. Disease Prevention and Treatment





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### Vision statement:

RC Yala is recognized locally and in District 3292 as a strong and vibrant club with its members actively participating in high-impact service projects and club development with the support of Anns, Rotaract Club, Interact Club, partner Rotary Clubs, national and international and local authorities

### 3. How do we get there?

To reach our vision, the following goals and actions are proposed for the year 2021/22. The proposed goals and actions fall within three strategic priorities of RI namely (a) Support and Strengthen Clubs; (b) Focus and Increase Humanitarian Service, and (c) Enhance Public Image and Awareness.

### Club Administration Committee

Goals: (a) Make club meetings interesting and effective; (b) establish good external relationship beyond club; (c) Maintain good governance in the Club

#### Actions

- Organize minimum 48 Regular Weekly Meetings
- Explore ways to digitally connect members who cannot physically attend meetings for health reason and/or for being out of station
- Organize Know-your-member (KYM) and Rotaract members events at RWMs with fellowship program
- Develop a club calendar for Rota Year 2020/21
- Produce weekly quality Club Bulletins (news worthy for Rotarians and other clubs)
- 12 Board Meetings, 6 Club Assemblies, 4 Admin Committee meetings, One Annual Meet
- 12 guest speakers including 3 international speakers at RWM
- 12 classification talks with priority to new members
- Provide greetings and congratulatory cards to members and Anns
- Achieve 70% attendance; recognize make-ups
- Sister relationship with 2 International Rotary Clubs
- 1 joint meeting with other clubs, 1 joint meeting with Anns, 1 joint meeting with Rotaract Club of Yala
- Felicitation program for family members of Rotarians (SEE, +2, Bachelors, Masters) in collaboration with Anns Group
- Celebrate 25th anniversary of RC Yala
- 3 joint birthday celebrations
- 1 heritage tour
- One Futsal and one Table Tennis match between Rotary and Rotaract members
- At least one events tour/picnic/hiking outside Kathmandu valley
- Publish Club Souvenir that captures club activities and Rotary Information
- Review and revise club bylaws if required
- Ensure timely payment of club dues

### Membership Committee

Goals: (a) Increase members to 65 from current 59 (net 10% growth) from unfilled classifications; women and youth (b) Retain minimum 95% of members, (c) (d) enhance capacity, knowledge and skills of members

#### Actions

- Conduct classification survey and update classification roster
- Induct at least 8 new members ( 4 male and 4 female focusing on unfilled classifications) including at least 2 from younger generation below 40)
- Organize one Rotarian non-Rotarian interaction
- Achieve over 95% membership retention
- Assign mentors for new members with mentor and mentees orientation
- Engage new members in club committees
- Hold at least 4 Membership Committee meetings
- One pre-induction orientation program for potential new members
- 3 training/orientation events to Rotarians/Anns/Rotaractors on leadership and skill development such as IT, communication skills, Master of Ceremony. etc. (based on need assessment)
- Organize continued education to update Rotary knowledge (4 panel discussions)
- Conduct a membership feedback session using membership satisfaction survey and club health check forms
- Minimum 15% members participate in various district events including district membership seminar
- At least 20 % members take on line courses in the Learning Center of Rotary
- At least 3 members participate in RI Membership Webinar (online participation)
- Encourage members to make best use of RI website
- Introduce wide range of membership such as corporate members, family members, and associate members etc.
- Explore to sponsor a new Rotary club

### Service Projects Committee

Goals: (a) Apply for at least 3 Global Grant projects; (b) implement wide range of humanitarian service projects in collaboration with Anns, Rotaractors and Interactors (c) engage in Environment protection (d) COVID 19 response project

#### Actions

##### Global Grant Projects

- Submit applications for 3 Global Grants projects (Blood collection Van plus 2 others)

##### Disease prevention and treatment

- Support "Stand Up for Breast Cancer Patients" (12 patients) with Nepal Cancer Hospital and NCRS, Lalitpur.
- Support 12 cancer patients especially children.
- One event of blood donation, vision test,

diabetes, oral health, heart diseases, hearing impairment test and physiotherapy

#### TEACH in adopted schools (3 schools)

- Five events of school support – healthy Lifestyle, environment/mindful learning etc.(with Anns)
- Scholarship for at least 30 children of deprived families (with Anns)
- Computers and training for E-learning
- School Meal Project with Anns: 50 students at one primary school for one academic year [Rs 25/meal; 180 days + operational expenses]

