





Year 30 | No.5 | Nepal Sambat 1146 Kachhalathow - Thinlathow | Kartik/Mangsir 2082 | November 2025



November is celebrated as Rotary Foundation Month, honoring The Rotary Foundation (TRF), the charitable arm of Rotary International that supports sustainable projects around the world. TRF works to promote peace, fight disease, provide clean water and sanitation, support education, save mothers and children, and grow local economies.

# Participation in National Burn Week

Representatives from the Rotary Club of Yala, Rtn. Om Shanker Shrestha, Rtn. Jeetendra Nakarmi, Rtn. Lucky Nyachhyon Pradhan, Ann Radha Shrestha, and Ann Gyanu Nakarmi attended the Third National and Second World Burn Week Program organized by the Nepal Burn Foundation at Aarambha Banquet, Tripureswor on 3rd November 2025.







#### **Donation for Kartik Naach**



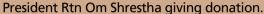
Rotary Club of Yala is proud to have donated Rs. 16,000 to the Kartik Naach Preservation Committee, which organized the 10-day-long (27 October to 5 November 2025) Kartik Naach, a renowned historical, traditional, and cultural dance of Lalitpur, at Kati Dabu, Mangalbazar. The contribution RC Yala made shows dedication to preserving our rich tradition and culture.

Kartik Nach is one of the oldest traditional dances of Nepal and an intangible heritage that has been performed since Nepal Sambat 761 (BS 1697) during the reign of King Siddhi Narsingh Malla.

Performed annually in the courtyards of Patan Durbar Square, this sacred dance-drama enacts stories of Lord Vishnu's incarnations and celebrates the triumph of good over evil.

Through gestures like this, we honor and help sustain the living heritage that connects us to our history and community spirit.







Certificate of Appreciation to the club.

# Heritage Tour of Four Sacred Narayan Sthans

On 6 November, 2025, Rotary Club of Yala along with Anns Group has proudly accomplished a heritage tour of four sacred Narayan Sthans (sites) namely Changu Narayan, Bishnkhu Narayan, Shesh Narayan, and Inchangu Narayan. These historic and revered temples are located across Lalitpur, Kathmandu and Bhaktapur, and are believed to hold deep spiritual significance as they collectively represent the divine guardianship of Lord Vishnu over the Kathmandu Valley.

A total of 29 participants including 11 Rotarians, 11 Anns, and 7 guests took part in the tour. The trip provided a meaningful opportunity to explore cultural heritage and strengthen fellowship among members.









After the tour, RWM No. 1484 was conducted at Royal Tree Valley View Resort, Nagarjun-3, Kathmandu, under the chairmanship of President Rtn. Om Shanker Shrestha.

Information was also shared regarding the upcoming Joint Hetauda Health Camp scheduled for 22 November 2025 in Makwanpur, requesting active participation and support from all members.









# 4th Board Meeting

The 4th Board Meeting of the Rotary Club of Yala for the Rotary Year 2025/26 was held on 8 November 2025 at Mount View Residence, Harisiddhi.

Discussions were held on key topics including the new Global Grant project (No. 2573784) "Daughters for Mothers: Improving Cervical Cancer Screening & HPV Awareness Campaign in Nepal", the MOU with Dursikshya Education Network and Kitini Secondary School for training on coding and robotics, and planning for the Hetauda health camp, among other agendas.

Special thanks to Treasurer Rtn. Lucky Nyachhyon Pradhan for hosting the meeting with warm hospitality and wonderful fellowship.







# Tri-Partite MOU for Coding and Robotics (CnR) Program

Building on a successful three-year partnership, the Rotary Club of Yala, Kitini High School, and Dursikshya Education Network have joined forces once again with a new tripartite Memorandum of Understanding (MoU). The agreement formalized a year-long, cutting-edge training course focusing on Coding, Robotics, and AI for 60 high school students (Grades 8–10). RC Yala President Om Shanker Shrestha, Kitini School Head Teacher Saroj Kumar KC, and Dursikshya CEO Krishna Pandey signed the document. This continuing collaboration has already benefited the school, including the establishment of an innovation lab last year, where students can apply classroom knowledge through hands-on creative projects.







# 1485<sup>th</sup> Regular Meeting & In-House Rota Quiz

The 1485th Regular Meeting of the Rotary Club of Yala was held on 14th November 2025 at Hotel Goodwill. During the meeting, an inhouse Rota Quiz Contest was organized considering the upcoming District Rota Quiz.

Four groups consisting of 3 members including a Rotaractor were formed, and 4 rounds (8 questions per round) were conducted. Participants enthusiastically took part in the quiz, and the teams were able to answer 30 out of the 32 questions.

Participants and audience as well appreciated the program, which certainly helps strengthen members' understanding of Rotary, and create further interest in Rotary activities.

Special thanks go to Judge Rtn Sarita Shrestha, Quiz Master Rtn Deepak Kumar Shrestha, Timekeeper Rtn Deepak Das Tamrakar, and Scorekeeper Rtr Sandesh Dangol.







# Participation in World Diabetes Day

On behalf of the Rotary Club of Yala, president Om Shanker Shrestha and Ann president Radha Shrestha attended the walkathon program organized by the Nepal Diabetic Society on the occasion of World Diabetes Day on 15 November 2025 at Ombahal, Kathmandu.



QC&QUOO349

# Food Items & Stationery Distribution at Tulasala Ashram

Rotary Club of Yala with Ann's Group distributed food items and stationery materials to Tulashi Foundation that runs Tulasala Ashram (orphanage home), Nakhkhudole-25, Lalitpur. The Ashram houses 43 children from ages 1 to 14 and 16 senior citizens. The total cost for the items is Rs. 22,000. Rtn Minu Pradhan Shrestha generously contributed Rs. 10,000 and Mira Nakarmi Rs. 1,500. In line with Rotary's mission of supporting vulnerable communities and promoting humanitarian service, the club extended its contribution to help ensure the well-being of the children and senior citizens at the Ashram on 20 November 2025.

Present at the handover program were Rtn Om Shanker Shrestha, Rtn Manjari Tamrakar, Rtn Minu Pradhan Shrestha, Ann Radha Shrestha, and Ann Gyanu Nakarmi.



#### Joint Health Camp with RC Hetauda & RC Makwanpur at Makranchuli

As a part of service project towards social responsibility on 22nd November 2025, the Rotary Clubs of Yala, Hetauda, and Makwanpur jointly organized a comprehensive health camp focused on cancer awareness and screening. The services provided in the health camp included gallbladder examinations, cervical and breast cancer test (VIA), prostate screenings, video X-ray services and general health checkups along with free medicine distribution.

The camp was conducted at Sahid Rudra Smriti Community Health Post, Makranchhuli, Makwanpurgadhi Rural Municipalty-4, with the aim of promoting early detection and improving community health facilities with medical support from Silverline Hospital, Kathmandu.

Besides, Dr. Ishan Malla and Dr. Animesh Joshi, delivered awareness talks on prostate health, orthopedics, and cancer detection and treatment. Local residents raised many of the issues they are facing. They expressed satisfaction with the valuable information and thanked organizers for bringing a medical team to the village to provide a range of health services.

A total of 160 people underwent cervical cancer screening, among whom four were found to have positive symptoms and were referred for further treatment. Additionally, 70 people were screened for prostate disease, and 97 received video X-ray services. Overall, 320 residents of the village benefited from the health checkups.

A total of 18 Rotarians and Anns from RC Yala actively participated in the program which was supported by Nepal Cancer Hospital and Research Center, Upacharka Lagi Sahayogi Haatharu and the local program organizer Jagaran Saving and Credit Cooperatives Ltd.

#### Health Camp (cont'd)....











# Joint Meeting with RC Hetauda & RC Makwanpur

On 21st November 2025, the 1486th Regular Meeting of the Rotary Club of Yala was conducted as a joint meeting with Rotary Club of Hetauda and Rotary Club of Makwanpur at the office building of RC Hetauda. President of RC Yala, Rtn. Om Shanker Shrestha, briefed the meeting about the preparedness of the health camp on Cancer Awareness and Screening scheduled for tomorrow (22nd Nov) at Makranchuli, Makawanpur.

He expressed sincere gratitude to Rtn. Pramesh Pradhan, President of RC Hetauda, and Rtn. Bijay Kumar Shrestha, President of RC Makawanpur, for their logistic support and management of the health camp, as well as to Silver Line Hospital for providing the medical team. During the meeting, Dr. Ishan Malla delivered a presentation on Prostate Health Awareness.

Presidents of the three clubs exchanged club flags and tokens of appreciation each another.













#### Inspection Visit of the Tree Plantation

On July 26, 2025, Rotary Club of Yala, RC Bagmati Kathmandu, RC Balaju, RC Kathmandu, and RC Patan jointly carried out a tree plantation program using the Miyawaki Japanese technique, under the guidance of the District Forest Office, Lalitpur and supervision of the Kirat Ban Working Committee.