New Learning Methods For Primary Students :  
Anns, family and friends involvement in introducing new learning methods (e.g. Karkhana, Srijanalaya) for school children in 2 schools

#### Senior Citizens and Children with special needs

- At least 4 events to support senior citizens (day care and Old Age homes with Anns and Rotaracts)
- At least four events to support to special needs children (with Anns and Rotaracts)

#### Economic promotion

- Vocational training (for income generation) for 200 potential women entrepreneurs (Try GG)

#### Environment Protection

- Two water and sanitation (WASH) projects
- One event on traffic awareness with Rotaract
- Tree plantation
- Adopt 2 wards for zero waste promotion
- Engage international volunteers (VTT) for capacity building of local hospitals

#### Response to COVID19 and Living with COVID19

- Skill development of Covid-19 impacted women - vocational training – 30 women (with Anns)
- Fun games for young students to encourage children returning to schools post-COVID19 (2 schools with Anns)
- Support in the protection of children in schools (when schools re-open) – about 2 schools

### The Rotary Foundation Committee

Goals: (a) Contribute US\$ 7000 in cash to TRF; (b) Enhance knowledge on Rotary Foundation and Grants Management

#### Actions

- Contribute US\$ 7000 to TRF
- Become 100% contribution club - \$25 each
- Contribute through PHF (4 members), MPHF (3 members)
- Maintain EREY
- Target for 100 % contribution club banner
- Target for other presidential citations
- 2 PHS contributions
- 1 additional major donor
- In collaboration with Club Service Project

Committee, implement at least 1 Global Grant project

- Motivational event for club members to contribute to TRF
- Host 1 TRF event of District 3292 (preferred in November)
- Organize 4 Committee meetings
- All TRF Committee Members takes on line courses in the Learning Center
- Target for 100 % contribution club banner
- Target for other presidential citations
- Participate in district Grants Management Seminar ( at least 2 members)

### Public Relation Committee:

Goals: (a) Contribute to build public relations; (b) Widely distribute Rotary publicity materials; and (d) celebrate important and dedicated days to enhance public image and visibility and (e) organize fund raising program.

#### Actions

- One event to felicitate and award (vocational) non-Rotarians in the community
- Explore to add one award; sign MoU with sponsor
- Regular website maintenance and updates
- Regular social media updates
- One family based product exhibition
- Sale of T-shirt and caps with Rotary logo during rally etc
- Visible participation in two events of culture program/tour wearing t-shirt and caps with Rotary logo
- Post Rotary logo and information in the project area and communities
- Club participation in polio rally, World Cancer Day and other relevant events
- Distribute club's annual souvenir magazine to school/college library
- Provide Rotary magazine to clubs, clinics, libraries and schools
- Send activity reports for GML regularly
- Invite leaders from different walks of life at club programs

**To monitor our progress, following steps will be taken.**

**Detailed Annual plan and budget for 2020/21** will be prepared based on the tentative Actions indicated above.

**Monitoring and Evaluation:** Past President Council will assist the Board for monitoring and evaluation of the Strategy Plan





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## විචා: ආර්ථික



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## बिचा: हायका



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रोटरी क्लब कल का ललु:







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CERTIFIED COMPANY

S T E E L



SOLID COMMITMENT

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सुरक्षा

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**SPECTRA**



Aarti Strips Pvt. Ltd., Tanki Sinwari, Biratnagar, Nepal

# RELIANCE **LIMITED** **ENDOWMENT** **PLAN**



## बीमा शुल्क द वर्षको सुरक्षा २५ को



सिमित वर्ष बीमा  
शुल्क तिरेर बीमालेख  
अवधिभर सुरक्षा ।



बीमा शुल्क भुक्तानी  
अवधि आफ्नो इच्छा  
अनुरूप रोज्न पाइने ।



बीमा अवधिमा बिमितको  
मृत्यु भएमा कुल बीमाङ्क  
रकमको शतप्रतिशत वा  
अधिकतम २२५ प्रतिशत  
सम्म र अर्जित बोनस  
इच्छाइएको व्यक्तिलाई  
भुक्तानी गरिने ।



बीमा अवधि  
समाप्तिमा बीमाङ्क  
रकम र अर्जित  
बोनस (Simple  
Reversionary +  
Terminal, if any)  
पाइने ।

\*शर्तहरू लागू हुनेछन् ।

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