Today, Nov 26, 2025 after 4 months we visited the site again and were happy to see our plants growing well under the dedicated and regular care of the Kirat Ban Working Committee.

District Forest officer Mr Samyog Basnet, Forest officer Mrs Durga Karki, Kiran Ban committee chairman & other officials were also present during the site visit.











#### **Rotary Foundation Seminar & Recognition Program**

On 28th November 2025, President Rtn. Om Shanker Shrestha, Rtn. Deepak Kumar Shrestha and Rtn. Shobha Shrestha from the Rotary Club of Yala attended the Rotary Foundation Seminar & Recognition Program organized by District 3292. In the program, Rtn. Dinesh Lal Shrestha and Rtn. Deepak Kumar Shrestha were recognized as Paul Harris Society Members; Rtn. Om Shanker Shrestha and Rtn. Jeetendra Nakarmi were recognized as Multiple Paul Harris Fellows; and Rtn. Prem Kumar Shrestha was recognized as a Paul Harris Fellow.

Besides, the Rotary Club of Yala was recognized as a 100% Contributory Club. This recognition reflects the club's strong commitment to supporting the Rotary Foundation and advancing Rotary's humanitarian goals.

The event featured inspiring opening remarks from DG Rtn. Binod Koirala, DGE Rtn. Vishnu Karki, and DGN Rtn. I.P. Dhakal, followed by highly informative sessions from DRFC Rtn. Kumud Tripathi, PDG Rtn. Rajiv Pokharel, PDG Rtn. Jitendra Rajbhandari, PDG Rtn. Sanjay Giri, and PDG Rtn. Basudev.











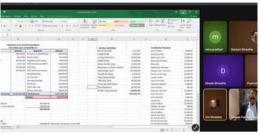
#### 1487th Regular Meeting

Rotary Club of Yala convened its 1487th Regular Meeting online via Google Meet on 28th November 2025, with the main agenda being the business meeting.

President Rtn. Om S. Shrestha presented the club's financial report for the period from July to November 2025, highlighting a net surplus of approximately Rs. 1,60,000 and providing details of the expenses for service projects and the contributions received so far.

Rtn. Pramod Sagar Singh Pradhan briefed the members on the service projects currently in the pipeline and shared updates on the ongoing Global Grant Project on Teaching at the Right Level.





#### **Status of Goals and Contributions to TRF as of 27th November 2025**

Goals and Achievements RY 2025-26							
Particulars	Goals (US\$)	Achievement (\$)	Balance (\$)				
Annual Fund	150,000.00	123,798.00	26,202.00				
Polio Plus	25,000.00	17,470.00	7,530.00				
Endowment Fund	25,000.00	-	25,000.00				
Other Funds	350,000.00	49,005.00	300,995.00				
Total	550,000.00	190,273.00	359,727.00				

District Grant Funding			Global Grant Funding		
Year	Grants	Funding (USD)	Year	Grants	Funding (USD)
2021-22	30	30,000.00	2021-22	26	1,780,811.00
2022-23	24	25,198.00	2022-23	21	1,249,511.00
2023-24	41	42,830.00	2023-24	31	2,939,432.00
2024-25	12	19,800.00	2024-25	31	1,679,938.00
Total	107	117,828.00	Total	109	7,649,692.00
	NRs.	16,731,576.00		NRs.	1,086,256,264.00

#### **Contribution VS Grant Funding**

Total Contribution to Annual Fund: US \$ 826,809 (NRs 117,406,887)

Total Grant Funding : US \$ 7,649,692 (NRs 1,086,256,264)

<u>Grant received is almost 10 times more than the contribution.</u>

# Happy Birthday



Dharmendra Shakya Birthday: 2nd November



Pramod S.S. Pradhan Birthday: 6th November



Sudip Shrestha
Birthday: 7th November



Sangita Amatya Birthday: 19th November



Padam K. Shrestha Birthday: 23rd November



Jeetendra Nakarmi Birthday: 26th November



Sworupa Shrestha Birthday: 26th November



Kiran Nath Shrestha Birthday: 28th November



Om S. Shrestha
Birthday: 29th November



Happy Birthday

# Best Wishes from RC Yala



Designed By: Omi Shrestha

President: Rtn. Om Shanker Shrestha

Editor: Rtn. Shoba Devi Shrestha